



## GFA Assembly Meeting Minutes ~ November 6, 2020

Location: Zoom Conference Meeting	Time: 12:00 p.m. – 2:00 p.m. PST
<b>Attendance:</b> Mary Morice - GFA Chair John Carroll – Gymnastics BC (GBC) Andrée Montreuil – Gymnastics BC (GBC) Leanne James – Gymnastics BC (GBC) Bianca Anabalon-Palu – Flicka Gymnastics Club Catou Tyler – Whistler Gymnastics Club Chantelle Yates – North Peace Gymnastics Dana Lainchbury – Duncan Dynamics Gymnastics Club Jennifer Dober – Delta Gymnastics Society Jackie Wiebe – Lion’s Pride Gymnastics Jayleen Lim – Kamloops Gymnastics & Trampoline Centre Jen Olthoff – White Rock Gymnastics June Tiefenbach – Inspire Sports Victoria Kathryn Wilkinson – Kimberly Gymnastics Kira Hallwood – Vancouver Phoenix Gymnastics Leigh Dawson – Vancouver Phoenix Gymnastics Lori Saffel – Smithers Saltos Gymnastics Club Michelle Dillon – Powell River Gymnastics Puneet Bains – Richmond Gymnastics Rayanne Quinn – Surrey Gymnastics Society Renata Allen – Falcon Gymnastics Club Sherri Taylor – Flip City Gymnastics Club Tami Calkins – Synergy Gymnastics Taphatna Duncan – White Rock Gymnastics Tara Masson – Langley Gymnastics Foundation	<b>Regrets:</b> Annie Glanville – Caribou Chilcotin Gymnastics Club Erin Hipkiss – Prince Rupert Gymnastics Innocent Eraghbe – Wayland Sports Richmond Lara Collingwood – Smithers Saltos Gymnastics Club Naomi Rokus – North Valley Gymnastics Society Peggy Wilcox – Independent

### 1. Welcome and call to order – 12:04pm

- Some confusion may have arisen from clubs regarding voting delegate info. If any clubs do not have a delegate assigned, email John right away to take part in today’s votes.
- Call for GFA committee members.
  - o Committee can have up to 15 members.
  - o Nominations were accepted until November 2, 2020.
  - o Some nominations came in, but not enough to fill 15 spots, so no election required for this GFA Assembly.
- 2020 is a non-voting year for GFA chair. 1 year remaining on term.

- Confirmation of voting delegates
  - o Jayleen Lim (KGTC) and Tami Calkins (Synergy), Taphatna Duncan (White Rock)
  - o Returning members: June Tiefenbach (Inspire Sports), Catou Tyler (Whistler), Kathryn Wilkinson (Kimberly), Jen Olthoff (White Rock)
- Explanation of remote technologies (chat and voting)
  - o Zoom platform
  - o Election runner to be used for vote – not necessary for 2020 Assembly.

## 2. Agenda

### 2.1 Additions to agenda

- None

### 2.2 Approve agenda

- No longer requiring motions to approve agenda.
- Ask for any objections to motion to approve agenda – none.
- **2020 GFA Assembly agenda approved.**

## 3. Meeting Minutes

### 3.1 Amendments or additions to the 2019 GFA Assembly meeting minutes

- Ask for any objections/amendments to the meeting minutes – none.
- **2019 GFA Assembly meeting minutes from July 27, 2019 – approved.**

## 4. Reports

### 4.1 GFA Chair update - GFA Staff Position

- Update from GFA chair
- Keara (GBCs Recreational Program Manager) on maternity leave starting in August 2020.
  - o This is following a temporary lay-off of the position starting July 1, 2020.
  - o Since Keara's departure and COVID situation (starting in spring 2020), many of GFA agenda items/ programs have been on hold
- John, GBCs Technical Director was a temporary fill for the GFA role from July - October. Leanne, Event Manager & Coaching Coordinator is back from a temporary lay-off and will be assisting with GFA portfolio until she goes on leave in March.
- There is a lot of shuffling for now, but efforts are in place to find a permanent home for the GFA portfolio shortly.

### 4.2 Technical Director Update

- Staff updates
  - o In mid-January 2020, Andrée (GBC CEO) was able to focus on the CEO role as John was able to take on the Technical Director role. Prior to this change, Andrée was responsible for both roles at the GBC office.
  - o When COVID hit in March clubs forced to close.
  - o GBC able to keep up with staffing levels.
    - Staff able to keep up with all programming during this time.
    - Many educational webinars available for GFA put on by both BC and in collaboration with the Western provinces and GymCan.
      - Thank you all for participating!

