



2024 TG ATHLETES CAMP - WHISTLER

August 16-18, 2024

(Trampoline and DMT ONLY)

Bulletin #1 - June 2024



GYMNASTICS BC

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HOST TRAINING CENTRE

Whistler Gymnastics Club
1090 Legacy Way, Whistler

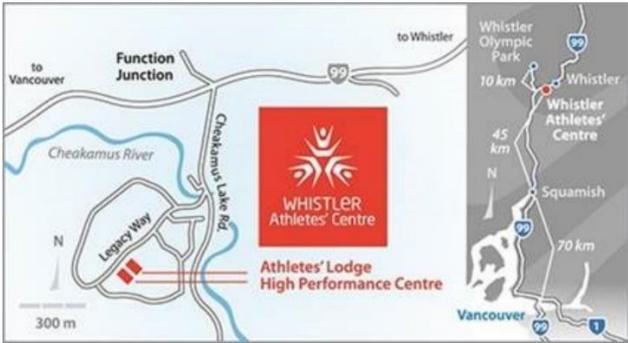
Whistler Athletes Centre
1080 Legacy Way, Whistler

WEBSITE LINK

<https://www.gymbc.org/events/events-calendar/>

EVENT INFORMATION

CAMP DATES	<p>August 16-18, 2024</p> <p>A tentative schedule can be found on pages 4-5 of this Bulletin.</p>
CLINICIANS	<p>It is with great pleasure that this camp is able to welcome two outstanding and energetic coaches.</p> <p>Antoine Vallières Antoine is the head coach of the TG program at Dynamix in Quebec. He has been a Team Canada Coach for 24 international events, and is currently on the TTPC for Gym Can.</p> <p>In addition to coaching athletes, Antoine is also passionate about coach development. He is a Learning Facilitator for Foundations, C1, C2, C3 and C4. He is also the lead author and MCD for the new NCCP Comp1 -Comp 3 GymCan courses. He is also a National Brevet Judge on all events.</p> <p>Antoine is looking forward to joining us in Whistler and sharing his knowledge and passion for the sport of trampoline gymnastics.</p> <p>Curt DeWolff Curt enjoyed a very lengthy career as a competitive athlete before making the move to coaching.</p> <p>His athletes have had great success on the international stage, attending World Age Group Competitions, World Championships and World Games. These successes are highlighted by Tamara O'Brien's Silver Medal win at the 2017 World Games. The 2023 World Cup in Portugal, where Gabby Flynn won a gold medal on DMT, and teammate Hannah Brown came in 4th. Curt continues to inspire and motivate athletes to do their personal best.</p>
EVENT SUPPORT TEAM	<p>Registration Support: Sandra Poelzer (spoelzer@gymbc.org) On Site Support: Jill Drake Whistler Camp Coordinator & Facility Manager: Tanya Liquorish</p>
REGISTRATION	<p>On-Line Registration Only - Levels 6, 7, Junior & Senior Level 5 may be added at a later date if space is available</p> <p>Online Registration forms for Athletes and Coaches (linked here) are found on Activity Messenger.</p> <p>Registration Opens: Monday, June 24 – 8 a.m. Registration Deadline: Monday, July 8 – 11:59 p.m.</p>
WAITLIST	<p>Maximum number of registrants: Athletes – 27</p>

