



2023 Canada Winter Games Artistic Gymnastics Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) [Principles that Govern Technical Packages](#). As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games stakeholders, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games stakeholders early.

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2023 Canada Winter Games

Artistic Gymnastics Technical Package

1. SPORT: ARTISTIC GYMNASTICS

2. PARTICIPANTS

2.1. Athletes

6 Female, 6 Male

All registered athletes must intend to compete in at least one event.

2.2. Staff

2 coaches for male athletes, one of whom must be male and one of whom will also serve as the manager. One of the women's coaches may also be on the floor during the men's training, warm-up and competition.

2 coaches for female athletes, one of whom must be female and one of whom will also serve as the manager. One of the men's coaches may also be on the floor during the women's training, warm-up and competition.

All coaches must have proper certification and fulfill all safe sport requirements as per Gymnastics Canada rules or have received an exemption from the Program Manager & the Canada Games Council.

2.3. Additional Team Staff*

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have the same access as athletes and team staff. Apprentice coaches must be accompanied and supervised at all times by a certified coach while on the competition floor.

- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play

- Venue Pass Holder's venue access
 - Sport Operational Zone (Zone 2)
 - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Nursing Mothers Policy](#)
- [Participant Assistant Policy](#)

3. CLASSIFICATION

Men's Artistic Gymnastics (MAG)

Male athletes must be a minimum of 12 years old during the year of the Games and a maximum of 19 years old during the year of the Games (2023).

Male athletes must be born 2004 to 2011 inclusive.

The MAG Age Dispensation Policy can be found in Appendix 3.

Women's Artistic Gymnastics (WAG)

Female athletes must be a minimum of 12 years old during the year of the Games and a maximum of 19 years old during the year of the Games (2023).

Female athletes must be born 2004 to 2011 inclusive.

The WAG Age Dispensation Policy can be found in Appendix 3.

4. ELIGIBILITY

4.1. Athletes

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
 - Senior World Championships
 - Senior Pan American Games
 - Olympic Games
 - Commonwealth Games
 - FISU Games

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status for the first time, carding status or competes in an excluded event after November 20, 2022 they will still be considered eligible to compete at the 2023 Canada Games).

* Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council's Eligibility Committee.

4.2. Coaches

All coaches (head & assistant) registered in the Canada Games electronic registration system must be certified under the National Coaching Certification Program (NCCP) Competition 3 (Development) Certified* in artistic gymnastics.

Coaches must be so certified no later than 90 days prior to the opening ceremony (November 20, 2022).

MAG coaches must be MAG certified and WAG coaches must be WAG certified, unless an exemption is granted by MAG or WAG Program Manager.

Please note that “NCCP Competition 3 (Development) Certified, Not Renewed” does not qualify under the coaching standards for the 2023 Canada Winter Games.

*If there are delays with the transfer of qualifications from Level 3 to Competition 3 (Development), exemptions will be granted to coaches who have completed all requirements.

All coaches must abide by all GymCan policies and procedures and its Code of Ethics and be a coach in good standing with GymCan. Coaches must also have fulfilled GymCan’s risk management requirements including an up to date criminal record check and completion of Respect in Sport, True Sport Clean 101, and Making Headway.

GymCan to review and update requirements (NCCP and Risk Management) as required.

Please refer to the CGC’s [Coach Certification Policy](#) for additional information:

For more information on the coach certification pathway for artistic gymnastics, please see Appendix 1.

5. COMPETITION

5.1. Regulations:

The following will govern the competition:

- a) Men’s Artistic Gymnastics
 - Current GymCan MAG Program Technical Regulations
 - Current FIG Code of Points and current updates/newsletters/clarifications
 - The Canada Games rules will be those set for the Open category in effect for the 2023 Canadian Championships with the following supplemental additions:
 - In preliminary competition only 1 vault will be performed
 - In event finals only 1 vault will be performed

- Gymnasts will have the option of 125 cm to 135 cm vault table height
- Gymnasts will have the option of lowering the Pommel Horse, or using a beat board to mount the apparatus
- The 2021-2024 FIG Code of Points for situations not covered by the first two documents

b) Women's Artistic Gymnastics

- Current GymCan WAG Program Technical Regulations and Directives
- WAG Canadian regulations and applicable code of points for JO10 for the 2023 Canadian Championships

