



TRAMPOLINE GYMNASTICS

**2020-2021 FALL UPDATES
November 2020**

**Refer to the 2020-2021 Operational Manual for
full details**

Trampoline Gymnastics 2020-2021 Fall Updates

1. General Information

The information in this first section summarizes the major elements in the 2020-2021 season. Please refer to the Operations Manual for detailed information and rules in effect. Program information, including Technical Committee minutes are available on the GBC Website.

Gymnastics BC TG Program Page:

<https://gymbc.org/trampoline-and-tumbling/>

Gymnastics Canada (GymCan) – TG Program Page:

<http://www.gymcan.org/disciplines/trampoline>

Adult SafeSport Requirements

Any adult travelling with Team BC and Team Canada must meet the GymCan requirements below. This is to ensure the safety of our athletes. These items must be completed prior to registration for all events.

Individuals who fail to meet the SafeSport requirements will not be allowed on the competition floor at National competitions and training camps, or to travel with athletes internationally

Role	Requirements
Coaches	<ul style="list-style-type: none"> • Criminal Record Check [From local police, RCMP or Sterling Back Check this is different than the requirements for GymCan, working on alignment of the two systems] <i>Sterling is cheaper to use in the years where GBC compliances are still valid.</i> • Respect in Sport • True Sport Clean 101 • Making Headway • For National Team coaches: Professional Chartered or Registered Coach designation (See below) – recommended for all competitive coaches
Judges	<ul style="list-style-type: none"> • Criminal Record Check – a free application code for BC government process can be given from GBC – email coaching@gymbc.org • Respect in Sport
IST staff	<ul style="list-style-type: none"> • Criminal Record Check • Respect in Sport
Team BC Staff: Chef, Managers, Chaperones	<ul style="list-style-type: none"> • Criminal Record Check – a free application code for BC government process can be given from GBC – email coaching@gymbc.org • Respect in Sport • NCCP Making Headway concussion training (recommended).

Below are the links to the courses:

Criminal Record Check:

- Sterling Option for Coaches (http://sterlingbackcheck.ca/cac_ace)
- Volunteers : a free application code for BC Government process can be given from GBC email coaching@gymbc.org

CAC Making Headway Concussion e-learning course (free):

<http://www.coach.ca/concussion-awareness-s16361>

Respect in Sport online course:

<http://gymcan.org/resources/respect-in-sport>

True Sport Clean101 UNTRACKED e-learning course (free):

<http://cces.ca/truesportclean101untracked>

Professional Chartered or Registered Coach designation:

The ChPC designation tells employers, athletes and coaches that you have the knowledge, experience, and professional standards to coach in a professional manner in an NCCP stream or context. The Registered Coach license covers only the ethical standards. It is proof that you have been screened and signed the CAC Code of Conduct.

Please check your NCCP Locker to ensure your account shows either the ChPC or Registered Coach designation, if you have made the application.

Additional Requirements for NT Coaches for eligibility to Major Games

<http://www.coach.ca/professional-coaching-s16900>

Distribution Lists:

Add your contact information to the GBC Distribution Lists: <https://gymbc.org/subscribe/>

All Technical Programs: John Carroll (Technical Director) – jcarroll@gymbc.org

All Communications : Melissa Mungall (Communications & Marketing Manager) – mmungall@gymbc.org

TG - Debbie McBoyle (Trampoline Gymnastics Coordinator) - dmcboyle@gymbc.org

MAG - John Carroll (Men's Technical Coordinator) - jcarroll@gymbc.org

WAG – Crystal Gilhooly (Women's Technical Coordinator) cgilhooly@gymbc.org

2. TG Technical Committee Members

Role	Member	Contact
TG Chair	Kirsty Porter	k.porter@kgtc.ca
Coaching Chair	Jake Maxim	jake@clubaviva.ca
Judging Chair	Adri Pope	adriana_pope@live.ca
Athlete Rep	Sydney Lovell-Schmidt Maja Bonham	sydneylovell@gmail.com mfkbonham@gmail.com
Members at Large	Rusty Pierce	rustyflipcitygym@gmail.com
	June Booth	junebooth@gmail.com
	Jill Drake	revelstokeacrobats@gmail.com
	Jamie Gardner	taprogram@okanagangymnastics.com
Past Chair	Megan Conway	meg_gym@hotmail.com
GBC Staff (non-voting)	John Carroll Debbie McBoyle	jcarroll@gymbc.org dmcboyle@gymbc.org

2.1 Meetings

The TG Technical Committee generally meets once every six weeks. Please check the GBC calendar for full details.

TG Technical Assembly and AGM - late August / early September

TG Coaches and Judges Retreat – late September / early October

TG Selection Meeting for TG coaches and qualified Team BC athletes

- Western Canada Cup Selection meeting will take place following the last preliminary event at the last BC Provincial Cup OR BC Championships
- Canadian Championships selection meeting will take place following the last finals event at the last BC Provincial Cup OR BC Championships.
- Coaches must be able to indicate at these meetings which coach from their club will be attending with eligible athletes.

Team BC Uniform Sizing (planned dates – TBC)

3. Program Information

3.1 These Competition Rules are binding for all sanctioned competitions and championships of Gymnastics Canada (GymCan).

The Canadian Competition Rules shall be the same as the current edition of the FIG Code of Points – Trampoline with the following modifications. The current FIG Code of Points - Trampoline shall be viewed as the authority in case of dispute.

