



## MAG 2019-2020 General Information

### **2019-2020 Men's Technical Committee Members and Contact Info:**

#### **Voting Members:**

Committee Chairman	Michael J Hood	<a href="mailto:mhood720@gmail.com">mhood720@gmail.com</a>
Judging Chairman	Chris Sheremeta	<a href="mailto:csheremeta@gmail.com">csheremeta@gmail.com</a>
Coaching Chairman	Richard Ikeda	<a href="mailto:richardikeda74@gmail.com">richardikeda74@gmail.com</a>
Athlete Representative	Ken Ikeda	<a href="mailto:taisokenji@gmail.com">taisokenji@gmail.com</a>
Members-at-Large	Kris Krunick	<a href="mailto:kris.krunick@gmail.com">kris.krunick@gmail.com</a>
	Alexander Pozdniakov	<a href="mailto:apozgym@hotmail.com">apozgym@hotmail.com</a>
	Michael Sergeant	<a href="mailto:msergeant@surreygym.com">msergeant@surreygym.com</a>

#### **Non-Voting**

MAG Program Coordinator	John Carroll	<a href="mailto:jcarroll@gymbc.org">jcarroll@gymbc.org</a>
Technical Director	Andrée Montreuil	<a href="mailto:amontreuil@gymbc.org">amontreuil@gymbc.org</a>

### **MAG ACTIVITIES CALENDAR**

#### **Meetings**

	<u>DATE</u>	<u>LOCATION</u>
MAG Judges' Assembly	April 4 or 5, 2020	BC Championships
MAG Program Retreat Coaches' Assembly	August 2020 (TBC)	TBD
Technical Committee Meetings	as called by the Chairman	various

#### **MAG Deadline to Change categories**

Athletes must declare their category by **March 1, 2020**. Any athlete that competes in a trial event will be considered that level for the duration of the season (exempt BC Games). Written petitions for all category changes after March 1 must be accompanied by cheque for \$25.00 (each) to the MTC and will be considered on a case by case basis and not necessarily granted. Category changes will not be accepted after BC Champs registration deadline.

#### **Team BC Uniform sizing**

Sizing dates and locations for Team BC uniforms will announced at a later time.  
(Exact days and times to be confirmed)

#### **Elite Camps and Testing**

Elite Camp #1	August 30 – Sept 1, 2019	Phoenix (Vancouver)
Elite Camp #2	November 9-11, 2019	Phoenix (tentative)
Elite Camp #3	late January (TBC)	TBD (Vancouver area)
Team BC Training Camp Westerns	April 19, 2020	TBD (Vancouver area)
Team BC Training Camp Canadians	May 16 or 17, 2020	TBD (Vancouver area)

#### **Provincial Camps and Testing**

Provincial Camp #1	September 22	Inspire Victoria
Provincial Camp #2	October 26	Langley Gym. Found.
Provincial Camp #3	November 23	Flip City
Provincial Camp #4	December 21	Delta Gymnastics
Provincial Camp #5	late January	TBD





### **Canadian Championships**

**May 19 – 24, 2020**

**Gatineau, QC**

Invited categories:

GCG Provincial Pathway National Open  
GCG Elite Pathway Junior and Senior

#### **Team BC Trial Events:**

1 <sup>st</sup> Trials	February 14 – 16, 2020	Langley Gymnastics
2 <sup>nd</sup> Trials	March 6 – 8, 2020	Surrey Gymnastics
3 <sup>rd</sup> Trials	April 3 – 5, 2020	BC Champs
<u>Training Camp:</u>	May 16 or 17, 2020	TBC (Vancouver area)

### **Elite Category Screening**

**Deadline: October 31, 2019 video submission**

In order for a gymnast to compete in the Elite 4 category, they MUST submit a video of their compulsory routines (including Physical Testing routine) to Jason Woodnick at [jwoodnick@gymcan.org](mailto:jwoodnick@gymcan.org). The submission is free if done before November 1, 2019. The fee schedule to be followed is:

Before November 1	NO charge
November 1 – 15	<b>\$25.00</b> per athlete
After November 16	<b>\$50.00</b> per athlete

NOTE: Screening will be done in a non-formal environment (in your gym).

GCG recommended scores for Junior and Senior gymnasts to participate at national events are:

Junior 14- 15 years old	64.00 All Around
Junior 16 – 18 years old	66.00 All Around
Senior Next Gen	72.00 All Around or 12.00 on an apparatus
Senior	75.00 All Around or 12.50 on an apparatus

The GBC Men's Technical Committee will discuss these recommendations and put the decision in the 2020 Qualifying Standards document by December 2019.

### **Elite Summer Challenge**

**June 26 – 28, 2020**

**Montreal, QC**

Purpose: Identify the athletes for the Gymnastics Canada Junior and Senior National Teams and the Elite 4 Aspire Regional Teams.

More information to come, through GBC, from Gymnastics Canada. Contact Jason Woodnick if you have any questions, at [jwoodnick@gymcan.org](mailto:jwoodnick@gymcan.org).

#### **Distribution Lists:**

Send your contact information to be added to their Distribution Lists:

If you wish to receive all MAG GBC Communication, please go to [gymbc.org/mens-artistic-gymnastics/](http://gymbc.org/mens-artistic-gymnastics/) and click the "communications" link at the bottom of the page, under More Info.

**All Technical Programs:** Andrée Montreuil (Technical Director) [amontreuil@gymbc.org](mailto:amontreuil@gymbc.org)

**Men's Artistic Gymnastics:** John Carroll (Men's Technical Coordinator) [jcarroll@gymbc.org](mailto:jcarroll@gymbc.org)

**Women's Artistic Gymnastics:** Crystal Gilhooly (Women's Technical Coordinator) [cgilhooly@gymbc.org](mailto:cgilhooly@gymbc.org)

**Trampoline Gymnastics:** Debbie McBoyle (Trampoline Gymnastics Coordinator) [dmcboyle@gymbc.org](mailto:dmcboyle@gymbc.org)