

2025 Artistic and Trampoline GymBC Championships

Co-Hosted by Flip City Gymnastics Club and Gymnastics BC

Event Workplan #2 – Finalized Details & Schedule

Please note highlighted changes and additions.



Dates: April 4–6, 2025 **Location:** North Surrey Sport and Ice Complex - 10950 126A St, Surrey, BC V3V 0E5

Event Website - Workplans, schedules, and other event information will consistently be updated on the event website.

HOST CONTACT INFORMATION

Flip City Gymnastics Club

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MEDIA INFORMATION

Social Media

Instagram: @gymnasticsbc || @flipcitygymnasticsclub

Facebook: Gymnastics BC || Flip City Gymnastics Club

Please Use Hashtags: #GymBCChamps2025 #GymBCxFlipCity

Media Contact

For press releases, news coverage, and other media inquiries, please email: communications@gymbc.org.

THANK YOU TO OUR EVENT PARTNERS



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ADMINISTRATIVE INFORMATION

Fees & Deadlines

| Discipline | Category | On/Before March 2 | March 3-6 | March 7-9 |
|--|---|-------------------|-----------------|-----------------|
| Artistic & TG | Athlete | Deadline Passed | Deadline Passed | Deadline Passed |
| Artistic & TG | Coach | | \$10 per event | \$10 per event |
| TG | Additional Events | | Deadline Passed | |
| WAG CCP 7-10 | Apparatus Finals | | Deadline Passed | |
| Registration ended on March 9, 2025. Absolutely no late entries will be accepted. | | | | |
| WAG CCP 6-7 Qualifying Scores | Clubs must submit qualifying scores for any registered CCP 6 & 7 athletes who have competed (or will compete) and have qualified after the registration deadline. Qualifying scores must be sent to events@gymbc.org and must include the athlete's full name and date of birth . Failure to submit qualifying scores by March 17, 2025 will result in an automatic removal of the athlete from the competition. For more information on this, click here . | | | |

Registration Information

| Artistic Gymnastics | Trampoline Gymnastics |
|---|---|
| Click here to access the Kscore registration website. | Click here to access the Sportzsoft registration website. |

Music

Floor music for WAG athletes **must** be submitted on Kscore with registration.

Upcoming Deadlines

| | |
|----------------|--|
| March 9, 2025 | Final registration deadline for all categories |
| March 16, 2025 | TG changes and corrections due |
| April 3, 2025 | Deadline to submit a request for a refund |

Payment of Fees

Invoices will be sent to clubs. Payment can be made via credit card (transaction fees apply), by E-transfer (include invoice number and club name) to accounting@gymbc.org, or by cheque payable to Gymnastics BC.

Refunds and Withdrawals

To request a refund, complete the [Request for Refund Form](#).

- Athlete withdrawals after **March 2, 2025**, require a medical certificate, and a \$15 administration fee will be withheld.
- Coach withdrawals do not require a medical certificate, and no fees will be withheld.
- No refunds will be issued after **April 3, 2025**, except under special circumstances approved by GymBC.

Club Declaration of Compliance

To participate, each club must submit a signed [Declaration of Compliance](#) form by **Friday, March 28, 2025**. By signing, the club confirms that all athletes have signed the GymBC waiver and that media release forms have been collected from participants, granting GymBC and Flip City Gymnastics permission to share media during and after the event. Any questions may be sent to events@gymbc.org.

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Venue Information

[Click here](#) for various information of what the North Surrey Sport and Ice Complex offers. There are a limited number of parking stalls at the North Surrey Sport & Ice Complex; however, additional nearby street parking is available as well as a paid parking lot located at the Scott Road Skytrain Station. The closest sky train station to the venue is Scott Road Station. Plan your trip [online here](#).

Accreditation

All athletes, coaches, judges, vendors, and any recognized VIP personnel must pick up their accreditation badge from the accreditation table before attending the event.

