



## Minutes ~ Gymnastics for All Committee Meeting ~ January 24, 2020

Location: GYMNASTICS BC OFFICE & ZOOM CALL	Time: 1:00 P.M. PST
<b>Attendance:</b> Mary Morice - GFA Chair/Wayland Sports Nanaimo (WSN) Keara Urquhart - Gymnastics BC (GBC) Catou Tyler - Whistler Gymnastics Club (WGC) Jen Olthoff - White Rock Gymnastics (WRG) June Tiefenbach - Inspire Sports Victoria (ISV) Karyne Bailey - Powell River Gymnastics (PRG) Sabrina Schilling - Inspire Sports Victoria (ISV) Sherri Taylor - Flip City Gymnastics Club (FCG) Sho Litvack - White Rock Gymnastics (WRG) Tami Calkins - Synergy Gymnastics Centre (SGC) Cindy Rost - Synergy Gymnastics Centre (SGC)	<b>Regrets:</b>

Excellence • Leadership • Transparency • Ethical • Professional • People Focused  
Business Management • Programming Excellence • Professionalism and Customer Service • Safety and Risk Management

### 1. Welcome and call to order 1:04 p.m.

### 2. Agenda

2.1 Additions to agenda

N/A

2.2 Approve agenda

Moved: Catou Tyler (WGC)

Seconded: Tami Calkins (SGC)

**CARRIED**

### 3. Meeting Minutes

3.1 Amendments or additions to past minutes

N/A

3.2 Approve past minutes

N/A

Moved: Catou Tyler (WGC)

Seconded: Tami Calkins (SGC)

**CARRIED**



## 4. Program areas

### 4.1 BC Gymnaestrada

- 2020 Event
  - Registration Update: 24 clubs, 32 groups.
  - ~550 participants
- Workshop Update
  - Sherri and Keara provided the committee with an update on potential workshops topics and presenters.
  - Sho offered her expertise in POUND fitness as a session; Keara, Sherri and Sho will touch base offline regarding this.
- Workplan #2
  - To be released in the next couple of weeks (early to mid-February).
  - Coaches t-shirts will be optional moving forward.
- 2021 Event – Western Gymnaestrada
  - After a discussion between the Western PSOs (AGF, GymSask and GymBC), it has been decided that the 2021 Western Gymnaestrada will return to BC.
  - The GFA representatives have agreed to further discuss the structure and template for the event in future years.
  - The 2021 application to host document will be distributed to member clubs shortly. Please encourage interested clubs to apply.

### 4.2 GFA Recreational Conference

- General Update
  - July 17-19, 2020 at Okanagan Gymnastics Centre – please save the date and encourage other clubs to do the same!
  - Accommodation is being reserved at UBC Okanagan for the event.
- Presenter Update
  - Discussion and update on potential presenter lineup.
  - Committee suggested additional speaker and workshop topics; Keara to follow-up with provided recommendations.

### 4.3 Adult Program

- Update
  - The adult program working group is seeking a few additional members to help with the adult gymnastics revision project.
  - GFA committee members that volunteered to participate: Sabrina, Cindy, Tami, Catou

### 4.4 Acrobatic Gymnastics

- Update
  - Keara and Sabrina both attended the second Comp 1 Acro Pilot course in Edmonton from January 10-13, 2020.



- Each provided a short summary of their experiences, and feedback on the overall course.
- Discussion on whether the course fits member needs ensued. It was determined that, at this time, a course catered more towards intermediate to advanced recreational would be best suited for club needs.
  - Keara has made note of this and will think about other potential avenues to bring to the committee.

#### 4.5 Interclub Program

- Coach Attire Requirements
  - Discussion on including guidelines for coach attire at Interclub events.
  - Determined that wording similar to that used in the manuals for other technical disciplines will be included in the next manual revision.
- Review Call for Videos
  - Committee would like more time to review the draft call for video submissions list.
  - Keara to resend the document links to the group.
- Review Program Age Eligibility
  - Each year, questions on program age eligibility are raised by the membership.
  - Interclub currently requires Performance athletes to be a minimum of 7 years of age, and Performance Plus and Challenge athletes to be 10 years of age.
  - Discussion ensued, and subsequently tabled to next meeting; Committee needs more time to process all the considerations before continuing the discussion.
- Xcel Program Question
  - This program has been brought to Keara by several clubs over the last couple of years.
  - Keara would like to reach out to any clubs currently involved or with experience in the program to better understand how it fits their needs.
  - Names of 2 clubs were provided.

*Items 4.6 - 4.8 were tabled until the next GFA committee meeting, as the connection to the Zoom app was unstable at the GFA office.*

5.0 Next Meeting - Friday, April 17, 2020 at 1:00 p.m.

6.0 Adjournment