5.2. Program:

The Canada Winter Games program for Men's and Women's Artistic Gymnastics will consist of the following:

- Team (CI) (Format 6-6-4)
- Individual All-Around Final (CII) (Max 3 per Province/Territory)
- Apparatus Finals (CIII) (Max 2 per Province/Territory)

5.3. Participation:

5.3.1. Team (CI): Teams will consist of 6 athletes, with 6 athletes competing and 4 scores counting. All team athletes must compete in the Team competition unless injured or ill.

5.3.2. Individual All-Around Final (CII): The top 3 gymnasts per Province/Territory from the Team competition will compete in the Individual All-Around competition. The balance, for a total of up to 36 participants, will be based upon the scores obtained in the preliminary competition.

MAG: In the case of a tie in 3rd place within a Province/Territory, the gymnast with the higher sum of D-scores will be ranked higher. In case of further tie, the gymnast with the higher sum of E-scores will be ranked higher. In case of further tie, a draw will determine the athlete considered higher.

WAG: In case of a tie in 36th place, the following procedure will be used to break the tie:

- i. The gymnast with the highest individual event score will be ranked higher.
- ii. If the gymnasts are still tied, then the gymnast with the second highest individual event score will be ranked higher.

- iii. If the gymnasts are still tied, then the gymnast with the third highest individual event score will be ranked higher. If the tie remains unbroken then the tied gymnasts will enter the final.
- 5.3.3. Apparatus Finals (CIII): The top 8 gymnasts on each event – with a maximum of 2 per Province/Territory – from the Team Competition (CI) will compete in the Apparatus Finals (CIII) competition.

MAG: In the case of a tie in 8th position, or in case of a tie between two athletes from the same Province/Territory for the 8th position, the gymnast with the highest D-score on that apparatus from the Team Final will participate. If there is still a tie, all the remaining tied gymnasts will compete in the final on that apparatus.

WAG: In the case of a tie in 8th position, or in case of a tie between two athletes from the same Province/Territory for the 8th position, the gymnast with the highest All-Around total will participate. If there is still a tie, all the remaining tied gymnasts will compete in the final on that apparatus.

5.4. Training Schedule:

Training schedules will take into consideration the time zone change for participants for the first day of training.

Published training schedules must be adhered to. Provincial/Territorial teams are not permitted to negotiate with other teams to exchange training times.

5.5. Seeding for MAG and WAG:

5.5.1. Team Competition (CI):

There will be up to two (2) subdivisions of competition for the MAG Team Competition (CI) and up to three (3) subdivisions of competition for the WAG Team Competition. Groups will never be more than eight (8) athletes in any subdivision. In the event that there are more than 64 athletes in WAG or 96 athletes in MAG, a bye may be introduced into the rotation schedule.

MAG

A random draw for all participating teams will be conducted following a confirmation of participation by September 15, 2022, with the exception that the team or individual gymnasts for the Host Province/Territory will be automatically seeded into the final subdivision to start on the first apparatus. Therefore, the first team drawn will start on the second

apparatus (Pommel Horse) in the final subdivision (subdivision 2), with subsequent teams drawn following Olympic Order until 6 teams have been drawn and the subdivision is full. The draw will proceed to identify the team that will start on the first event (Floor) in the first subdivision and will proceed with subsequent teams drawn following Olympic Order until all teams have been drawn. This may result in less than six rotations in the first subdivision. If possible, efforts will be made to equalize the size of the subdivisions so that a like number of teams are seeded in each subdivision.

In the event of a Province/Territory attending with fewer than 5 athletes, and therefore without a team, the individuals will be placed into a group comprised of individuals from another Province/Territory or in a group with a Province/Territory whose team is 5 or less.