The following documents should be read in conjunction with these Rules:

- **FIG TRA Code of Points 2017-2020 (Valid through Dec 31, 2021)**
- Appendix to Codes of Points (COP)
- **Technical Regulations 2017 - Section 1 – General Regulations**

- Technical Regulations 2017 - Section 4 – Special Regulations for Trampoline Gymnastics
- FIG Apparatus Norms - Section 2.4 Trampoline Gymnastics
- FIG General Judges' Rules - Cycle 2017-2020 (Valid through Dec 31, 2021)
- FIG TRA Specific Judges Rules 2017-2020 (Valid through Dec 31, 2021)
- FIG TRA World Age Group Competitions Rules 2017-2020 (Valid through Dec 31, 2021)
- FIG TRA World Cup Rules 2017-2020 and 2021
- FIG TRA World Cup 2021-2024
- Nationals Team Finals (rules and charts)
- 2020-2021 TG Canadian Pathways (most current version)

Always refer to the official documents in the event of any contradictions, discrepancies or interrogations
<http://www.gymcan.org/disciplines/trampoline/technical-information/technical-documents>

3.2 CALENDAR OF EVENTS

2020-2021 MOBILITY EVENTS	Event	Location	Information
December 14-18	Mobility Event #1	Virtual	L4 and Nat Level athletes. To allow athletes the opportunity to compete and achieve mobility
February 22-26 (TBC)	Mobility Event #2	Virtual	L4 and Nat Level athletes. To allow athletes the opportunity to compete and achieve mobility
April 19-23 (TBC)	Mobility Event #3	Virtual	L4 and Nat Level athletes. To allow athletes the opportunity to compete and achieve mobility
THE FOLLOWING ARE SUBJECT TO THE APPROVAL OF GBC AND VIASPORT RETURN TO COMPETITION PROTOCOLS			
2021 BC Provincial Events			
February 13-15	AJM Memorial Cup	Burnaby	All TG Athletes
March 2021	OGC Invitational (In-house)	Kelowna	All TG Athletes
April 2-4 NOTE: the TG portion of this event is dependant on the GymCan calendar and MAY be moved to June 2021	GBC Provincial Championships	Port Coquitlam	All TG athletes Information directive #1 Will be available in early January.

2021 TEAM BC – TEAM CANADA – GYM CAN EVENTS			
SUBJECT TO APPROVAL OF THE GYM CAN AND PROVINCIAL SPORT/HEALTH ORGANIZATION RETURN TO COMPETITION PROTOCOLS			
February 3-7	Technical Selection Event	Virtual	TR 17-21y, JR and SR Athletes **optional DMT & TU (17-21y, JR, SR)
February 8-11	Training Camp	INS, Montreal or Virtual	TR Targeted SR
March 17-21	Technical Selection Event	Virtual	TR, DMT, TU 17-21y, JR, SR
<i>March 2020</i>	<i>Ranking List Updates</i>	<i>Following technical Trials</i>	
April 23-24	FIG World Cup	Brescia, Italy	TR Selection NT members
May 13-15	Pan American Championships	Birmingham, AL (USA)	TR SR NT 17-21y (Development Team)
May 25-30	Canadian Championships	Gatineau, QC	Team BC All National Athletes Additional information regarding team trials and selection, travel and potential funding will be forwarded as soon as possible
May	<i>Ranking List Updates</i>	<i>Following Canadian Champs</i>	
June 4-6	Western Canada Cup	Regina, Sask OR Virtual	Team BC Prov L3 and L4 Additional information regarding team trials and selection, travel and potential funding will be forwarded as soon as possible
June 14-17	Training Camp Testing	INS, Montreal	INS – targeted TR Senior Team
June 26-27	FIG World Cup	Coimbra, POR	TR, DMT, TU Selected NT

July 23 – Aug 8	Olympic Games	Tokyo, JPN	TR Selected Olympic Athletes
August	2021 Elite Canada	TBC	TR, DMT, TU National Athletes
September 9-19	JR Pan Am Games	Cali, COL	TR, TR-S Selected (17-21y)
Sept 27-30	Training Camp / Testing	INS – Targeted TR SR Team	
November 11-14	World Championships	Baku, AZE	TR, DMT, TU SR NT
November 19-22	World Age Group	Baku, AZE	TR, DMT, TU Selected Age group Canadian team
2022 TEAM BC – TEAM CANADA – GYM CAN EVENTS			
March 20-April 3	Elite Canada (TBC)	TBC	All National Athletes
July 6-10 (TBC)	Canadian Championships	TBC	All National Athletes
	JR Pan American Championships	TBC	
November 15-18	World Championships	Sofia, BUL	TR, DMT, TU SR NT
November 23-26	World Age Groups	Sofia, BUL	TR, DMT, TU Selected Age Group Team Canada
2023 TEAM BC – TEAM CANADA – GYM CAN EVENTS			
February	Canada Winter Games	Prince Edward Island	TEAM BC Selected BC athletes Selection requirements Will be modelled on the L7 requirements. Technical Package is expected in early 2021
November 9-19	World Championships	Birmingham, GBR	TR, DMT, TU SR NT
November 16-19	World Age Groups	Birmingham, GBR	TR, DMT, TU Selected Age Group Team Canada

Section 8: Trampoline Gymnastics (TG) Section

Important Note

This document is currently under review. Please consult the Gymnastics BC Technical Director with any questions regarding document accuracy or current status.

In the event that any policy contained in this document is contradicted by another policy of the Association, the latter shall prevail.

Clarification of Decision-Making Authority

In an effort to provide greater clarity and transparency around the decision making process and level of authority related to the various rules, policies and procedures contained in this document, the following updates have been made.

Items will now be marked to indicate whether it is considered a rule, a policy or a procedure. They will also be marked with which body has authority over the decision making process. Generally, rules will be under the authority of a Technical Committee or an appropriate staff member, policies will be under the authority of the Board of Directors and procedures will be under the authority of staff. Additionally, any relevant supporting documents will be referenced to provide clarity.

Where an item does not indicate authority, it is assumed to be informational or under the authority of staff.

Example:

2.1 Athlete Competition Attire for BC Competitions

Type: Rule

Decision by: Committee

Reference Document: None

PART 1: GENERALITIES

1.1 Program Objectives and Goals

Type: Policy

Decision by: Board

Reference Document: None

The goals and objectives of the GBC Programs are to:

- Coordinate and supervise the technical aspects of the provincial, national and international gymnastics events where GBC participates
- Determine the technical rules and procedures as they apply in the Province of BC, in conjunction with the GCG and FIG rules.

Organize competitions, clinics, training camps and seminars for the programs used by GBC, which will assist in the development of our athletes, coaches and officials.

1.2 Terms of References

Type: Policy

Decision by: Board

Reference Document: Committee Policies and Procedures – TG Terms of Reference

Trampoline Gymnastics (TG) Technical Committee (TGTC)

Operational Updates as of November 2020

PART 1: TG TECHNICAL COMMITTEE

Composition of the Committee

The TGTC is composed of 6 or more voting, and 2 non-voting members.

