



2020 BC Games Gymnastics Technical Package

Updated July 20, 2019

Venue: North Peace Secondary, 9304 86th Street, Fort St John

Date: February 20-23, 2020

1. Delegation

The Zone delegation consists of the following:

- Up to 10 athletes (MAG and WAG)
- Up to 3 coaches (MAG and WAG)

2. Athletes

A maximum of 96 athletes will be permitted to attend the Games. Each zone is permitted to bring:

- 3 WAG athletes – JO 7
 - 3 WAG athletes – JO 8
 - 4 MAG athletes – Level 3 rules
 - Wildcards – 8 WAG wildcards, 8 MAG wildcards
- All athletes must be registered with Gymnastics BC as competitive members.
 - Athletes must represent the Zone where they reside. It is up to each club to ensure that their athletes are registered correctly for trials.
 - Athletes who are injured prior to the Games and are therefore unable to compete on all apparatus, are required to forfeit their position on the team. The athlete will be replaced by the zone reserve athlete.

Eligibility to attend BC Games a second time:

Athletes can only attend BC Games once, unless they meet the following criteria:

- Male athletes from zones that have had consistent difficulty filling their teams (zones 1-2-6-7-8) can attend BC Games a second time if they are demonstrating development through the long term athlete development pathway, in other words, if they are registered with GBC in a higher category than in the year of the Games they attended (for example, registered with GBC in the Provincial 3 category in 2018, and registered in Provincial 4 in 2020). Priority must be given to athletes who are attending for the Games for the first time.
- Female athletes who competed in previous Games in the JO 7 category are eligible to attend a second BC Games in the JO 8 category.

- Male or Female athletes who have attended their first BC Winter Games as a wildcard can participate in a second BC Winter Games provided they legitimately qualify as a team member.
- In all cases, priority must be given to male or female athletes who are attending their first BC Winter Games.

Zone Trial and BC Games Registration

Zone Responsibility:

The entire selection process of zone athletes and coaches is the responsibility of the zone.

Under the guidance of the Zone BC Games Rep, each zone must:

- Develop a written and fair selection process (which must include provision to separate ties)
 - Determine the date of the trial (in collaboration with neighboring zones, if needed)
 - Organize and run the trial event
 - Officially name their team athletes and coaches and provide registration information for all team members
 - Ensure that the team athletes have similar bodysuits/singlets for the team competition.
- The zone must ensure a fair process for selection of athletes and coaches. The written selection process for athletes and coaches must be circulated to zone clubs prior to the trial. The selection process must include a tie breaking process (for example: 2 athletes are tied for the last spot on the team). It must also include provisions in case of an injury to a team member after the trial and before BC Games.
 - Following the trials, the Zone rep (or zone trial host) must draw up the list of Zone Team members (athletes and coaches) as well as possible wildcards athletes and additional coaches in ranked order. Once approved by the zone, the list must be shared with all zone clubs, Provincial Advisor and GBC Technical Director within the set deadline. The zone rep must also complete the registration in the BC Games registration database and confirm transportation information with each member.
 - **All zone trials must be completed by January 12, 2020.** Zones will need to submit their team members (athletes, coaches, managers and chaperones), possible wildcards and extra coaches (listed in ranked order) to GBC by **January 15, 2020.**
 - For BC Games, athletes must be registered in the zone where they reside (not the zone of the club). It is up to each club to ensure that their athletes are registered correctly for trials.
 - Athletes must compete in the category that they want to qualify for BC Games.
 - If the number of athletes in a given category is equal or less than the number of spots allowed/available on the team, it is not mandatory for the zone to host a trial. For example, if a zone has only three age-eligible MAG athletes, they are encouraged to organize a competition for the athletes, but it is not mandatory.
 - If a zone has athletes or coaches eligible to be named as wildcards, they MUST be registered in the BC Games database at the same time as other zone team members.