WAG

A random draw for all participating teams will be conducted following a confirmation of participation by September 15, 2022, with the exception that the team or individual gymnasts for the Host Province/Territory will be automatically seeded into the final subdivision to start on the first apparatus. Therefore, the first team drawn will start on the second apparatus (Bars) in the final subdivision (subdivision 3), with subsequent teams drawn following Olympic Order until the subdivision is full. The draw will continue to identify the team that will start on the first event (Vault) in the second subdivision and will proceed with subsequent teams drawn following Olympic Order until the second subdivision is full. The same process will be followed for the first subdivision until all teams have been drawn. This may result in less than four rotations in the first subdivision.

If the number of teams is 9 or 10 teams, a bye may be introduced into the final subdivision. A bye can also be added to the first subdivision if needed. If there are more than 10 teams, there will be a third subdivision.

In the event of a Province/Territory attending with fewer than 4 athletes, and therefore without a team, the individuals will be placed into a group comprised of individuals from another Province/Territory or in a group with a Province/Territory whose team is 4 or less so long as the group does not exceed eight (8) athletes.

5.5.2. Format for Warm-Up and Rotations with Mixed Groups:

When there are mixed groups (team and individuals), the team will always compete first and individuals will compete last. For the Team (CI), warm-up and competition will be as follows:

- Team (6) + 1 individual = the 7 athletes warm up together and Team will start competition on every apparatus
- Team (6) + 2 or 3 individuals = Team will warm up and compete, and the 2 or 3 individuals will warm up and compete afterwards. Team competes first on every apparatus.
- Groups of individuals from different Provinces/Territories will drop by Province/Territory upon each rotation. Warm up may be split at the discretion of the Judges and coaches as needed if the group is comprised of 7 or 8 athletes.

5.5.3. Order of Passage for Team Competition:

Each team must submit their Order of Passage to the competition Head Table for the Team Competition (CI) by 13:00 of the day prior to the Team Competition (CI).

5.6. All-Around Finals (CII):

5.6.1. The qualified athletes will be divided into four/six equal groups according to their AA rank after the Team Final. The top athletes will start on Vault for WAG and Floor for MAG. For WAG, the second group will start on Bars, the third group on Beam, and the remaining athletes will start on Floor. For MAG the second group will start on Pommel Horse, the third on Rings, then Vault, Parallel Bars, and finally High Bar.

5.6.2. The draw below will determine the Order of Passage within a group for the first apparatus.

MAG

FLOOR		POMMELS		RINGS		VAULT		P BARS		H BAR	
Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank
1	5	7	11	13	17	19	23	25	29	31	35
2	4	8	10	14	16	20	22	26	28	32	34
3	3	9	9	15	15	21	21	24	27	33	33
4	2	10	8	16	14	22	20	28	26	34	32
5	1	11	7	17	13	23	19	29	25	35	31
6	6	12	12	18	18	24	24	30	30	36	36

WAG

VAULT		UNEVEN BARS		BEAM		FLOOR	
Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order	Qualif Rank	Comp. Order
1	7	10	6	19	2	28	7
2	6	11	2	20	1	29	1
3	2	12	7	21	5	30	3
4	5	13	8	22	7	31	2
5	3	14	3	23	4	32	6
6	1	15	5	24	8	33	5
7	8	16	1	25	9	34	9
8	4	17	9	26	6	35	4
9	9	18	4	27	3	36	8

5.6.3. For WAG, the first two gymnasts on an apparatus will be placed at the end of the group for the next apparatus. For MAG, the first two gymnasts on an apparatus will be placed at the end of the group for the next apparatus.

5.6.4. Two reserve gymnasts will be identified based on the AA rank after the Team (CI) competition in both MAG and WAG.

5.6.4.1. The first MAG reserve gymnast will warm-up with the group of athletes starting the competition on P Bars. The second reserve gymnast will warm-up with the group of athletes starting the reserve competition on High Bar.

5.6.4.2. The first WAG reserve gymnast will warm-up with the group of athletes starting the competition on Floor. The second reserve gymnast will warm-up with the group of athletes starting the competition on Beam.

5.6.5. A Province/Territory may substitute a qualified athlete with another athlete from their Province/Territory (if they ranked ahead of the officially named reserves) up until 30 minutes before the start of the warm-up for the All-Around Final.

