



## Minutes ~ Gymnastics for All Committee Meeting ~ October 4, 2019

Location: GYMNASTICS BC OFFICE & ZOOM CALL	Time: 1:00 P.M. PST
<b>Attendance:</b> Mary Morice - GFA Chair/Wayland Sports Nanaimo (WSN) Keara Urquhart - Gymnastics BC (GBC) Sherri Taylor - Flip City Gymnastics Club (FCG) Sabrina Schilling - Inspire Sports Victoria (ISV) Tami Calkins - Synergy Gymnastics Centre (SGC) Karyne Bailey - Powell River Gymnastics (PRG) Catou Tyler - Whistler Gymnastics Club (WGC) Jen Olthoff - White Rock Gymnastics (WRG) Sho Litvack - White Rock Gymnastics (WRG)	<b>Regrets:</b> June Tiefenbach - Inspire Sports Victoria (ISV)

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### 1. Welcome and call to order 1:03 p.m.

### 2. Agenda

2.1 Additions to agenda

N/A

2.2 Approve agenda

### Motion: To approve the agenda as presented

Moved: Catou Tyler (WGC)

Seconded: Sabrina Schilling (ISV)

**CARRIED**

### 3. Meeting Minutes

3.1 Amendments or additions to past minutes

N/A

3.2 Approve past minutes

N/A



## 4. Program areas

### 4.1 Committee Areas of Interest

- 2019-20 GFA Committee will operate without predetermined portfolios; should the need for subcommittees or working groups arise, members with a particular interest in that area may choose to volunteer participation.

### 4.2 GFA Retreat

- Review GFA objectives from the 2019 GFA AGM
  - From the exercise conducted at the 2019 GFA Retreat, it was clear that the membership would like us to focus on two main program areas: Acrobatic Gymnastics and Special Needs (to be discussed later today).
- 2020 Application to Host
  - Call to Host has been distributed and is due on October 15, 2020.
  - Discussion on time of year – keep the same.
  - Committee to send ideas to encourage more clubs to apply to host to Keara.
  - Discussion on name of event:
    - Comments on 'retreat' implying accommodation is required, suggestions to change terminology to congress or conference. Discussion ensued.
    - Name to change to "GFA Recreational Conference' by committee consensus. Keara will ensure all future documents reflect this change.
- Feedback on Promotional Initiatives for Future Events
  - Request for committee members to take an active role in promoting the GFA Recreational Conference to fellow clubs.
  - Melissa (GBC) will be working on providing session snippets of past workshops in the upcoming GBC knowledge base.

### 4.3 Interclub Program

- Review feedback from adjudicator training survey
  - 18 responses; overall the presentation was very well received.
  - Results:
    - 61% of respondents would like to see example videos for Quality of Execution scores;
    - 61% do not think it is necessary to add voiceovers to the slides
    - Suggestion to limit floor & beam routines to help meet sessions run on time. Discussion ensued.
      - Committee agrees that routines should be limited, but with the same limitation across all categories. No penalties to be issued should a routine go overtime, but an adjudicator may speak to the coach.

**Motion: To limit all Interclub routine lengths to a maximum of 90 seconds across all categories. No penalties to be issued for overtime routines, but an adjudicator may speak to the coach. No audio cues (eg. bells) to warn a gymnast of approaching time limits during performances.**



Moved: Jen Olthoff (WRG)

Seconded: Sherri Taylor (FCG)

**CARRIED**

#### 4.4 2019 GBC Awards Night

- Awards Nominations – Update
  - Reminder that gala tickets are now for sale.
  - Still accepting nominations in certain GFA categories. Any nominations to be sent to Keara by end of day please.

#### 4.5 Special Needs

- Terminology
  - A suggestion was brought up at the GFA AGM to revisit terminology for this program area.
  - Discussion followed – GFA committee wants to ensure that we are using the most appropriate and respectful verbiage, and trying to keep consistent with other organizations.

**Motion: To rename the program from ‘Special Needs Programming’ to “Adaptive/Inclusive Programming”**

Moved: Sherri Taylor (FCG)

Seconded: Sho Litvak (WRG)

**CARRIED**

- Coaching Education for Adaptive/Inclusive Programming
  - A need for ‘hands-on’ training in this program area was brought to the committee.
  - Discussion on focused education weekend (annual or biennial) followed.
  - Short term: tag an extra optional day to the 2020 GFA retreat, with concentrated sessions for this program area.
  - Other suggestions for the future: zoom workshops, Q&A with experts
  - GFA committee to send other suggestions to Keara

#### 4.6 Acrobatic Gymnastics

- BC Direction
  - Our community has, for a couple of years now, indicated great interest in expanding this program area in BC.
  - Within Canada: a Comp 1 acro course is in pilot mode. First course was held in Oakville, ON in September. A second one may be coming up in Alberta this winter.



- To the best of our knowledge, there are no plans to implement an acrobatic module at the GF level at this time; the idea is that the partner and group balance exercises in the current GF Artistic modules should suffice for a recreational level.
- Keara is considering attending the course to get a first look on whether it what our membership is looking for.
- Five other members of the committee also expressed interest.

#### 4.7 2020 BC Gymnaestrada

- Event Theme
  - Based on committee feedback from the survey, Sherri and the OC would like to propose: Roll out the Red Carpet as the theme for the upcoming event.
  - All members were in agreement.
- Participant Gifts & T-Shirts Discussion
  - Committee was asked to revisit the event expenses (particularly, participant t-shirts, gifts and club banners) against items such as the registration fee and ticket pricing.
  - Committee voted to keep complimentary t-shirts, but make extra gifts optional. Moving forward, individual registration forms will enable coaches to indicate whether or not they would like a t-shirt.
- Registration Fees & Ticket Pricing
  - Participant registration has not been changed in 5 years – discussion on whether it is due for an increase.
  - Committee consensus is to increase the registration fee from \$65 to \$75 this year.
  - Committee consensus is to change the ages for ticket categories (ie. free admission for children 3 and under, rather than 5 and under). This will also help with seating estimates.

#### 4.8 Adult Program

- Status Update
  - No concrete targets or deadlines yet; will have clearer direction after the next 1-2 meetings.

#### 4.9 Kids CanMove

- Verbal Update
  - ViaSport grant application for revision was unsuccessful.
  - Looking at different ways to review and revitalize program, with a focus on teacher training, and help interest clubs establish relationships with school districts to help every kid in BC experience the activities of gymnastics.



#### 4.10 PLAY Gymnastics

- Brand Discussion
  - GBC is doing a review of the PLAY Brand; we need to determine the value of the brand to clubs. The first step is to scan club websites and quantify how many members are promoting the brand.
  - Short discussion followed – at first glance, the committee does not seem to think the PLAY brand is well understood or used. We will include this discussion at the next meeting.

5.0 Next Meeting – January 17, 2020 at 1:00 p.m.

6.0 Adjournment – 2:46 P.M.

Motion: To adjourn

Moved: Catou Tyler (WGC)  
Seconded: Sabrina Schilling (ISV)

**CARRIED**