Voting Members

- Chair; the Chair is also a member of the GBC Board of Directors
- **Coaching Chair**
- Judging Chair
- Athlete Representative (must be 16 years or older by Dec 31st of the year elected)
- Members at Large (minimum of 2 or determined by the TG)
- Past Chair (1-year term - non-elected)

Non-Voting Members

- GBC Technical Director
- GBC TG Program Coordinator

Attendance Policy

Voting members for all committees will be expected to attend all scheduled meetings. Any member missing three (3) meetings will lose his / her voting privileges. Extenuating circumstances will be taken into consideration.

Voting and Quorum

Each voting member has one vote. All motions will be decided by majority vote. The quorum is 50% of voting members.

Duties of the TGTC

- a. determine and implement the goals and objectives for the development of Trampoline Gymnastics in BC;
- b. report all decisions made by the TGTC to the GBC Board of Directors and the TG Technical Assembly;
- c. present all policy changes to the GBC Board for ratification prior to implementation;
- d. adhere to all policies and procedures of GBC;
- e. adopt and make sure that technical policies are respected;
- f. monitor, regulate and evaluate all activities related to the TG programs;
- g. work within the budget approved by the Board;
- h. assist the GBC staff as necessary;
- i. make sure that the decision process and line of communication are established, respected and maintained;
- j. approve members of BC Teams, within the context of the selection criteria;
- k. through the Chair, create ad-hoc committees for special projects;
- l. hold at least 5 meetings per year;
- m. promote sound risk management practices.

GBC TG Assembly

The GBC TG Technical Assembly will provide the general direction of the program for the following year. The TGTC will consider the motions and discussions during the assembly to determine the direction. However, it is not bound by motions made during the Assembly.

Elections

Elections members of the TGTC are elected at the GBC TG Assembly by all GBC Full member clubs who participate in the TG competitive program. GBC staff members serve for the length of their time in the applicable position. The TGTC chair will be elected on the even-numbered years (beginning September 2020) for a two-year term. The Coaching Chair and Judging Chair will be elected on the uneven-numbered years (beginning September 2021) for a two-year term. All other members are elected for a one-year term.

PART 2: ATHLETES

2.1 Amateur Status

Type: Policy

Decision by: Board

Reference Document: None

All athletes competing in a GBC sanctioned event must abide by the regulations of GBC, GCG, FIG and the International Olympic Committee governing amateur status.

2.2 GBC Membership

Type: Policy

Decision by: Board

Reference Document: None

An athlete must be registered in the appropriate category and be in good standing to participate in GBC sanctioned events. It is the club's responsibility to ensure that any category/level change are confirmed with GBC by the set deadlines as determined by staff.

All Provincial Levels 1-4, National L5 (novice), L6 (espoir) Junior, L7 (open) and Senior categories are considered competitive. Interclub Trampoline-CanJump program Levels 1-12 are considered developmental.

If an athlete participates in a GBC sanctioned event without being registered in the appropriate program (competitive or Interclub member), the athlete's club will be fined.

NOTE: refer to Part 4: TG Competitive Structure; for complete outline of all fines.

2.3 Dress for Competitors and Spotters

Type: Rule

Decision by: Committee

Reference Document: None

All athletes must dress in their club's current team competitive attire for all preliminary rounds of Competition at all BC Provincial Cups unless prior approval of the TGTC is given. Any/all athletes not dressed in their clubs' current team competitive attire will receive a 0.1 dress code violation per routine/pass.

Those athletes participating in any team event(s) must be dressed in identical team competitive

attire during all preliminary rounds of competition. Failure to do so will result in the team being disqualified from any/all TEAM EVENTS.

Women: Leotard with or without sleeves (must be skin tight)

Unitard may be mid-thigh in length

Gym shorts MAY be worn (must be part of the uniform)

- must not be longer than mid-thigh
- must be skin tight
- the shorts can either be the same colour as the leotard OR black (should coordinate with the leotard)
- athletes who choose to wear shorts from the Club or Province must have the same brand
- no obvious logos
- Province/Club athletes can either choose to wear shorts or not shorts (not all the athletes of the same Club or Province are required to choose the same) for individual competition.
- Synchro – the part MUST match and wither choose to both wear shorts or not to wear shorts
- Team Events (eg Team Finals at CC) Provincial teams must match and choose to all wear shorts or all wear no shorts

Men: Sleeveless or short sleeve singlet

Gym trousers in a single colour, except black or any other deep dark colour, OR gym shorts. Length of shorts must not be longer than mid-thigh

Footwear Mandatory for TR and DMT. TU may compete barefoot.

Women: White trampoline shoes and/or white foot covering

Men: White trampoline shoes and/or foot covering of the same colour as the trousers

NOTE: Silicone socks/shoes are NOT permitted

Any violation of dress code will result in a penalty of 0.2 pts which will be deducted from the total score of any of the routines where the violation occurs.

Jewellery

No jewelry may be worn by competitors, spotters and coaches acting as spotters. Taping of jewelry is not adequate. Medic alert bracelets as well as Blood Glucose Sensors can be worn but must be taped. Support pieces can be white or beige in colour.

Warm-up

When warm up is conducted in the competition gym all competitors and coaches must dress in competition attire or equivalent.

GymCan National Events

At club events (Elite Canada), athletes must wear their club competition attire in Preliminaries. At Canadian Championships, athletes must wear their province competition attire Preliminaries.

In Finals, athletes have the right to choose their competition attire;

- it must not be a competition attire from another country

- the right to wear the current or any past National Team competition attire is reserved only to athletes that are currently or have been member of a Canadian Team (World Championships, World Age Group Competition and/or international competitions)
- current members of the National Team must wear the competition attire of the current sponsor if not wearing the club or provincial attire in Finals.

Attire for awards ceremony will be full Club track suit or National Team track suit (only for athletes on the **current** Junior or Senior National Teams) at Elite Canada. At National Championships, attire will be full Provincial Track suit, or National Team tracksuit (only for athletes on the **current** Junior or Senior National Teams).

Any violation of dress code will result in a penalty of 0.2 pts which will be deducted from the total score of any of the routines where the violation occurs.