5.6.6. Tie-Breaking as per 5.3.

5.7. Apparatus Finals (CIII):

For all Apparatus the order of passage for Apparatus Finals will be seeded based upon their rank from the Team Competition (CI):

Competition Order	Rank on the Apparatus after Qualification
1	5
2	8
3	1
4	3
5	7
6	2
7	6
8	4

If there is a 9th athlete on an apparatus, he/she will compete first, i.e. before the athlete ranked in 5th place after the Qualification.

5.8. Judging:

The documents mentioned under section 5.1 are in effect.

6. TIE BREAKING RULES - COMPETITION

MAG

Ties are not broken. Teams or athletes having the same total/score will receive the same ranking.

WAG

Ties are not broken. Teams or athletes having the same total/score will receive the same ranking.

7. REGISTRATION & EVENT ENTRIES

7.1. Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (February 4, 2023).

Entries must be confirmed to Gymnastics Canada by September 15, 2022. Final coach nomination should be provided to GymCan no later than January 15, 2022.

All potential reserves should be identified and GymCan should receive a copy of final entries no later than 14 days prior to the Opening Ceremony (February 4, 2023).

7.2. Event Entry Deadline

Event entries for each participant must be confirmed at the Coach/Manager meeting held prior to the first event.

Each team must submit their Order of Passage to the competition Head Table for the Team Competition (CI) by 13:00 of the day prior to the Team Competition (CI).

8. **SPORT SCORING POINTS**

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the below criteria.

In the case of ties in final placings in any event, sport scoring points will be shared equally between tied athletes/teams. The number of sport scoring points for the tied positions are averaged by adding the points for the tied positions and then dividing by the number of tied teams or athletes; each Province or Territory then receives the averaged number of points.

MAG

The Team result comprises the 4 best results (out of a maximum of 6) on each event from Competition I. (6-6-4 format)

The Individual All-Around result is the total of the scores obtained by a gymnast on each of the 6 events during Competition II.

The Apparatus Final result is the final score obtained by a gymnast on a given apparatus during Competition III.

Please refer to Appendix 4 for the sport scoring breakdown.

WAG

The Team result comprises the 4 best results (out of a maximum of 6) on each event from Competition I. (6-6-4 format)

The Individual All-Around result is the total of the scores obtained by a gymnast on each of the 4 events during Competition II.

The Apparatus Final result is the final score obtained by a gymnast on a given apparatus during Competition III.

Please refer to Appendix 4 for the sport scoring breakdown.

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Gymnastics (artistic gymnastics and trampoline), Flag Points will be awarded together for female and male events based on the total of sport scoring points awarded from all events (artistic team, artistic all-around final, artistic apparatus finals, trampoline team, trampoline individual, and synchronized trampoline).

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	20	6th	10	11th	3
2nd	18	7th	8	12th	2
3rd	16	8th	6	13th	1
4th	14	9th	5		
5th	12	10th	4		

10. TIE BREAKING RULES - FLAG POINTS

Once the sport scoring calculations are completed for all gymnastics events (both trampoline and artistic) and in the case of an overall tie in the Provincial/Territorial rankings, the Province/Territory with the greater number of first place rankings across all events will be assigned the higher rank. If the tie persists, the procedure is repeated with second place team scores per event, then third, etc.

11. MEDALS

The Canada Games will award medals to athletes only.

MAG

GOLD: 13 medals presented to the first place winner in the All-Around Competition, to the first place finisher in each event, and to the members of the first place men's team.

SILVER: 13 medals presented to the second place winner in the All-Around Competition, to the second place finisher in each event, and to the members of the second place men's team.

BRONZE: 13 medals presented to the third place winner in the All-Around Competition, to the third place finisher in each event, and to the members of the third place men's team.

WAG

GOLD: 11 medals presented to the first place winners in the Team Final and the Individual All-Around Final, and to the first place finisher in each Apparatus Final.

SILVER: 11 medals presented to the second place winners in the Team Final and the Individual All-Around Final, and to the second place finisher in each Apparatus Final.

BRONZE: 11 medals presented to the third place winners in the Team Final and the Individual All-Around Final, and to the third place finisher in each Apparatus Final.

12. COMPETITION UNIFORM

MAG

Competition uniforms must follow GymCan/FIG rules. For the Team Final, members of the same team and individual gymnasts of the same Province/Territory must wear matching singlet, longs/shorts.