3. Coaches/Managers

A total of 24 coaches / managers will accompany teams. Each zone may send:

- 1 coach / manager – WAG JO 7
 - 1 coach / manager – WAG JO 8
 - 1 coach / manager – MAG
 - GBC can request with the BC Games Society that zones that have wildcards athletes be allowed to bring an additional coach for safety reasons. Approval by BC Games is not guaranteed.
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- Each zone must determine the selection process for team coaches before its trial.
 - All coaches must be NCCP Level 2 or Competition 1 certified.
 - If a zone has male and female athletes, it must send at least one male and one female coach or chaperone. The coaches / chaperones are responsible for chaperoning athletes of the same gender, regardless of the category.
 - All registered coaches (3 coaches per zone plus additional coaches, if applicable) are allowed on the field of play (FOP) during warm up. Only two coaches per zone are allowed on the FOP once competition starts (tag coaching is allowed).
 - **Extra coaches:** Zones must register their coaches, managers and chaperones in ranked order in the BC Games database. If extra spots become available, only those individuals registered in the BC Games database can be considered. Priority will be given to zones that have been granted wildcard spots. It is up to the zones to request extra spots.

3. Women's artistic gymnastics

3.1 Eligibility

Age: Athletes born 2005 - 2010

Competition format: Team and All Around competition (Day 1); Apparatus Finals (Day 2)

- All age eligible athletes registered as competitive members in the JO 5 to 8 categories or Aspire program are eligible.
- Athletes can compete at the zone trials and at the BC Games without affecting their category for the remainder of the season, with the following exception. If an athlete plans to compete at BC Championships in JO 8 or Aspire 2, she must compete at trials and at BC Games in JO 8. Athletes registered at the Games in JO 7 will not be allowed to compete at BC Champs in either JO 8 or Aspire 2. **This rule will be strictly enforced.**
- **Wildcards:** 8 wildcards are available for WAG. Priority will be given to JO 8 athletes. Wildcards will be allocated by comparing the All Around scores at trials of JO 8 athletes who have not qualified as a zone team member. Zones that have potential wildcard athletes and coaches **MUST** register them in the BC Games Database at the same time as other zone team members.

Zones that do not have athletes registered in JO 8 or Aspire

To assist our outlying zones that do not have age-eligible JO 8 athletes, BC Games has accepted the following change in the rules: if a zone does not have enough age-eligible JO 8 athletes registered to fill its three-member team (i.e. if between all clubs within a zone there are not three age eligible athletes registered in the L8 category):

- The zone will be able to register up to three additional athletes in the JO 7 category. Zones will need to request permission from the provincial advisor.
- The provincial advisor will review the circumstances and notify them of approval. Example: A zone has in total one athlete in JO 8 and five athletes in JO 7. The zone could name their JO 8 athlete to the team and request that two additional JO 7 athletes be allowed to compete in the JO 7 category.

3.2 Competition format

Day 1 – Team competition and All Around competition

- All athletes compete in their respective category (JO 7 or JO 8), including wildcards.
- Team: the top 4 scores on apparatus to count towards the team total.
- Equipment as indicated in the BC JO document for the current season.
- Competition order will be determined by GBC.

Day 2 – Apparatus Finals

- Top eight athletes on each apparatus according to day 1 ranking
- Up to two additional athletes on each apparatus for zone representation:

To ensure participation of all athletes in the apparatus finals, two additional gymnasts may compete on one apparatus for which they have not qualified in top eight. This is done to ensure all athletes compete on at least one apparatus on day 2 (unless ill or injured). The coach of these athletes will be consulted to determine each athlete's best or second best apparatus to compete in finals. The Provincial Advisor is in charge of determining finalists on each apparatus.