2.4 Respect of Others

Type: Policy

Decision by: Board

Reference Document: Conduct and Discipline

Conduct shall, at all times reflect honesty, good sportsmanship, courtesy and respect toward others. All members are encouraged to co-operate for the betterment of the sport. Unsportsmanlike conduct, misconduct, harassment or any form of discrimination are not acceptable and subject to disciplinary action as outlined in the GBC Disciplinary Policy.

2.5 TG Funding Opportunities (Updates pending – Addition of L7)

2.5.1 Athlete Assistance Program (AAP)

Type: Rule

Decision by: Committee

Reference Document: None

The BC Athlete Assistance Program (BC AAP) is an athlete-centered program of financial assistance funded by the Province of BC and administered by the Sport and Recreation Branch of the Ministry of Tourism, Sport and the Arts. The program seeks to recognize high performance or post-secondary athletes who are participating in programs offered through a provincial sport organization or post-secondary institution and competing in recognized national or international competitions to relieve some of the pressures associated with training and competition needs.

The intent of the program is to provide support to those TG athletes who are in the position to compete for Team BC and are just below those receiving Sport Canada Athlete carding.

AAP funding is provisional to monies being made available by the Ministry.

Objectives

- To focus support to athletes in the “training to compete” and “training to win” stages
- To contribute to improved performances of Team BC athletes
- And; to increase the number of BC athletes reaching federal carding status thus expanding BC representation on national teams and at eligible major international multi-sport games.

Athlete Eligibility

- The program funds are made up of grants from the BC Government and GBC. As the major portion of the money is from the Government we are obligated to follow their guidelines for

selecting candidates. Awards will be allocated to individual athletes based on their demonstrated commitment to high performance sport and excellence, and their potential to compete for BC and Canada.

- Athletes are expected to be involved in a year-round training and competition plan, competing in an appropriate number of national and/or international competitions and regularly work with a NCCP level 3 coach.
- Athletes must be a Canadian citizen and a resident of BC for at least one year prior to his/her date of nomination. In addition, the Government and GBC requires that athletes whom receive funds must be available for Provincial team selection and if selected commit to train and represent BC and the sport in the applicable competitions.

Requirements

In order to qualify for Athlete Assistance, the athlete must:

- be in good standing with GBC
- be registered to compete in the current competitive year
- fill out and return the completed AAP application form. Incomplete applications will be returned to the athlete. Applications not received by GBC by the stated deadline will not be considered
- HP athletes must attend BC Championships (in the previous year) in one of the following ways:
 - compete or take part in a demonstration with full or partial routines
 - have competed and ranked at the preceding Canadian Championships or Canada Games
- Athletes are required to wear Club or Team BC uniform and tracksuit at inter-provincial competitions, as prescribed in the GymCan TG Pathways documents.
- agree to support and participate in all initiatives of GBC Programming, if accepting AAP funding. (ie: attend Technical Committee designated camps, attempt to qualify for appropriate Team BC events, etc.)

Athletes accepting AAP funding agree to abide by the Team BC Code of Conduct or otherwise be subject to funding repercussions. Athletes who have a valid injury petition at the time of BC Championships must still participate in some capacity to be eligible for AAP funding.

AAP funding is processed in the fall. The list of AAP recipient athletes (without monetary amounts) will be published on the GBC website after committee approval.

Athlete Appeal Procedure

In the event an athlete wishes to dispute the AAP selection process he/she may ask, in writing, the Technical Committee to review their decision.

Athletes Unable to attend BC Championships

HP athletes unable to attend BC Championships must present a request for exemption to the TGTC 14 days prior to BC Championships. Reasonable exemptions may include athletes assigned by GymCan for an international assignment. Athletes who are approved for exemption must make themselves available to compete or demonstrate at one of the other trial competitions in that season or fulfill another obligation such as a special appearance on behalf of GBC at special event etc. The TGTC may grant exceptions in some years due to competition schedule and location.

Athlete Funding Levels

GBC will be responsible for determining the funding options for each of the selected athletes. The TG committee will determine (by vote) the amount to be given.

Note: the above is a summary which briefly describes the factors the selection committee will use to select the candidate(s) and the amount of the award(s). A full copy of the program is available by request.

Priority Groupings (Updates pending – Addition of L7)

1. Senior National Trampoline Team Member – ranked 1-6
2. Junior National Trampoline Team Member – ranked 1-6
3. Senior OR Junior Trampoline competitor
 - Not ranked
 - Athlete has attended an international event which was identified by the GymCan High Performance Director
4. Level 6 (espoir) trampoline competitor
 - Athletes have placed 1st OR 2nd at the most recent Canadian Championships
5. Level 6 (espoir) trampoline Competitor
 - Athletes have placed 3rd OR 4th at the most recent Canadian Championships

Groupings 1-3

Athletes will be placed into groupings 1 through 3 based on the National Team Ranking lists as published by TTPC immediately following Canadian Championships.

Groupings 4-5

Athletes will be placed into groupings 4 and 5 based the official results from the most recent Canadian Championship.

2.5.2 TG High Performance Funding

The purpose of the award is to ease the financial burden on high performance athletes and their coaches.

Requirements

Allocations may only be used to attend GCG preparation camps or National camps not funded by GymCan; International Competitions (outside Canada) where athletes are identified by GymCan to represent Canada on a self-funded basis; GBC/GymCAN sanctioned International Competitions within Canada. These competitions are where an athlete represents GymCan or GBC at a Canadian Competition with international representation. Such events must be sanctioned as an international event by GymCan or GBC.

Allocation

A Total amount per year, as determined by the TGTC, shall be allotted at the end of the GBC Fiscal year to eligible athletes and/or coaches. GBC fiscal year is July 1 to June 30.

In order to qualify for TG High Performance Funding, the following conditions must be met:

- Must have participated in an minimum of two (2) BC Provincial Cups in the previous competitive season, one of which must be BC Championships, unless otherwise approved by the TGTC
- Eligible events are defined by GBC and/or GYM CAN as those where the Team BC or National Team uniform was required

All monies will be dispersed in the order of the priority groupings and in accordance with the eligible categories and/or events. Athletes may be eligible for a maximum of 85% of the total expenses incurred. No athlete will receive more than \$4000.

