



## Gymnastics BC Return to Sport - Frequently Asked Questions

Question	Topic	Answer
Are most clubs running recreational classes or classes for young children?	Attendance	Yes, most clubs are running some types of recreational programming and programming for young children (preschool, toddlers, etc.).
Are group rentals and associate member groups permitted?	Attendance	No. Drop-in programming and unstructured play programming (such as birthday parties) are not permitted.
Are birthday parties permitted?	Attendance	Birthday parties are not currently permitted.
Can gyms do family bookings on weekends?	Attendance	Similar to birthday parties, all types of public access programs are not permitted.
Can we run UNSTRUCTURED non-instructional day camps?	Attendance	Not at this time. The definition of UNSTRUCTURED non-instructional means that activities are NOT LED BY A COACH. Approved activities must involve significant structure and supervision.
Can we run school groups?	Attendance	Yes. As long as the programming is structured in nature, pre-booked, and all GBC Return to Sport requirements are followed.
Can we run private lessons or assessments right now?	Attendance	Yes, as long as the programming is structured in nature, pre-booked, and all GBC Return to Sport requirements are followed. Assessments will not involve coaches and athletes who are in the same cohorts. Therefore, physical distancing should be adhered to, and no spotting should take place.
Why are our Return to Sport Standards different than daycares and schools?	Attendance	GBC must follow all requirements set out by the Government of BC and viaSport. GBC implemented requirements that provide its member clubs with liability coverage through viaSport. Other industries have different channels to remain compliant with the Government of BC.

How often do we have to collect participant declaration forms?	Attendance	Only one form per individual in your facility since GBC member clubs reopened (early June 2020).
What cleaning products should our gym use?	Cleaning	Clubs must ensure that all cleaning products are <a href="#">authorized disinfectants</a> against SARS-CoV-2, the coronavirus that causes COVID-19.
Are parents or spectators part of 'cohorts'?	Cohort	Cohorts only consist of individuals who cannot maintain physical distancing of 2 meters during programming (e.g., athletes, coaches).
Do the new cohort requirements mean that 100 people can be in the gym at any one time?	Cohort	No. Only 50 individuals can ever gather at one time. GBC has detailed information in the Return to Sport Plan on occupancy management. Please refer to <a href="#">GBC's Return to Sport Plan</a> .
If a facility has other operations (day care, preschool, school, etc.), are they accountable to GBC rules?	Facility	GBC has carefully created Return to Sport Requirements that come directly from viaSport's amateur sport requirements. GBC's requirements are not appropriate for other industries such as preschools or day cares. Those industries have their own standards that should be adhered to.
How do we calculate our occupancy if we have a preschool, daycare, and gymnastics area?	Occupancy	GBC has created a new communication tool to help clubs calculate occupancy. Please review GBC's Addendum (October 1) to see detailed examples of occupancy calculations.
Do we need to complete screening online?	Screening	No. Screening can be completed in any format, and it does not need to be documented.
Are children allowed to participate if their parents leave Canada for essential work (as determined by the federal government)?	Screening	Yes, all children of essential workers (medical professionals, travel professionals, and other individuals approved by the Government of Canada) who are asymptomatic may attend member club programming.
Can people that have already had COVID (and have now fully recovered) come back to the gym?	Screening	Yes, as long as they approved to do so by public health officials.
If an athlete travels out of province (within Canada), do they need to quarantine before returning to the gym?	Screening	No, not at this time. However, they must adhere to your club's safety plan.

<p>If a coach's family member is being tested for COVID-19, can the coach still go to work?</p>	<p>Screening</p>	<p>GBC member clubs should refer to their safety plan to determine if individuals who have someone ill in their household can participate in programming. Clubs must update their safety plans and obtain approval from their boards/owners.</p>
<p>Is spotting allowed? If so, what are the requirements?</p>	<p>Tech</p>	<p>In cohorts, spotting is allowed. Coaches are permitted to spot athletes who are learning new skills, or when spotting is required for safety. Coaches must wear masks when spotting athletes, and coaches must also sanitize their hands between spotting different athletes.</p>