Admissions

Tickets are available for pre-purchase online, or at the door. Buy early to save! **Pre-purchase tickets online [through this link](#)**

| Type | Pre-Purchase | | Event Pricing | |
|-------------------------------|--------------|--------------|---------------|--------------|
| | Day Pass | Weekend Pass | Day Pass | Weekend Pass |
| Adult (\$18+) | \$23 | \$40 | \$25 | \$45 |
| Child/Senior | \$15 | \$25 | \$17 | \$30 |
| Children (Under the age of 5) | Free | Free | Free | Free |
| Family of 4 | \$60 | \$100 | \$65 | \$115 |

Livestream

GymBC is excited to be livestreaming the GymBC Championships Events in 2025! Livestream information will be available for purchase and viewing on [HomeTeam Network](#).

Concession

There will be a concession on-site, accepting cash or debit/credit.

Vendors

[Quatro](#) will have an on-site booth featuring their signature bodysuits. In addition, a wide selection of merchandise—including hoodies, t-shirts, and more—will be available, with customization options such as adding athlete names, club logos, and other personal touches. Bodysuits are also available for pre-order [at this link](#).

Club Logos

Flip City is thrilled to offer a variety of merchandise for sale at this year's event! Buyers will have the option to customize select items with their club logo. To take advantage of this opportunity, **clubs must submit a high-quality version of their logo to competitive.flipcity@gmail.com by March 15, 2025.**

Raffle + Silent Auction

A weekend-long 50/50 draw (announced the following day) and various raffles will be available at the event.

Event Photographer

The event photographer is Cakewalk Media. [Photo pre-sales are now available](#). Pre-paying \$25 will get you all available photos of your athlete, purchases at the meet will be \$15 per photo.

This year's athlete gift is a free 4x6 print of one photo from CakeWalk's mini studio on-site. Please stop by before you leave the venue to get your photo!

Travel Subsidy

GymBC is pleased to annually allocate targeted funds to contribute towards travel costs for athletes (age 18 years and under) who attended the GymBC Championships events. For more information, and details on how to apply, [click here](#).

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ATHLETE INFORMATION

Eligibility

All athletes for the 2025 Artistic and Trampoline GymBC Championships will be verified by GymBC. Incorrect registrations (e.g., interclub or recreational) will result in a \$200 fine per athlete and possible ineligibility. For eligibility details, see the discipline sections below.

Attire

Athletes must adhere to GymBC's attire guidelines as outlined in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, ensuring compliance with competition standards during warm-up and competition.

Warm-Up Procedures

Consult the [TG](#), and [MAG](#) Operations Manual or for WAG, the [BC CCP Charts & Xcel Program Document](#) for more information.

COACH INFORMATION

Eligibility

All coaches must have the required NCCP certification and complete the Respect in Sport (RiS) program, as outlined in the [GymBC Coaching Education Operations Manual](#). Please see the details in the table below. GymBC will verify these for all registered coaches. Coaches without certification will be notified, and those coaching without proper certification during the event will face a \$200 fine. A one-time exemption may be requested until the next applicable NCCP course. For details, see the Coaching Education Operations Manual or email coaching@gymbc.org.

| Levels | Certification Requirements |
|--|---|
| MAG Provincial 1 | NCCP Gymnastics Foundations Certified and Respect in Sport |
| MAG Provincial 2 TG All Levels | NCCP Competition Introduction (Comp 1) Certified and Respect in Sport |
| MAG Provincial 3-4 WAG CCP 6-8 | NCCP Competition Introduction Advanced (Comp 2) Certified and Respect in Sport. |
| MAG Provincial Open, National Open, Aspire, Junior, Senior WAG CCP 9-10, HP Novice, Junior, Senior, National Open | NCCP Competition Development (Comp 3) Certified and Respect in Sport |

Attire

Coaches must adhere to GymBC's attire guidelines in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, maintaining a professional image during warm-up and competition.