Athletes Unable to Attend BC Championships

Athletes who are unable to attend BC Championships due to conflicting meet schedules or extenuating circumstances must notify the TGTC 14 days prior to the entry deadline. Medical withdrawals must be accompanied by a doctor's medical statement. All notifications must be submitted in writing to the TGTC Chairperson.

Priority Groupings (updates pending-addition of L7)

1. Senior National Team members – ranked 1-6
2. Junior National Team members – ranked 1-6
3. Senior OR Junior Competitor
 - Not ranked
 - Athlete has attended an international event which was identified by the GymCan High Performance Director
4. Level 6 (espoir) competitors
 - Athlete has placed 1st OR 2nd at the most recent Canadian Championships
5. Level 6 (espoir) competitors
 - Athlete has placed 3rd OR 4th at the most recent Canadian Championships

Groupings 1-3

Athletes will be placed into groupings 1 through 3 based on the National Team Ranking lists as published by GymCan immediately following Canadian Championships.

Groupings 4-5

Athletes will be placed into groupings 4 and 5 based the official results from the most recent Canadian Championship.

2.5.3 Funding Assessment and Allocation

Athletes and coaches may be eligible for funding based on the following priority groups:

1. International Competitions (outside Canada). These are international assignments where athletes have been invited by the GymCan TG High Performance Director to represent Canada or BC on a self-funded basis.
2. GBC/GymCan sanctioned International Competitions within Canada. These competitions are where an athlete represents GymCan or GBC at a Canadian Competition with international representation. Such events must be sanctioned as an international event by GymCan or GBC.
3. GymCan Team preparation camp (self-funded)
4. GymCan National Training Camp (self-funded)

Priority one (1) will be paid out completely before consideration is given to priority two (2), etc. If there are not enough funds remaining to pay the desired amount, each individual in that priority group will be reduced.

2.5.4 Performance Funding – Canadian Championships (Approval pending)

A total of four (4) grants will be awarded to the top TG BC athletes and their personal coach at Canadian Championships in recognition of their excellence. The \$500 grant will be sent to the club and is to be split 50%/50% between the athlete and his/her personal coach(s). Each discipline will provide one award of \$500 (\$250 to the coach, \$250 to the athlete). If NO athletes

meet the required standard, the money will not be awarded.
 NOTE: Athletes of eligible synchro pairs will share the \$250 award.

Highest Priority	TR	PLACE	DMT	PLACE	TU	PLACE	TR-S	PLACE
	Senior	1 st – 3 rd	Senior	1 st – 3 rd	Senior	1 st – 3 rd	Senior	1 st – 3 rd
	L7	1 st – 3 rd	L7	1 st – 3 rd	L7	1 st – 3 rd	L6	1 st – 3 rd
	Junior	1 st – 3 rd	Junior	1 st – 3 rd	Junior	1 st – 3 rd	L5	1 st
	L6	1 st – 2 nd	L6	1 st – 2 nd	L6	1 st – 2 nd		
L5	1 st	L5	1 st	L5	1 st			

PART 4: COMPETITIVE STRUCTURE

4.1 GBC Registration

Type: Policy

Decision by: Board

Reference Document: None

All clubs, coaches and athletes must register with GBC by the required deadline. Any athlete competing in the Provincial Level 1-4, National L5 (novice), L6 (espoir), Junior, L7 (open) or Senior must be registered with GBC as a competitive member.

Officials must be registered members with GBC at the time of the judging course or for their first meet of the season

To register for an event, clubs must complete and return the official registration forms accompanied by payment to the host club (or GBC when applicable) by the deadline.

All athletes, coaches, officials and clubs must be registered members with GBC. All competitive athletes must be properly registered with GBC prior to the entry deadline for the first BC Provincial Cup event.

Member Category	Requirements	Fines in case of non-adherence (Fines are charged on-top of registration fees)
Athletes	Registered with GBC as competitive athlete	<ul style="list-style-type: none"> Excluded from ranking \$100 fine to be invoiced to the club
Coaches	Registered with GBC	<ul style="list-style-type: none"> \$ 200 fine

	Not meeting minimum NCCP Certification	<ul style="list-style-type: none"> The fine is equal to the course cost of the missing NCCP level. The coach will automatically be registered for the next available NCCP Course and will be expected to complete the missing level within 12 months of being fined. The fine will be applied to the course registration provided that it is completed within the 12 month period. The coach will lose the money if the course is not taken within 12 months Excluded from the competition: Coaches may apply for an exemption by contacting GBC's Education Manager at least 30 days before the event. The exemption may only be given once per individual
Clubs	Registered with GBC	<ul style="list-style-type: none"> \$200 fine

4.2 Athletes - General Eligibility

Type: Rule

Decision by: Committee

Reference Document: None

The FIG / GymCan competition rules for individual trampoline, DMT, tumbling and synchronized trampoline shall be the competition rules in effect, with the following amendments and exceptions.

4.2.1 Registration at an Event

Each competitor may enter one individual competition level per discipline at any sanctioned GBC competition. Initial placement of an athlete into a competitive level in any discipline and advancement of an athlete from level to level shall be the decision of the coach and athlete. Once an athlete has competed in a level in any particular discipline, he/she may not compete at a lower level in that discipline.

For all GBC events, all athletes must register in the appropriate level. A GBC event will be defined as events such as BC Provincial Cups, BC Championships, Western Canada Cup, Elite Canada, Canadian Championships, or any other GBC coordinated event. Any other Competition will be considered an Invitational.

For all BC Provincial Cups, failure to register athletes in the correct category and / or age group will result in the athlete being ineligible for qualification.

4.2.2 Confirmation of the Competitive Level

All athletes listed on the entry form must be properly registered as a competitive athlete with GBC prior to the competition deadline. Fines for unregistered athletes will be levied against the related club. Unregistered athletes will not be allowed to compete until all fines have been paid and the athlete is properly registered as competitive athletes with GBC.

4.2.3 Changing Levels

Once an athlete has competed in a level in any particular discipline, that athlete may not compete at a lower level in that discipline. Petitions due to extenuating circumstances must be presented to the TGTC prior to the registration deadline of the first BC Provincial Cup.

4.2.4 Age Groups

The determining age for an age group competition or category is December 31st of the year in which the competition is held. Athletes may not compete in an age category younger than their competitive age group.

