



**Call for Applications  
to Host:  
2023 and 2024 BC  
Gymnaestrada**

**March 2022**



Gymnastics BC is seeking proposals from GymBC full member clubs interested in being the club host for the 2023 and 2024 BC Gymnaestrada.

Gymnaestrada is a unique form of participation in gymnastics. It is a celebration of Gymnastics For All that is non-competitive, and includes a variety of performance, games and sport activities, with or without apparatus. It is inclusive – participants of all ages, skill levels and those with physical or developmental disabilities are welcomed.

The main purpose of Gymnaestrada is mass participation in gymnastics. The goals of Gymnaestrada are to promote and encourage the growth of Gymnastics For All, inspire and encourage joy in exercise and lifelong love of activity, and to demonstrate the development of its participants.

## About BC Gymnaestrada

The BC Gymnaestrada is held each spring and is the largest recreational gymnastics event in British Columbia. Offering workshops, performance opportunities and fun, it is a two or three-day event attended by 500 or more participants from throughout B.C. Additionally, groups from other provinces have been known to participate in this special event.

The BC Gymnaestrada offers a unique opportunity for full member clubs to be actively involved in planning and coordinating this weekend event. In addition to helping grow and enhance the event, the BC Gymnaestrada may benefit your club by:

- Raising your profile amongst gymnastics providers;
- Showcasing your club and community;
- Establishing a collaborative relationship with Gymnastics BC; and
- Raising funds for your club.

New ideas and initiatives are encouraged to continue to expand the scope of the BC Gymnaestrada.

Hosting is a 50/50 format; Gymnastics BC manages the organization of the BC Gymnaestrada in conjunction with the club host. In order to plan and execute a successful BC Gymnaestrada, host clubs should be:

- Highly organized and cooperative;
- Willing to collaborate with Gymnastics BC;
- Able to dedicate 10-11 months of planning leading up to the event;
- Participation focused;
- Passionate about recreational gymnastics and the Gymnastics For All philosophy; and
- Able to assemble and manage a team of parent and/or community volunteers and committee members

## Budget

BC Gymnaestrada expenses such as facility rental, honorariums, audio/visual support and administration will be recovered through registration and sponsorship. Community and event grants may also be included in the budget. During a 'typical year' (ie. pre-COVID), host clubs have earned between \$11,000 and \$17,000 on the event.



## Proposed Dates

### 2023

- May 12-14, 2023
- May 26-28, 2023 (preferred)

### 2024

- May 10-12, 2024
- May 24-26, 2024 (preferred)

Based on the proposal, the event may take place over two or three days (Friday, Saturday and Sunday).

## Requirements

Please see Appendix A for BC Gymnaestrada hosting requirements.

Detailed hosting information can be found in the Gymnaestrada Hosting Guide. Please contact Keara ([kurquhart@gymbc.org](mailto:kurquhart@gymbc.org)) for more information.

## Submitting a Proposal and Deadline

Proposals may be completed using the application form: <https://activitymessenger.com/p/1ZqMrOc>

The deadline to submit completed applications is: **Friday, April 22 at 4:00 p.m.**

## Contact Information

Please direct all responses and/or any questions to:

Keara Urquhart  
Recreation Program Manager

Gymnastics BC  
268-828 West 8th Ave  
Vancouver, BC V5Z 1E2  
604-333-3494  
[kurquhart@gymbc.org](mailto:kurquhart@gymbc.org)

Call for 2023 and 2024 BC Gymnaestrada club host



## Appendix A ~ Requirements

Items	Description
Facility	<ul style="list-style-type: none"> <li>• Large facility capable of accommodating performance, rehearsal session and <u>at least</u> six workshops with 40+ athletes in each.</li> <li>• Seating for a minimum of 1000 spectators for the Gymnaestrada performances. If the venue itself does not meet the minimum, then there should be enough space to bring in temporary seating.               <ul style="list-style-type: none"> <li>○ While it is understood that not all venues can accommodate seating exclusively in front of the performance area (ie. no seats facing the back or sides of the mat), this is the preferred configuration.</li> <li>○ Spectator views should be unobstructed. This means that pillars, sideboards, netting, etc. should not block the view of the performance floor.</li> </ul> </li> <li>• Two additional rooms available for hospitality (ie. coaches, volunteers) and meetings in venue.</li> <li>• Sufficient parking in proximity to the venue to accommodate all spectators.</li> <li>• A facility exclusively available for the Gymnaestrada dates (no other programming).</li> <li>• Time available for set-up and take-down.</li> </ul>
Equipment	<ul style="list-style-type: none"> <li>• 40x40 non-sprung performance floor.</li> <li>• Provision of other small pieces of equipment for routines (mini-tramps, trapezoid boxes, spotting blocks, crash mats, beat boards, etc.)</li> <li>• 4 strips minimum (7-8 preferred) of additional non-sprung floor or similar adequate matting for performance day warm-up.</li> </ul>
Accommodations	<ul style="list-style-type: none"> <li>• It is necessary that there are enough accommodation options in the vicinity of your club/facility that meet the following criteria:               <ul style="list-style-type: none"> <li>○ 100 – 150 rooms (preferably with 2 beds) in close proximity to the venue</li> <li>○ Inclusive breakfast preferred</li> <li>○ Competitive rates</li> </ul> </li> </ul> <p>There is no need to secure room blocks in advance of the proposal submission.</p>
Other	<ul style="list-style-type: none"> <li>• Regularly scheduled organizational phone meetings with GymBC staff:               <ul style="list-style-type: none"> <li>○ Biweekly meetings starting 7 months prior to the event</li> <li>○ Weekly meetings starting 2 months prior to the event</li> </ul> </li> </ul>

Detailed hosting information can be found in the Gymnaestrada Hosting Guide. Please contact Keara ([kurquhart@gymbc.org](mailto:kurquhart@gymbc.org)) for more information.

**Note:** If you are interested in hosting the event, but do not meet all the above requirements, please contact GymBC to discuss.