For all medal ceremonies, the official track suit provided by the Provincial/Territorial team must be worn.

WAG

Competition uniforms must follow GymCan/FIG rules. For the Team Final, members of the same team and individual gymnasts of the same Province/Territory must wear a body suit that is uniform and of the same colour(s). For All-Around (CI) body suit choice may be at the discretion of the Province/Territory.

For all medal ceremonies, the official track suit provided by the Provincial/Territorial team must be worn.

Provincial/Territorial team colours must be worn. Additional information on each Provincial/Territorial team's colours can be found in Appendix C of the CGC's [P/T Team Uniform and Sponsorship Policy](#).

13. EQUIPMENT

Provinces/Territories must only use the equipment provided by the official supplier. They are not permitted to bring their own boards or other equipment.

14. PROTEST & APPEALS

14.1. Canada Games Council Appeal Policy

Appeals relating to the Artistic Gymnastics Technical Package or any decisions made by the CGC will be made in accordance with the CGC's [Appeal Policy](#).

14.2. Competition Protests

MAG & WAG: as per technical regulations in place at the time of Games.

15. **ANTI-DOPING**

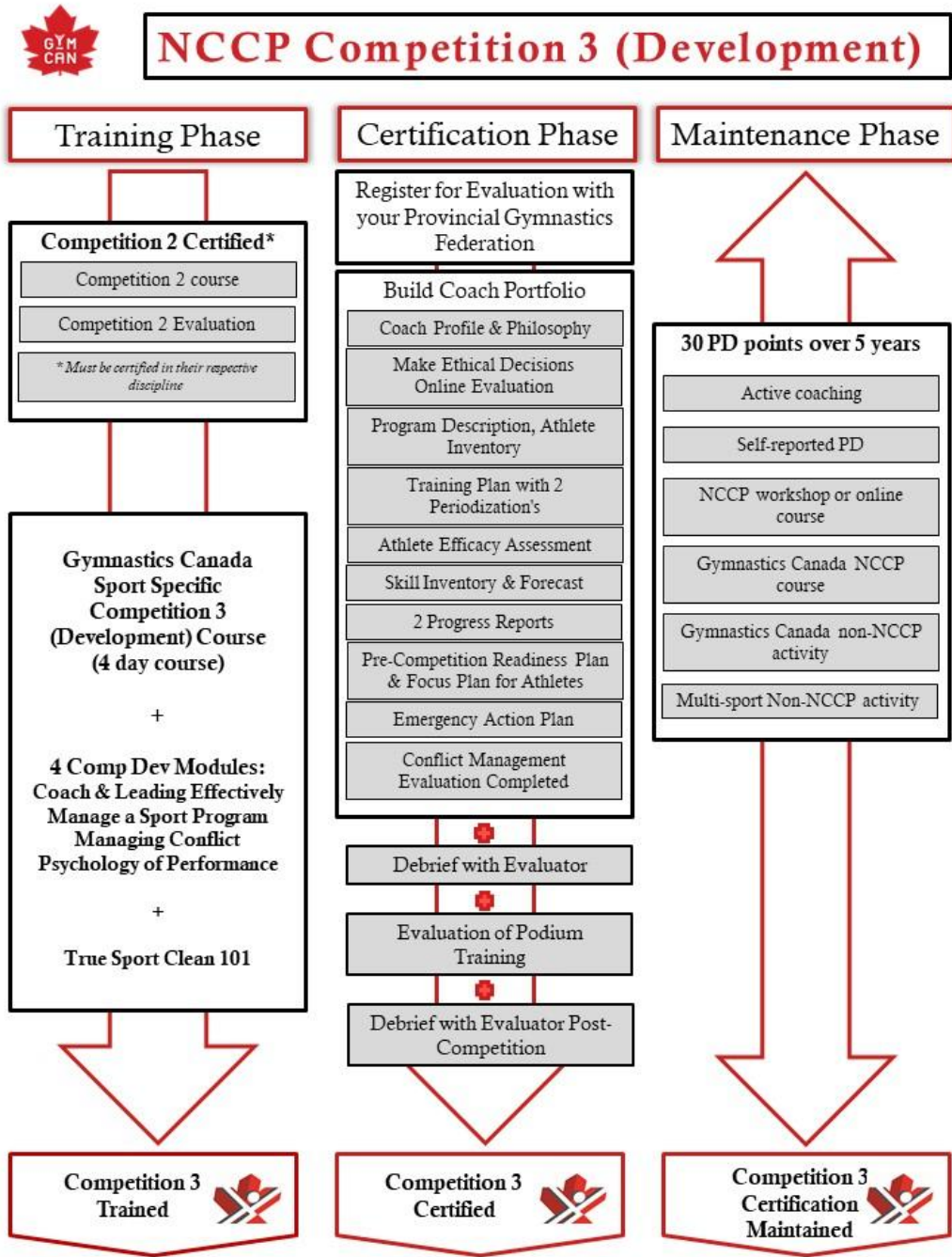
The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