JUDGE INFORMATION

All judges must be registered with Gymnastics BC. Consult the [TG](#), [MAG](#), and [WAG](#) Operations Manuals for more information regarding each disciplines judges.

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COMPETITION INFORMATION - TG

Categories, Eligibility, and Awards

| Category | Eligibility | Awards |
|---|---|---|
| Provincial Level 1-4, National Level 5-Senior | Eligible to compete at GymBC Championships. | <ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline, Double Mini, Tumbling.• Provincial Individual: Medal 1-3, Ribbon 4-10.• National Individual: Medal 1-3, Ribbon 4-6• All Around: Plaque 1-6. |
| Synchronized Trampoline (Provincial Level 1-4) | Eligible to compete at GymBC Championships. | <ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline• Individual: Medal 1-3, Ribbon 4-10. |
| Synchronized Trampoline (National Level 5, 6, SR M & W. Level 5 & Senior Mixed) | Eligible to compete at GymBC Championships. | <ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline• Individual: Medal 1-3, Ribbon 4-6. |

Changes & Corrections

All changes must be completed through your Sportzsoft Club Registration account. The deadline to make and changes or corrections is at **11:59 p.m. on March 16, 2025**. Absolutely no changes will be accepted after the deadline.

DD Sheets

DD Sheets are no longer required to be sent to GymBC in advance. They will be dealt with during the competition.

Detailed Schedule

The detailed competition schedule is available online in your Sportzsoft account.

Tie-Breaking

In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to the [GymCan Competition Regulations](#).

More Information

Consult the [TG Operations Manual](#) for further information.

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COMPETITION INFORMATION - MAG

Categories, Birth Years, and Awards

| Category | Birth Year | Awards |
|-----------------|----------------------------|---|
| Provincial 1 | 2016-2017, 2015 or earlier | <ul style="list-style-type: none">No team awardsRibbons for each apparatusAA medalCertificates and All-Star CertificatesMedal 1-3 (10+) |
| Provincial 2 | 2012-2017 | <ul style="list-style-type: none">No team awardsMedal 1-3Rosettes 4-6Ribbon 4-6Plaque AA Champion |
| Provincial 3 | 2013-2015, 2012 or earlier | |
| Provincial 4 | 2013-2015, 2012 or earlier | |
| Provincial Open | 2011 or earlier | |
| National Open | 2010 or earlier | |
| Aspire | 2011-2012 | |
| Junior | 2009-2010, 2007-2008 | |
| Senior | 2005-2006, 2004 or earlier | |

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given. For categories that are split by age group (e.g., Provincial 3), they may be combined for awards/results if there are not enough athletes in one of the age groups.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [MAG Operations Manual](#) for further information.

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COMPETITION INFORMATION - WAG

Categories, Eligibility, and Awards

| Category | Eligibility | Awards |
|--|---|--|
| CCP 6-7 | Minimum of 32.00 AA at least once, at a GymBC sanctioned event or at an out of province competition with verifiable online results, prior to registering for the event. Please note that Judges' Cup may not be used for qualification purposes. CCP 6-7 athletes unable to attain the qualification score with extenuating circumstances may petition to the WTC for participation by emailing wag@gymbc.org with any supporting information available. | <ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count All-Around / Apparatus: by category and by competitive age groupings Medal 1-3, ribbon 4-10, plaque AA Champion |
| CCP 8-10 | Eligible to compete at GymBC Championships. | <ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count All-Around / Apparatus: by category and by competitive age groupings Medal 1-3, ribbon 4-10, plaque AA Champion |
| HP Novice, Junior, Senior, National Open | Eligible to compete at GymBC Championships and attendance is mandatory as an athlete, coach, judge, demonstrator or volunteer. | <ul style="list-style-type: none"> No team awards AA competition: by category Medal 1-3, ribbon 4-10, plaque AA Champion |
| Apparatus Finals | <p>CCP 7-8: Top 8 athletes per apparatus, per level, all ages combined from day 1.</p> <p>CCP 9-10: Top 8 athletes per apparatus, per level, all ages combined from day 1. Only those top 8 athletes from day 1 will be considered for apparatus finals awards. Awards are determined by day 2 results.</p> | <ul style="list-style-type: none"> No team awards By category, all age groupings combined Medal 1-3, ribbon 4-8 |