- GBC staff was dropped to 5 full time employees starting July 1, 2020 when many staff were temporarily laid-off.
  - This meant a slowdown on all programs and projects. We appreciate club/member patience during this time.
  - Existing staff worked to provide updates where possible – ex. GFA Manual updates.
- Keara transitioned to maternity leave in August.
- Middle of October saw a return of some of the GBC Staff. WAG Coordinator (Crystal Gilhooly), TG Coordinator (Debbie McBoyle) and Events Manager & Coaching Coordinator (Leanne James).
- GFA support will be a collaboration between GFA Committee, Leanne and John.
  - GBC staff will be looking for assistance from the GFA Committee to move GFA programming forward in the coming year.
  - Any coach education inquiries can be sent to Leanne ([coaching@gymbc.org](mailto:coaching@gymbc.org)).
- Events:
  - All events cancelled for the remainder of the 2019/2020 season.
- During COVID shutdown
  - BC has been a leader in many areas during this shutdown – hosting many webinars, GF and Comp 1 Theory online training for coaches, GF in person courses and Comp 1 modified programming.
    - First ever remote GF courses, led by GFA Chair (Mary!). GF courses ran live in Powell River and through virtual platforms in Fort St. John (North Peace Gymnastics). Chantelle from NPGA was able to oversee remote participants as she is a certified CE and was able to confirm participation by all of the participants at her facility.
    - GymCan supported this initiative and thinks it's a great idea to assist in course promotion in remote communities. Other Canadian provinces are now looking to host similar events in their provinces.
- Current (and ongoing) demand for Level 2 TG courses. GBC is trying to figure out how we can safely deliver them as the program requires heavy spotting, which is not currently permitted under the existing PHO regulations.
- Return to competitions
  - Working group established in October to work on return to competition protocols. Hope to have this document complete and circulated to member clubs very soon.
  - GBC also looking at creative ways to host virtual events.

## 5. Program areas

### 5.1 Gymnaestrada

- 2020 BC Gymnaestrada – Cancelled
- 2021 BC Gymnaestrada
  - Date and Location to be confirmed
  - Host from 2020 event – Flip City Gymnastics, has agreed to host the 2021 event.
  - Flip City and GBC are in chats with potential host venues.
    - Many facilities are not able to confirm hosting opportunities yet/no deposits required.
    - Pinetree Community Centre is first choice – have a verbal contact in place. Decision will need to be made by end of 2020.
  - Concerns by host club as if can host event in person, will the event be financially viable.

If cannot host in person, what would event look like if we hosted virtually and what would the expectations be from the host club?

- Considerations for hosts if offering a virtual event
  - o Workshops in own gyms
  - o Puts more ownness on club to have space in gyms for particular days/times
  - o Club routines performed and recorded in own gym – full costume, filmed in club, video submitted to host club and/or GBC to compile into “performance”
    - Option: Zoom link for participants, ex. movie night to stream performance “shows” in gym (depending on number restrictions)
  - o 2020 event was intended to be a “Western” Gymnaestrada event, inviting the western provinces to partake. Due to COVID regulations, travel between provinces has been restricted. The 2021 event will likely be BC only. John confirming with GymCan to ensure westerns is not a qualifying event for Canadians and/or worlds etc.
    - Meredith (GFA rep) from GymCan was laid-off for last few months. She will be returning on Monday, November 9<sup>th</sup>. We may have more info at that time
- Mary to seek input from the GFA committee regarding Gymnaestrada and perhaps strike a working group to discuss details
  - o Reminder, one does not need to be part of the GFA committee to be part of a sub committee
  - o Those that are interested in assisting with this conversation can contact John following the meeting.

## 5.2 Interclub Program

- Call for IC Performance additions
  - o Shift from Performance plus and challenge to the Xcel program
  - o Only category that remains is performance. So no adjudicator training (that was mentioned at previous GFA Assembly is required).
  - o Training through WAG program
  - o Discussion to expand the performance category to include more sub categories. This has been stalled with no full time GBC staff member
    - Looking to move forward with more next year. Leave as is for this year
- Additions will be made with Canjump program.
  - o More trampoline opportunities within interclub performance for lower levels as well.
  - o TG community – looking at having a regional Canjump representative for each zone/region. They would be responsible for offering training sessions or ideas/opportunism for TG interclub events.
- Question from floor: What about MAG?
  - o MAG is still working with performance plus in interclub

## 5.3 Adult program

- Working Group recap
  - o Adult programs are currently on hold
  - o Working group compiled survey questions in the spring, however the survey was not distributed to member clubs prior to COVID shutdowns.
  - o Will be putting out a call for new/more working group members.

- Looking to have meetings rescheduled soon. Missy (Vancouver Phoenix) is currently chair, however if anyone is wishing to take on the leadership role – call is out there!
  - Chair responsible for scheduling meetings, in conjunction with GBC.
  - June Tiefenbach would be interested in chairing. Will wait to see if anyone else is interested before assigning the role.
- Xcel to replace adult code?
  - This may be a positive as participants would not need to be in the same level (gold, silver, bronze) for all events. This allows for more flexibility in differing levels for each adult participant
- What programs could be offered under adult umbrella (ex. T&T, seniors competitive)?
- Discussion of possibility of High School gymnastics to adopt the Xcel program. This will help streamline the programs and make for a smooth transition to club programming should HS participants choose to do so.
  - Many GFA people are also working with HS gymnastics.
  - Will update the committee when know more.

