

2020 TRAMPOLINE GYMNASTICS WESTERN CANADA CUP

June 5-7, 2020

DIRECTIVE #1



**REGINA SPORTPLEX
FIELDHOUSE**
1717 Elphinstone Street,
Regina, SK



GYMNASTICS SASKATCHEWAN

GYMNASTICS SASKATCHEWAN

300-1734 Elphinstone Street
Regina, Sask S4T 1K1
(B) 306-780-9229 (F) 306-780-9475

www.gymsask.com

Co-Chairs – Cheryl Russell & Kristi Mandzuk

Phone: 306-780-9229

Email: crussell@gymsask.com & kmandzuk@gymsask.com

Technical Chairs – Traci House & Danielle Roy

Email: tracihouse2015@gmail.com & danni@gymadv.ca

OFFICIAL HOST

Gymnastics Saskatchewan

DIRECTIVES

Directive #1 – January 2020
Directive #2 – April 10, 2020
Full registration package
Directive #3 – May 15, 2020

WEBSITE LINK:

<http://gymsask.com/western-canada-cup/>

SOCIAL MEDIA:

Follow Gym Sask on Facebook, Instagram & Twitter @gymsask
Hashtag for the event: #WCCRegina2020

EVENT INFORMATION

COMPETITION DATE

JUNE 5-7, 2020

VENUE

REGINA SPORTPLEX - FIELDHOUSE
1717 Elphinstone Street,
Regina, SK

INVITED MEMBERS

All members who met the eligibility requirements according to the WCC protocol document.

ELIGIBILITY

Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register.

COACHES

All registered coaches must be certified Level 2 in Trampoline in order to coach Trampoline or Double Mini Trampoline. Coaches registered to coach Tumbling must be certified Level 2 in either Trampoline or Artistic Gymnastics. If an exemption is required please contact your provincial organization.

REGISTRATION and DEADLINES

REGISTRATION	DATE	TO
Intent to Participate	March 13, 2020	crussell@gymsask.com
REGISTRATION DEADLINE		
Electronic Registration	May 1, 2020	crussell@gymsask.com
100% payment of athletes and coaches fees	May 1, 2020	GYM SASK
Late Registration (athletes & coaches) with penalty	May 8, 2020	crussell@gymsask.com
Refund Deadline (with medical certificate and admin fee)	May 29, 2020	crussell@gymsask.com
PSO and/or Club Statutory Declaration (for medical and waiver forms)	June 1, 2020	crussell@gymsask.com
NO ENTRIES WILL BE ACCEPTED AFTER MAY 9, 2020		

Refunds will only be issued, provided a medical certificate and the request for refund forms are submitted to Gymnastics Saskatchewan before 4:30 p.m. May 29, 2020. Medical certificates must be received within 14 days of the conclusion of the competition.

Refunds will be issued less a \$10 administration fee.

**REGISTRATION FEES
and
PAYMENT**

Registration Fee		Payable to:
Athletes – May 1	\$140 per athlete	GYM SASK
Coaches – May 1	\$ 45 per coach	GYM SASK
Athletes – May 2-8 with \$20 penalty	\$160 per athlete	GYM SASK
Coaches – May 2-8 with \$20 penalty	\$65 per coach	GYM SASK
Managers & Judges	N/C	

Checklist:

1. The completed excel electronic registration form must be submitted ELECTRONICALLY to Gym Sask (crussell@gymsask.com) by the set deadline.
2. 100% of all Registration fees are to be received at the Gym Sask office **NO LATER THAN MAY 9, 2020.**

Please make payment via one club/provincial organization by Visa, Mastercard, E-transfer (crussell@gymsask.com) or Cheque. Please make cheques payable to **Gymnastics Saskatchewan.**

#300 – 1734 Elphinstone Street
Regina, SK S4T 1K1

- Full payment must be received within 10 days of the close of registration (**May 9, 2020**) to be considered on-time. Athletes will NOT be considered registered until ALL fees have been paid.
- Fees received after MAY 9 will be subject to the applicable late fees

**ADDITIONAL
DOCUMENTATION**

Each PSO and/or Club must submit their **Statutory Declaration** (for Risk Waivers and Medical Forms) to the Host Organizing committee upon arrival at the competition venue on **MONDAY JUNE 1, 2020.**

HOST HOTELS

DoubleTree by Hilton Hotel Regina

1975 Broad Street, Regina, SK **1-866-212-4370 Reference code GYS**

[BOOK YOUR GROUP RATE HERE](#)

Booking Name: 2020 Western Cup TG
Room Availability: Thursday June 4 – Monday June 8
Booking Deadline: May 5, 2020 (subject to availability)
Rates include: Breakfast & underground parking

Deluxe Room	2- Queen bed	\$139 (+ tax)
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Delta Hotels Regina

1919 Saskatchewan Drive, Regina SK 306-525-5255

[Book your group rate for Western Cup TG](#) - Click this link to book

Booking Name: 2020 Western Cup TG
Room Availability: Thursday June 4 – Monday June 8
Booking Deadline: May 1, 2020 (subject to availability)
Rates include: Breakfast & Rose Street Parkade