Junior: In order to meet the FIG definition of Junior, athletes must be minimum of 13 years and a maximum of 16 years of age in the year of the competition. Athletes cannot have participated in any senior event at any FIG international competition.

Senior: In order to meet the FIG definition of Senior, athletes must be a minimum of 17 years of age in the year of the competition. Athletes must meet the SR mobility requirements in L-6 (Espoir), Junior or L-7(open) to enter.

4.3 Trampoline Gymnastics Programs

Type: Rule

Decision by: Committee

Reference Document: None

4.3.1 BC Competitive Structure

Type: Rule

Decision by: Committee

Reference Document: GymCan TG Canadian Pathways / GBC CanJump Program

Interclub Trampoline - CanJump

CanJump is a development Trampoline Gymnastics program originating from Alberta, created in 2003, and updated in 2016. This program includes a 12-level achievement system for trampoline, double mini and tumbling. It also contains progressions for fundamental skills (four levels), physical preparation (12 levels) and evaluation/progress sheets.

Although the program is aimed at participants aged six years and older, the BC CanJump Working Group agreed that participants under the age of six can safely use CanJump levels 1 and 2.

Interclub Trampoline: CanJump Levels 1 to 12

The assessment tools built into the CanJump program will be used to expand the trampoline program activities by providing competition opportunities to CanJump participants of all levels. Clubs will be able to host Interclub Trampoline competitions to complete CanJump evaluations.

These Interclub competitions will serve many purposes. They will:

- Provide valuable competition experience to young trampoline participants
- Provide a fun competition experience for artistic participants who would like to get assessed on trampoline

These events will also provide opportunities for the trampoline community to observe less experienced coaches, provide them with ongoing and appropriate coach education and share safe training strategies. This will in turn help mitigate the risk of trampoline activities.

Interclub events are meant to be in-club hosted activities (no need to rent a facility), and include more than one club.

As of September 1, 2020, GBC will require mandatory use of the CanJump program in all GBC members clubs. All participants using trampoline devices (whether they are registered as artistic or trampoline) will be required to follow the CanJump program.

Trampoline Coaching Requirements

The GBC trampoline coaching requirements have been updated for the 2020-2021 season. These changes can be found on the GBC website, in appendix 5 of the [GBC Registration Handbook](#).

Canadian Provincial Program

The Canadian Provincial Program is under the jurisdiction of Gymnastics Canada (GymCan). It consists of four disciplines; individual trampoline (TR-I), double mini (DMT), tumbling (TU) and synchronized trampoline (TR-S). There are four competitive categories for individual trampoline, double mini and tumbling and synchronized trampoline; Level 1, 2, 3, 4. An age restriction, recommended age splits and requirements are in place for all levels.

Canadian National Program

The Canadian National Program is also under the jurisdiction of Gymnastics Canada (GymCan) and the International Gymnastics Federation (FIG). The program consists of four disciplines; individual trampoline (TR-I), double mini (DMT), tumbling (TU) and synchronized trampoline (TR-S). For individual trampoline, double mini and tumbling, there are **five** competitive categories; L-5(novice), L-6(espoir), Junior, **L-7 (open)** and Senior. For Synchro trampoline there are **three** competitive categories; L-5(novice), L6 and Senior. An age restriction, recommended age splits and requirements are in place for all levels.

NOTE: for full requirements, refer to the GymCan website for a complete copy of the Canadian Trampoline & Tumbling Competitive Structure and the TG Canadian Pathways. For full requirements for the CanJump Program, refer to the GBC website for a complete copy of the interclub program.

The categories described below apply to all TG disciplines (Individual Trampoline, Double Mini, Tumbling and Synchronized Trampoline).

	EVENTS	CATEGORY	DISCIPLINE	AGE REQUIREMENT	RECOMMENDED AGE SPLITS	MOBILITY REQUIREMENTS / NOTES		
NATIONAL / HIGH PERFORMANCE STREAM	BC PROVINCIAL CUPS	Senior	TR / DMT / TU	17y		Must meet SR mobility requirements in L6, JR or L7 to enter		
			TR-S	17y		One athlete in the pair must be TR-I SR. Open to JR and L7 if paired with a TR-I SR		
		Level 7	All	17y		Must meet L7 mobility requirements in L5 to enter. Move from L6 OR JR at age 17.		
		Junior	All	13-16y		Must meet JR mobility requirements in L6 to enter.		
		Level 6	TR / DMT / TU	11y (Rec. 13y)	14U / 15-16	Must meet L6 mobility requirements in L5 to enter.		
			TR-S	11y (Rec. 13y)		One athlete in the pair must be TR-I L6, JR OR L7. Open to TR-I L5 if paired with a TR-I L6, JR OR L7. Senior TR-I athletes not eligible		
		Level 5	TR / DMT / TU	11y	14U / 15-16 17+	Must meet L5 mobility requirements to Enter.		
			TR-S	11y		Both athletes must meet L5 mobility requirements in TR-I to enter. Open to TR-I athletes only.		
		PROVINCIAL STREAM	BC PROVINCIAL CUPS	Level 4	All	8y	14U / 15+	May only move to L5 if mobility requirements are met in L4
					All	8y	14U / 15+	
Interclub Events	Level 2			All	8y	12U / 13+	L1 and L2: Can participate in Interclub Zone events AND BC Provincial Cups. Evaluation: Levels program rules. Awards allowed	
	Level 1			All	8y	12U / 13+	Evaluators at Zone Events: 1 or 2 judges	
Interclub Zone Events	CanJump Level 8-12			All	6y	12U / 13+	CanJump (interclub): Zone events only (OR in-club evaluations)	
	CanJump Level 4-7			All	6y	12U / 13+	Zone Events are open to Interclub Artistic and Trampoline	
	CanJump Level 1-3	All	6y	12U / 13+	Evaluation: CanJump Program. Awards allowed Evaluators: 1 judge or coach			

- At all BC Provincial Cups, L1 through SR, the men and women compete in separate groups.
- Provincial L1 and L2 are permitted to participate in Interclub Trampoline events, under the GymCan Pathways regulations with the exception of TOF, as well as BC Provincial Cups
- The age group is determined by the athlete's age as of December 31st of the competition year.