#### 5.4 Aerial Arts Program

- Program addition put on hold
- Survey went out to GBC member clubs in March.
  - There was interest in the program, but hesitation due to high costs (ex. coaching courses, rigging and annual membership fees)
- Many clubs are running silks/aerial arts programs currently.
  - Reminder that these clubs need to ensure they have a top up insurance plan as GBC insurance does not currently cover silks/aerial arts.
- As many clubs are currently struggling to survive, the small group of members interested in aerial arts is not enough to move forward with this program at this time as uptake would be minimal.
  - Program to be put on hold for now.

#### 5.5 Acrobatic Gymnastics

- GymCan ran a pilot Comp 1 acrobatic course before COVID
  - program is on its way
- Some discussion regarding a GF acro course.
  - GymCan knows there is a desire for it, but they feel the GF artistic course offering has been sufficient for basic acrobatic skills up until this point.
  - We are aware there is a gap and have suggested a GF Acrobatic program. However, Gymcan does not currently have the resources available to develop this programming
- In the past, GBC has taken the initiative to create a program and share with GymCan
  - Are we able to develop something for GF Acro?
  - Shauna is back in the province (working in Kelowna). Could we do some coach education around acrobatics?
    - John to connect with Shauna to see if interested in doing some education for the GFA community.
    - She has run programming in the past and was well received.
  - The info touched on in GF Artistic is not enough and requires additional structure. No additional equipment is required.

- GBC can look into course development, depending on resources.
  - Should be receiving info re: gaming grant soon. Will know where money is allocated.
  - What is our GFA (GBC staff) person able to put into this initiative?
- Suggestion to host a workshop at the next Rec Conference.

## 5.6 Adaptive/Inclusive Gymnastics

- Identified at last year's GFA Assembly as a high priority
- Delivered 6 virtual workshops over a 2-part series, 6 workshops delivered.
  - Keara took the lead on this program area
  - Examples of programs offered: How to develop programming and safety considerations
  - Hugely successful program
  - Is there interest to continue with more programming? Many of the attending clubs are interested in continuing.
    - Will look to add to docket for next GFA/Rec. Conference

## 5.7 Additional Items

- Can gym revitalization
  - soft launch expected 2020
  - Could be dead in the water as have not heard any updates since Meredith was laid-off at GymCan. As she is returning to her role next week, we may see life in the project again.
- Seniors Can Move
  - Will be a focus of GFA and GBC this year
    - Working towards having a program offered for our GBC member clubs.
    - Delta currently has a program running – however limited information available following their initial roll out last winter, and applications for the pilot project.
    - Is it possible for GBC to either purchase the program from Delta or purchase access for all of our GBC member clubs?.
    - Other clubs running programs?
      - Inspire Sports current working on a seniors program – is willing to share their resources
      - Delta – was running tons pre-COVID at the club as well as seniors facilities and in the community. Seniors limited for access right now, so programs are a little slower currently
      - Vancouver Phoenix - part of Delta pilot last year. 8-10 weeks for the programming cycle. Many of the participants that took part in the pilot came back for winter programming at the club. New intake in spring.
        - Conducting zoom classes currently, but looing at bringing back in person programming soon.
        - Was free to take part in the pilot and have been expanding the programs content offerings since then. Have not been offered updated resources since initial pilot took place.
    - Question from Chair; What was the cost for seniors can move? Delta unable to provide details at this time. Do we need to connect with Richard Woo?

- Kids Can Move
  - o Program put on hold – will be waiting for next GFA (GBC staff) member to be brought on to continue this program.
- Rec Conference 2021
  - o 2020 event cancelled
  - o Virtual education opportunities for the GFA community. 315 GBC participants in the virtual workshops. 14 live stream sessions and 1 pre-recorded. Will continue to provide virtual resources if possible.
    - Ran previous session free of charge, however may not to be able to continue free sessions given current GBC financial limitations. Reduced rates available
    - Trampoline community currently working on sessions for athletes that may be open to other communities as well.
    - A host bid will go out for the 2021 GFA Rec Conference – was supposed to be Kelowna – would they be interested in hosting this year? Or should we be looking to host a virtual event?
      - Topics to be confirmed.

#### 6. 2020/2021 GFA Committee Nominations

- Mary will continue as chair for at least 1 more year
- Minimal commitment to members – approximately 4-5 meetings per year – all by Zoom. Depending on interests of the committee members, participation in sub-committees may be requested.
- Nominations were accepted until November 2, 2020 for this year’s GFA Committee
- Nominations came in for Tami Calkins (Synergy), Jayleen Lim (KGTC)and Taphatna Duncan (White Rock)
- No other nominations from the floor
- Continuing members – Catou Tyler (Whistler), June Tiefenbach (Inspire Sports Victoria), Jen Olthoff (White Rock Gymnastics), Kathryn Wilkinson (Kimberly Gymnastics)

#### 7. Next Meeting

- Friday, January 29<sup>th</sup>
- Time TBC – Leanne to send Doodle poll to GFA Committee to confirm time. Zoom meeting details to follow.

#### 8. Adjournment – 1:02pm

- Ask for any objections to adjourn the 2020 GFA Assembly meeting – none.
- **2020 GFA Assembly meeting adjourned.**