Deluxe Room	2-Double or -Queen bed	\$129 (+ tax)
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MEALS	<p>There is no meal plan for this event. A number of restaurants are available within walking distance of the host hotel. There is a concession in the venue and a few restaurants within walking distance of the competition venue.</p> <p><u>A hospitality room will be provided for coaches and judges.</u></p>
EVENT TRANSPORTATION	<p>All Provincial teams and clubs are responsible for their own transportation.</p> <p>Driving Distances:</p> <p>Regina International to Delta Hotels Regina 6 km</p> <p>Regina International to DoubleTree Hotel Regina 6 km</p> <p>Delta Hotels Regina to Regina Sportplex Fieldhouse 3km</p> <p>DoubleTree Hotels Regina to Regina Sportplex Fieldhouse 3km</p>
MEDICAL	<p>The Saskatchewan Sport Science and Medicine Council will provide medical services on site during training and competition. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on-site.</p>

TECHNICAL INFORMATION

EVENTS	<p>Trampoline: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Double Mini: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Tumbling: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Synchro: L1 / L2 / L3 / L4</p> <p>Following the registration deadline, all the categories will be reviewed to determine that the numbers in each age group are well suited for a good competitive experience. Some age groups may be re-aligned OR amalgamated in order to achieve this goal.</p> <p>Groups in excess of 36 athletes will be split by the median age.</p>
COMPETITION FORMAT	As per the <u>MOST CURRENT</u> GCG 2019 Canadian Competition Rules
EQUIPMENT (TBC)	<p>4 – full sets of trampoline (2 warm-up / 2 competition)</p> <p>2 – full sets of DMT</p> <p>1 – Tumbling</p>
CHANGES / CORRECTIONS	<p>Please forward all changes/corrections/withdrawals to:</p> <p style="padding-left: 40px;">Cheryl Russell (crussell@gymsask.com)</p> <p style="padding-left: 40px;">Deadline: 1-4 days after verification – no fine</p> <p style="padding-left: 80px;">5+ days after verification - \$10/change</p>
DD SHEETS	<p>Only the OFFICIAL WESTERN CANADA CUP DD sheets will be accepted. To be sent out soon.</p> <p>Please submit via EMAIL to: Cheryl Russell (crussell@gymsask.com) by Friday May 22, 2020.</p> <p>The Organizing Committee is most grateful for your kind cooperation.</p>
SCORING	The ISS Scoring program will be used.
TIES	In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to GCG Regulations.
AWARDS and PROTOCOL	<p><u>Individual</u></p> <p>Medals: 1st to 3rd</p> <p>Ribbons: 4th to 10th</p> <p><u>Individual All Around</u> 1st – 6th</p> <p>(NOTE: L1 and L2 athletes will NOT be eligible for the All Around Award)</p> <p><u>Team Awards</u></p> <p>Trampoline 1st – 3rd</p> <p>Double Mini 1st – 3rd</p> <p>Tumbling 1st – 3rd</p> <p>Team All Around 1st (Grand Aggregate Trophy)</p>

	<p>Team finals will consist of: Top 4 L 3 & 4 teams Top 4 L 1 & 2 teams</p> <p>Dress code on the awards podium will be competitive attire</p>
<p>ATTIRE (Competition Floor)</p>	<p>Warm-up will be conducted in the competition gym. All competitors and coaches must dress in competition attire.</p>
<p>COMPETITION ATTIRE (Athletes)</p>	<p><u>Preliminary Competition:</u> Club/Provincial Team Competition Attire</p> <p>Women: Sleeve or sleeveless bodysuit (no shorts) Unitard could be mid-thigh length</p> <p>Men: Singlet & shorts (or trampoline longs) Shorts: may NOT be longer than mid-thigh.</p> <p>Footwear: White (or uniform) footwear is required for trampoline and DMT</p> <p><u>Finals competition:</u> Athletes choice. Athletes may NOT wear competition attire from another country. The right to wear the current or any past National Team competition attire is reserved for ONLY those athletes that are currently a member of a Canadian Team (Worlds, WAGs other international competitions).</p> <p><u>Team Final:</u> Club/Provincial Team Competition attire</p>
<p>JUDGES</p>	<p>Each Province is asked to send their higher certified or experienced judges whenever possible. If a province is unable to meet their quota they are to contact the Organizing Committee who will use their discretion if they are able to meet the requirements with judges from their province.</p> <p>The list of the judges, along with their qualification must be submitted, by the judging chair of each province, as part of the entry forms.</p> <p>Failure to provide sufficient judges, or have those judges named not show up, shall result in a \$500 fine per missing judge which will be levied against the Province.</p> <p>Allocation for the 2020 event – See second attachment for numbers</p>
<p>PROVINCIAL BLOCK TRAINING</p>	<p>As provided in the Hosting Protocol, in an effort to manage the increasing number of athletes, there will be NO provincial block training schedule at this event. There will be warm-up trampolines and two DMT which allow for more competition time.</p>

PRELIMINARY SCHEDULE

Thursday, June 4	Arrival of Delegates	All Day
Friday, June 5	Morning	Coaches / Judges Meeting Opening Ceremonies Preliminary Competition
	Afternoon	Preliminary Competition
Saturday, June 6	All Day	Preliminary Competition Finals Competition
Sunday, June 7	All Day	Finals Competition Team Final Departure of All Delegates



THEME FOR TEAM FINALS IS....

PAJAMA PARTY

SUNDAY JUNE 7

We invite **EVERYONE** to dress in a **PAJAMA PARTY** theme for team finals!

Be creative! We want to see coaches, judges, parents, volunteers & non competing athletes participate in this fun event!

Competing athletes may also participate but are reminded to wear the proper suit for competition.