5.7 TG Hosting Protocol - GBC Sanctioned Events

Type: Rule

Decision by: Committee

Reference Document: None

The following are a set of standards and procedures set forth by the TGTC for clubs hosting GBC TG sanctioned competitions, including ALL BC Provincial Cups. The current GymCan TG Canadian Pathways rules for Individual Trampoline, Double Mini Trampoline, Tumbling and Synchronized Trampoline shall be the GBC Competition rules, with the following amendments or exceptions.

5.7.1 Hosting Grant

Clubs wishing to host a BC Provincial Cup shall be eligible for a hosting grant under the following conditions:

- Competition in each discipline must be offered for all provincial and national levels and must include all four (4) competitive disciplines (TR-I, DMT, TU, TR-S)
- L-5 (novice), L-6 and SR Synchronized Trampoline (preliminaries only) shall be competed at all BC Provincial Cups. Synchro awards will only be presented at BC Championships.
- BC Championships must be a full competition which must include all four (4) competitive disciplines (TR-I, DMT, TU, TR-S)
- A subsidy **MAY** be offered for each BC Provincial Cup, BC Championships and Western Canada Cup as follows:

Judging Subsidy - \$1000 **(TBC)**

A subsidy will be available to offset the increased amount paid in judge's honorarium. Documentation **MAY** be requested.

First Aid Subsidy - \$1000 **(TBC)**

A subsidy will be available provided:

- All First Aid providers must be, at least, Level 3 Trained (First Responders) and there must be a minimum of two (2) attendants on duty at all times. The First Aid provider must provide emergency supplies, including a backboard, cervical collar etc. It is not the responsibility of the First Aid provider to provide taping and bandaging services for chronic injuries. This is the responsibility of the athlete and their club.

5.7.2 Equipment

Refer to the Equipment Norms for GBC Sanctioned TG Competitions

<https://gymbc.org/event-resources/>.

The host club must make every effort to adhere to the equipment specifications and standards laid out in the FIG Technical Regulations. A list of equipment must be in the registration package provided to clubs.

The minimum standard for the safety mats surrounding both the competitive and warm-up trampolines at all BC Provincial Cups (trials) and BC Championships must be a minimum of 4" thick.

5.7.2.1 **GBC TG Equipment Rental**

<https://gymbc.org/sanctioning-and-organizing-an-event/>

Gymnastics BC responsibilities

- Contact club four weeks before the competition to confirm the delivery details and set-up time.
- Supply a set of equipment with appropriate mats.
- GBC representative to supervise set-up, take down and loading of equipment.

Host club responsibilities

- Complete and submit the [Gymnastics BC Equipment Rental Agreement](#) by October 15 of the current year.
 - Submit a security deposit (\$1500), dated for the first day of the competition with the signed rental agreement.
 - Minimum 15 adult volunteers per set of equipment at set up and take down.
 - Report any liability or accident claims arising from the meet
 - Report any damaged or missing equipment
-
- Freight costs, which will be invoiced after the competition, along with the rental fee balance

Priority list

- BC Provincial Cups
- GBC BC Championships
- Western Canada Cup
- International Events

5.7.2.2 **Time of Flight and Horizontal Displacement**

The Time of Flight and Horizontal Displacement will be part of the scoring calculation in each routine for categories Provincial through SR.

5.7.6 **Athlete Registration Fees**

Entry fees for all BC Provincial Cups shall be **\$110** per athlete. Late fees shall be calculated as follows:

- One (1) to two (2) days after the stated deadline: a late fee of \$15 per athlete will be charged
- Three (3) to five (5) days after the stated deadline: a late fee of \$25 per athlete will be charged
- Five or more days after the stated deadline: a late fee of double the registration fee per athlete will be charged

Refunds will only be issued upon receipt of medical note/certificate. These must be received within 14 days of the conclusion of the competition.

5.7.12 **Computer Scorekeeping and Results**

GBC will be responsible for setting the data base for the current competitive season in the approved scoring program. Realignment/amalgamation of categories/age groups established at the first BC Provincial Cup will remain consistent until the final sanctioned BC Provincial event of the season.

GBC will be responsible:

- Receive a duplicate copy of the electronic registration form from all participating club
- ensure all names entered on the electronic registration form are properly registered/insured with GBC as competitive athletes. Report any errors/omission to the related GBC and the club/coach
- ensure all athletes entered on the electronic registration form are properly

registered in the correct gender, levels and age group event(s). Report an errors/omissions to the related club/coach

- Re-align/amalgamate groups which exceed 36 competitors. Groups will be split by their median age to a maximum of two (2) age groups
- Create the master scoring data base in GymCan approved scoring program
- In cooperation with the host club, create and circulate the club verification check list.
- In cooperation with the host club, maintain the scoring data base for accuracy; late entries, all changes, corrections, withdraws, errors and/or omissions, Verify any medical refunds
- Ensure the host club has all relevant information for schedules, meetings etc
- Provide the host club with the master data base prior to the start of the even

The host club will be responsible for the following:

- receive a duplicate copy of all electronic registration forms
- have a current version of the GymCan approved scoring program available
- provide a master scorekeeper
- manage/maintain the master scoring data base including:
 - changes, corrections, withdraw etc
- receive and process all DD sheets. Only the official GBC/TG DD sheet may be use
- prepare all Judges files
- manage all duties related to the results area

Host club must ensure that the Master Scorekeeper is fully capable and confident in completing all the necessary requirements without further assistance from GBC. The Master Scorekeeper(s) must be willing to attend the entire event. Further, GBC is not responsible for training or securing volunteers to operate the event computers at each table during the competition.

NOTE: if a host club/OC is unable to secure a Master Scorekeeper and have a need to hire one, a fee of \$500, plus approved expenses will be paid to the person providing the assistance. This master scorekeeper must be willing to attend the entire event and be responsible for all duties related to computer scorekeeping.

Results Volunteers

All host clubs must provide a group of trained volunteers to manage and oversee ALL duties related to computer scoring and results. This can be defined as (but not limited to) all tasks involving the following:

- training volunteers to input all results in the computer at each event table
- Prepare all judges files
- Verification of all judges chits
- Photocopying/circulation of all results
- Post (on-line or paper copy) all results for public viewing
- Provide a central location where all coaches may have access to results

All results shall be checked by the results volunteers and by the Chair of the Judges Panel (CJP) prior to publication and circulation. Results are NOT considered official until they have been signed by the CJP. All results shall be posted within two hours of the completion of the related competitive round.