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given

Category Grouping

For CCP 6-8, following athlete registration, athletes will be grouped by category and birth year. Each competitive grouping will ideally be approximately 24 athletes. Groupings will not be changed once the official schedule for the event is circulated. For CCP 9-10, athletes will be split according to the GymCan Technical Regulations, to keep intact the selection process to Canadian Championships.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [WAG Operations Manual](#) for further information.

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FINAL COMPETITION SCHEDULES

ARTISTIC GYMNASTICS - WAG & MAG

| Friday, April 4, 2025 | |
|---|---------------|
| SESSION 1 | 08:00 - 11:00 |
| CCP 6 (2013 and younger) 8-Rotations, 2 floors | |
| SESSION 2 | 11:15 - 14:15 |
| CCP 6 (2012 and older) 8-Rotations, 2 floors | |
| SESSION 3 | 14:30 - 17:30 |
| CCP 9 (Trials 2/3 + BC Champs Awards) 8-Rotations, 2 floors | |
| OPENING CEREMONIES | 17:30 - 17:45 |
| Participation is mandatory for Session 3 and 4 athletes. | |
| SESSION 4 | 17:45 - 20:45 |
| CCP 10 (Trials 2/3 + BC Champs Awards) + HP + National Open 8-Rotations, 2 floors | |

| Saturday, April 5, 2025 | |
|---|---------------|
| SESSION 5 | 08:00 - 11:00 |
| CCP 7 (2011 and younger) 8-Rotations, 1 floor, in and out warm-up *General Warm-up - 2 floors, Competition - 1 floor* | |
| | 08:15 - 11:00 |
| P3 | |
| SESSION 6 | 11:15 - 14:15 |
| CCP 7 (2010 and older) 8-Rotations, 1 floor, in and out warm-up | |
| | 11:15 - 14:15 |
| P4 + P.Open | |
| SESSION 7 | 14:30 - 17:00 |
| CCP 8 (2011 and younger) 8-Rotations, 1 floor, in and out warm-up | |
| | 14:30 - 20:30 |
| National Open, Aspire, Junior + Senior | |
| SESSION 8 | 17:15 - 20:00 |
| CCP 8 (2010 and older) 8-Rotations, 1 floor, in and out warm-up | |

| Sunday, April 6, 2025 | |
|---|---------------|
| SESSION 9 | 08:00 - 11:00 |
| CCP 7-8 (Apparatus Finals) 8-Rotations, 1 floor, blocked warm-up | |
| | 08:15 - 10:30 |
| P1 (10 and older) | |
| SESSION 10 | 11:15 - 13:45 |
| CCP 10 (Trials 3/3 + Apparatus Finals) 4-Rotations | |
| | 10:45 - 14:00 |
| P1 (under 10) + P2 | |
| SESSION 11 | 14:00 - 17:00 |
| CCP 9 (Trials 3/3 + Apparatus Finals) 8-Rotations, 2 floors | |

TRAMPOLINE GYMNASTICS

The detailed schedule is available online in your Sportzsoft account.

| Friday, April 4, 2025 | |
|--------------------------------------|---------------|
| SESSION 1 | 08:00 - 20:00 |
| Preliminary Competition | |
| OPENING CEREMONIES | 17:45 - 18:00 |
| Mandatory attendance for TG athletes | |

| Saturday, April 5, 2025 | |
|-------------------------|---------------|
| SESSION 2 | 08:00 - 20:00 |
| Preliminary Competition | |

| Sunday, April 6, 2025 | |
|-----------------------|---------------|
| SESSION 3 | 08:00 - 17:00 |
| Finals Competition | |
| SESSION 4 | 17:00 - 20:00 |
| Team Final | |