	<p>Coaches - open</p> <p>If the maximum registration numbers are hit, a waitlist will be in place should openings become available. Please email tg@gymbc.org to be added to the waitlist.</p>
<p>ATHLETES REGISTRATION PACKAGE Fees & Details</p>	<p>Cost: \$532 (payment by credit card through Activity Messenger OR e-transfer to accounting@gymbc.org are accepted)</p> <p>Included in your registration package:</p> <ul style="list-style-type: none"> • 2 nights in shared accommodations • 2 catered breakfasts • 2 catered lunches • 1 catered dinner (2nd dinner Pizza) • Snacks each day • All training sessions • Extra activities (TBC)
<p>COACHES REGISTRATION PACKAGE Fees & Details</p>	<p>Club coaches are encouraged to join in this amazing opportunity.</p> <p>Cost: \$294 (payment by credit card through Activity Messenger OR e-transfer to accounting@gymbc.org are accepted)</p> <p>Included in your registration package:</p> <ul style="list-style-type: none"> - 2 nights IN shared accommodation (single rooms upon request, if available – for an additional fee (\$390 for the weekend). Request must be sent to Sandra, spoelzer@gymbc.org well in advance of the camp) - 2 catered breakfasts - 2 catered lunches - 1 catered dinner (2nd dinner TBC) - Canadian Sport Institute Targeted Training Program for athletes <p>NOTE: coaches wishing to participate in the off-site activity MAY be asked to cover their own costs. Dinner in the Whistler Village is at the individual's expense.</p>
<p>ACCOMMODATIONS</p>	<p>Whistler Athletes Village 1080 Legacy Way, Whistler (604) 964-0052 (24 hours) Website: www.whistlersportlegacies.com</p>  <p>Athletes Centre - Two people sharing</p>

	<p>Each room has 2 single beds, all bed linens, bedside tables and lamps, clothing cabinets, complimentary WiFi, and radiant temperature control. Two rooms share a large, accessible bathroom.</p> <p>Wherever possible, athletes will be partnered with someone from their own club or similar in age. Changes may only be made with PRIOR approval. Please email Sandra - spoelzer@gymbc.org with any inquiries.</p> <p>You may wish to bring extra towels and flip flops for the shower. There will be other user groups in the residence so plan appropriately when moving between your room, the showers and the building.</p> <p>Reception desk available from 7:00am - 11:00pm daily</p>
MEALS	Meals will be served in the Whistler Athletes Village dining room.
ARRIVAL/DEPARTURE	<p>All Registered Participants</p> <p>Arrival: Friday, August 16th (12 p.m.) Departure: Sunday, August 18th (5:30 p.m.)</p>
OFF-SITE ACTIVITY (TBC)	<p>An organized activity MAY be planned for each day. If an activity is scheduled, all athletes are expected to participate. All off-site activities will be adult supervised. Costs for the athletes to participate in off-site activities are included in the camp registration fees.</p> <p>Coaches are not required to attend. However, if a coach decides to partake, additional fees may apply.</p> <p>Volunteer drivers may be required.</p>
REFUNDS	<p>Should you need to withdraw your registration from the camp, please email Sandra - spoelzer@gymbc.org to request a refund.</p> <p>A medical certificate must be provided for all athletes withdrawing from the camp.</p> <p>A \$10 administration fee will be withheld for any participant withdrawing from the camp.</p> <p>Request for refunds will only be accepted until Friday, August 2, 2024. After this date, no refunds will be issued.</p>
TECHNICAL INFORMATION	
L6 / JR L7 / SR	<p>Athlete levels permitted to take part in camp – L6/JR/L7/SR</p> <p>Athletes MUST have competed NATIONAL Level 6, Junior, Level 7 or Senior in trampoline and/or DMT during the 2023-2024 competitive season to participate in the camp.</p>

TENTATIVE SCHEDULE (TBC)			
	Friday, August 16	Arrival	12:00pm
		Lunch	12:30-1:00pm
		Training in Gym and Canadian Sport Institute	1:00-4:00pm
		Open Training	4:00-5:00pm
		Party, Games & Outing	5:00-10:00pm
	Saturday, August 17	Breakfast	8:30-9:00am
		Training in Gym	9:00 am-1:00pm
		Lunch	1:00-1:30pm
		Lake Games	1:30-3:30pm
		Training in Gym	4:00-7:00pm
		Dinner	7:00-7:30pm
		Whistler Village	7:30-10:00pm
	Sunday, August 18	Breakfast	8:30-9:00am
		Training in Gym & Canadian Sport Institute	9:00am-12:30pm
		Lunch	12:30-1:00pm
		Rest/Walk to train wreck	1:00-2:00pm
	Open Training	2:00-5:00pm	
	Snacks, Prizes and Wrap-up	5:00-5:30pm	