The results sheets must provide the following information;

- All execution scores
- Difficulty score
- Time of Flight score (TR)

- Horizontal Displacement score (TR)
- CJP's signature

In the event of a tie the FIG Tie Breaker rules shall be applied.

5.7.14 Warm-up

There will be NO general warm-up.

The following warm-up structure will be in place for Provincial TR, all DMT and all TU at all BC Provincial Cups and BC Championships:

L1 / L2	30 sec per athlete or a minimum of 2-touch
L3	45 sec per athlete or a minimum of 3-touch
L4	2 min per athlete or a minimum of 3-touch
L5	2 min per athlete or a minimum of 4-touch
L6	2.5 min per athlete or a minimum of 5-touch

Trampoline – JR / L7 / SR

JR	3 min per athlete or a minimum of 5-touch
L7	3 min per athlete or a minimum of 5-touch
SR	3.5 min per athlete or a minimum of 8-touch

NOTE: if during the senior warm-up the trampoline not being used for more than three (3) minutes then the warm-up would be considered over.

5.8 BC Championships – GBC Event Hosting

Organizing and hosting the Trampoline Gymnastics BC Provincial Championships can be a very rewarding experience for a GBC Full member club. Gymnastics BC's championships is the association's premier event, giving clubs a chance to showcase their athletes.

Hosting the Championships can provide the host community and club with a lifetime of memories as well as other significant rewards such as:

- Promoting a greater awareness of our community and the unique talents and resources of local volunteers and sponsors
- Providing an opportunity to bring significant public exposure and financial rewards to the host club
-

Please review the GBC Hosting Guide for BC Championships for more information about the Organization of the event. <https://gymbc.org/sanctioning-and-organizing-an-event/>

statement. All notifications must be submitted in writing to the TGTC Chairperson.

5.8.6 Team Final (BC Championships ONLY)

The Team Final event will be open to all clubs at BC Championships as long as they have a minimum of three athletes registered. Nine clubs (teams) will be selected to compete in each event (TR, DMT, TU). Teams will be determined based on the results following the preliminary round of competition in trampoline, DMT and tumbling. A minimum of three (3) and maximum four (4) scores, regardless of gender, will be tracked and tabulated based on the following priority. The top three (3) scores will determine the clubs team score(s) and ranking.

5.8.6.1 Team Selection

- Max of two (2) National level athletes (max 1 SR)
PLUS:
- 2 Provincial athletes
- If a club does not have any national level athletes, they may use Provincial in their place

Once all nine teams have been determined, clubs may choose a minimum of three (3) and maximum of four (4) athletes to compete in the Team Final Event. The names submitted are at the discretion of the club, regardless of gender, and do not need to be the same as the athletes that ranked the highest following the preliminary round. However, clubs MUST follow the criteria as outlined above.

5.8.6.2 Team Final Competition Rules

- All team final events will be fresh start
- The draw will be by team NOT a random draw
- Start orders in each round will alternate teams (as per the WCC policy)
- In each event, the top three (3) individual scores from each team will be added together to determine the team score

Individual Trampoline Team Final

- 1 free routine of ten (10) elements. No Bonuses, minimum or maximum DD
DD score will be awarded as competed.

Double Mini Team Final

- One (1) pass of two (2) elements. NO bonuses, minimum or maximum DD.
DD score will be awarded as competed.

Tumbling Team Final

- One (1) pass of eight (8) elements. NO bonuses, minimum or maximum DD.
DD score will be awarded as competed

5.8.6.2 Awards (medals – max 4 people per team)

Awards will be presented to the top three (3) teams in each; trampoline, DMT and Tumbling.

5.8.6.3 Team All Around (keeper plaque)

The All Around award is decided by summing points achieved from ranking in the Team Event Final. Any ties will be broken by identifying the highest points given in a single event. One award will be presented to the team with the highest overall points.

- 1st Place = 6 points
- 2nd Place = 5 points
- 3rd Place = 4 points
- 4th Place = 3 points
- 5th Place = 2 points
- 6th Place = 1 point

FIG TIE BREAKING RULES
(TPPC – Section 5 – GymCan Competition Rules – January 1, 2019 v1)

INDIVIDUAL TRAMPOLINE

In preliminaries, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the gymnast with the higher sum of the E-scores of both routines prevails
2. the gymnast with the higher sum of the H-scores of both routines prevails
3. the gymnast with the higher sum of the T-scores of both routines prevails

If there is still a tie, the tie will not be broken and the starting order for the Finals is decided by draw.

In Finals, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the gymnast with the higher final scores (Canadian Rules)
2. the gymnast with the higher E-score prevails
3. the gymnast with the higher H-score prevails
4. the gymnast with the higher T-score prevails
5. the gymnast with the higher Preliminary Score (Canadian Rules)

If there is still a tie, the tie will not be broken.

SYNCHRONIZED TRAMPOLINE

In preliminaries, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the pair with the higher sum of the E-scores of both routines prevails
2. the pair with the higher sum of the S-scores of both routines prevails
3. the pair with the higher sum of the H-scores of both routines prevails

If there is still a tie, the tie will not be broken and the starting order for the Final is decided by draw.

In finals, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the pair with the higher final score (Canadian rules)
2. the pair with the higher E-score prevails
3. the pair with the higher S-score prevails
4. the pair with the higher H-score prevails
5. the pair with the higher Preliminary Score (Canadian rules)

If there is still a tie, the tie will not be broken.

TUMBLING & DOUBLE MINI TRAMPOLINE

In preliminaries, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the gymnast with the higher sum of the E-score of all preliminary passes prevails
2. the gymnast with the higher E-score of the last preliminary pass prevails

If there is still a tie, the tie will not be broken and the starting order for Finals is decided by draw.

In finals, in case of a tie at any place, the ranking will be determined by the following criteria:

1. the gymnast with the higher final scores (Canadian rules)
2. the gymnast with the higher sum of the E-scores of all final passes prevails
3. the gymnast with the higher E-score of the last final pass prevails
4. the gymnast with the higher Preliminary Score (Canadian rules)

If there is still a tie, the tie will not be broken.