16. **APPENDICES**

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines
- APPENDIX 3 - Age Dispensation
- APPENDIX 4 - Sport Scoring

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS



For more information on the Coach Certification requirements and the Transfer of Qualifications, please consult the Gymnastics Canada website [here](#).

APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

To be confirmed by Gymnastics Canada.

APPENDIX 3 - AGE DISPENSATION

The decision to set the minimum ages for participation in the Canada Games was made in the best interest of the young competitive gymnasts across Canada and is based on the following rationale:

1. Two of the main goals of the Canada Games are to foster participation from across the country and to contribute to the development of high performance athletes.
2. The Canada Winter Games competition is classified as a “junior” level competition by Gymnastics Canada and the Canada Games Council.
3. To encourage nationwide participation, Gymnastics Canada did not select a specific age category but chose to use a minimum age. This minimum age is intended to protect very young athletes from possible physical, psychological and/or emotional harm that could occur by competing at the Games.
4. The minimum age requirement is aligned on the minimum age set by the international gymnastics governing body (FIG) for junior competition.
5. The overall consensus of coaches and managers who attended past Canada Games is that it is the most challenging gymnastics competition in Canada for young athletes in terms of level, intensity and atmosphere. The multi-sport nature of this event, combined with the atmosphere and social reality of an “athlete’s village” and the wide range in age of all the athletes (up to 25 years of age depending on the sport) add to the pressure experienced by the athletes.

Gymnastics Canada does not currently require athletes to meet any performance standard to participate in the Canada Games. For this reason, the CGC has requested that a process be put in place to provide a dispensation from the minimum age. This process supersedes the Technical Package.

The current process to review exceptional cases has been in place since the mid-nineties. It will be in effect for the 2023 Canada Winter Games.

If your Province/Territory wishes to request a special dispensation from the minimum age requirement for an athlete, the following documents must arrive at the Gymnastics Canada national office no later than **January 5, 2023**.

1. A letter of support from the respective Provincial/Territorial Gymnastics Association.
2. A letter of support from the respective Chef de Mission for the 2023 Canada Winter Games.

3. A letter from the athlete's coach and a letter from the athlete's doctor confirming that the athlete is at the appropriate level of physical and mental development to handle the level and intensity of the Canada Games competition.
4. A waiver signed by the athlete's parents or guardians saving harmless GymCan and the Canada Games Council from any injury which might result from the athlete competing against older athletes. The blank waiver is attached.
5. Recent competition results demonstrating that the athlete has obtained results comparable or superior to those of the age eligible athletes which have been selected to the respective WAG/MAG team for the Games.

Please note that the respective Program Managers will review applications. The dispensation will be granted only if all the conditions have been met. The decision is final and will be communicated to the applicant within 7 working days of receipt of **all** the above documents.

TO: Gymnastics Canada

AND TO: Canada Games Council

WAIVER NOTICE AND FULL AND FINAL RELEASE

I acknowledge that participation in the event of artistic gymnastics carries with it potential hazards and I confirm that _____ is physically fit to participate in Artistic Gymnastics at the Canada Games and has trained specifically for this purpose.