4. Men's artistic gymnastics

4.1 Eligibility

Age:	Athletes born 2005- 2010
Competition format:	Team and All Around (Day 1) and Apparatus Final (Day 2)
Competition rules:	Canadian Provincial Pathways Level 3

- All age eligible athletes registered as a competitive member in the Canadian Levels or Elite programs.
- Athletes can compete at the zone trials and at the BC Games without affecting their category for the remainder of the year.
- **Wildcards:** Eight wildcards are available for MAG. Wildcards will be allocated by comparing the All Around scores at the trial event of athletes who have not qualified for their zone team. Zones that have potential wildcard athletes and coaches **MUST** register them in the BC Games Database at the same time as other zone team members.

4.2 Competition format

Day 1 – Team and All Around competition

- All athletes compete, including wildcards.
- Team: Top three scores on each apparatus to count towards the team total.
- Equipment as indicated in the GCG Provincial Pathways Document for the current season.
- Competition order will be determined by GBC.

Day 2 – Apparatus Finals

- Top eight athletes on each apparatus according to day 1 ranking.
- Up to two additional athletes on each apparatus for zone representation:

To ensure participation of all athletes in the apparatus finals, two additional gymnasts may compete on one apparatus for which they have not qualified in the top eight. This is done to ensure all athletes compete on at least one apparatus on day 2 (unless ill or injured). The coach of these athletes will be consulted to determine each athlete's best or second best apparatus to compete in finals. The Provincial Advisor is in charge of determining finalists on each apparatus.

5. Awards

The minus-one rule will be implemented (for all BC Games sports). This means that where there are four or more competitors or teams, bronze, silver and gold medals will be awarded; when there are three competitors or teams, silver and gold medals will be awarded.

Team Awards: BC Games medals (Gold, Silver, Bronze)
All Around and Apparatus Finals: BC Games medals (Gold, Silver, Bronze)
GBC ribbons (4th to 6th positions)

6. Uniforms

For the team competition, all athletes from a zone (excluding wildcards) must wear identical bodysuit / singlet, shorts and longs. Wildcards can wear their zone or their club's uniform. The suits (bodysuit, singlet, shorts and longs) need not be zone colours. It is the responsibility of each zone to determine their zone's uniform. For the apparatus final (day 2), athletes may wear their zone or club bodysuit or singlet.

Tracksuits need not be identical.

7. Accommodation and travel

All coaches, managers, chaperones and athletes are required to travel using BC Winter Games transportation and stay in BC Games accommodations, even if they live near the venue.



2020 BC Games - Draft Schedule (as of July 10, 2019)

FRIDAY, FEBRUARY 21, 2020

Session 1: WAG – Team and All Around Competition – JO 7

Coaches' meeting	8:55
General warm-up	9:10 – 9:25
Judges' meeting	8:30
March-in and competition	9:30 – 12:00

Session 2: WAG – Team and All Around Competition – JO 8

Coaches' meeting	12:30
General warm-up	12:40 – 12:55
March-in and competition	13:00 – 15:30

(Coaches Meeting to confirm finalists) 15:30

WAG Team and AA Medal Presentation: 15:40 – 15:50

(Equipment switch)

Session 3: MAG – Team and All Around competition

Coaches' Meeting	16:15
Warm-up	16:30 – 16:55
Judges' Meeting	16:00
March in and competition	17:00 – 20:00

(Coaches Meeting to confirm finalists) 20:00

MAG Team and AA Medal Presentations: 20:15 – 20:30

SATURDAY, FEBRUARY 22, 2020

**Session 4: WAG – Apparatus Finals (V, FX)
 MAG – Apparatus Finals (PH, Ring, HB)**

Coaches' meeting	9:00
Judges' meeting	9:00
General warm-up	9:00 – 9:25
March-in and competition	9:30 – 11:30

(Equipment switch)

**Session 5: WAG – Apparatus Finals (UB, BB)
 MAG – Apparatus Finals (FX, V, PB)**

General warm-up	13:00 – 13:25
March-in and competition	13:30 – 15:30

MAG and WAG Medal Presentations: 15:30 – 16:00

SUNDAY, FEBRUARY 23, 2020

Activity to be confirmed	9:00 – 12:00
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