I hereby RELEASE and FOREVER DISCHARGE GYMNASTICS CANADA and the CANADA GAMES COUNCIL, their Directors, Officials, Coaches and their other employees, servants or agents on behalf of myself and _____ from any and all responsibility and liability for injuries sustained by her/his participation in the Canada Games and hereby agree to assume full and complete responsibility for any injuries sustained by her/him during such participation.

I hereby waive any rights I and _____ may have to institute or prosecute an action or make any claim for damages or compensation against the said GYMNASTICS CANADA and CANADA GAMES COUNCIL, their Directors, Officials, Coaches and their other employees, servants or agents, as a result of any injuries she/he may suffer.

Dated at _____ this ____ day of _____ 202__.

Signature of Witness

Signature of Parent or Legal Guardian

Name (print) of Witness

Name (print) of Parent or Legal Guardian



CERTIFICATE OF INDEPENDENT LEGAL ADVICE

I hereby declare that I have been consulted by _____ (parent/guardian of athlete) as to the rights that he/she is releasing by taking the following action, namely entering into the above waiver Notice and Full and Final Release; that I have advised him/her fully as to the effect of the said action and he/she understands the nature and effect of executing the above Waiver Notice and Full and Final Release and I hereby further declare that I have given this advice to the said _____ as solicitor for him/her and his/her child _____ and in his/her interest and that of _____ only in connection with this matter.

Signature of Solicitor

Name (print) of Solicitor

APPENDIX 4 - SPORT SCORING

MEN'S ARTISTIC

Team Competition

The teams will be ranked from 1st to 13th based on their results in Competition I – Team Competition. The following sport scoring points will be awarded to the teams based on their ranking.

Place	Points	Place	Points
1	75	7	45
2	70	8	40
3	65	9	35
4	60	10	30
5	55	11	25
6	50	12	20
		13	15

Individual All-Around Final

At the conclusion of the Individual All-Around competition, the 36 gymnasts will be ranked from 1st to 36th based on their results.

Note: In fairness to all Provincial/Territorial teams, only the top three (3) gymnasts per team will contribute points to the team total in the Individual All-Around Final even if the team has more than three (3) gymnasts competing in the Individual All-Around Final.

Place	Points	Place	Points
1	36	19	18
2	35	20	17
3	34	21	16
4	33	22	15
5	32	23	14
6	31	24	13
7	30	25	12
8	29	26	11
9	28	27	10
10	27	28	9
11	26	29	8
12	25	30	7
13	24	31	6
14	23	32	5
15	22	33	4

16	21	34	3
17	20	35	2
18	19	36	1

Individual Event Finals: Based on the Individual Event Finals results (for each event)

Floor

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Vault

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Pommel Horse

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Rings

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Parallel Bars

Place	Points	Place	Points
1	8	5	4
2	7	6	3

3	6	7	2
4	5	8	1

Horizontal Bar

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

WOMEN'S ARTISTIC

Team Competition

The teams will be ranked from 1st to 13th based on their results in Competition I – Team Competition. The following sport scoring points will be awarded to the teams based on their ranking.

Place	Points	Place	Points
1	75	7	45
2	70	8	40
3	65	9	35
4	60	10	30
5	55	11	25
6	50	12	20
		13	15

Individual All-Around Final

At the conclusion of the Individual All-Around competition, the 36 gymnasts will be ranked from 1st to 36th based on their results.

Note: In fairness to all Provincial/Territorial teams, only the top three (3) gymnasts per team will contribute points to the team total in the Individual All-Around Final even if the team has more than three (3) gymnasts competing in the Individual All-Around Final.

Place	Points	Place	Points
1	36	19	18
2	35	20	17
3	34	21	16
4	33	22	15
5	32	23	14
6	31	24	13

7	30	25	12
8	29	26	11
9	28	27	10
10	27	28	9
11	26	29	8
12	25	30	7
13	24	31	6
14	23	32	5
15	22	33	4
16	21	34	3
17	20	35	2
18	19	36	1

Individual Apparatus Finals: Based on the Individual Apparatus Finals results (for each apparatus)

Vault

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Uneven Bars

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Beam

Place	Points	Place	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

Floor

Place	Points	Place	Points
1	8	5	4

2	7	6	3
3	6	7	2
4	5	8	1