



*Gymnastics* BC

---

**ANNUAL  
REPORT**

---

**2021-22**

---

# TABLE OF CONTENTS

---



<b>03</b> Message from the Chair	<b>18</b> Women's Artistic Gymnastics (WAG)
<b>05</b> Message from the CEO	<b>19</b> WAG Highlights
<b>07</b> The GymBC Team	<b>20</b> Men's Artistic Gymnastics (MAG)
<b>08</b> Membership Overview	<b>21</b> MAG Highlights
<b>09</b> Members by the Numbers	<b>23</b> Trampoline Gymnastics (TG)
<b>10</b> 2021-22 Highlights	<b>24</b> TG Highlights
<b>12</b> Coaches and Judges	<b>26</b> Acrobatic Gymnastics (ACRO)
<b>13</b> Coach Education	<b>27</b> Risk Management
<b>14</b> Coach Education Stats	<b>29</b> Events
<b>15</b> Gymnastics For All (GFA)	<b>32</b> Communications
<b>16</b> GFA Highlights	<b>33</b> Social Media

## ABOUT THIS REPORT

---

This report provides an overview of the organization's achievements and activities throughout each year.

Technical highlights, events, statistical information on membership and participant numbers are as of membership year end, August 31, 2022.

## ABOUT GYMNASTICS BC

---

### VISION

To be a provincial leader in the delivery of quality foundational and high performance programs and services that foster lifelong sport participation.

### MISSION

To provide positive and diverse gymnastics experiences for province-wide participation at all levels.

# MESSAGE FROM THE CHAIR

---



Our focus is the sport of the gymnastics community; the strength is in our numbers. Our dedicated member club teams have together remained resilient and passionate while fostering the physical, mental, social and emotional development of our athletes to achieve personal excellence inclusive of all abilities and goals in a fun and safe environment for athletes to train.

I want to take a moment to thank you for all the many ways you make this team what it is!

Thank you for all your hard work and dedication. Thank you for spending hours of time working with athletes and never giving up on them; even those athletes who look like they're NEVER going to get it. Thank you for showing up for every class, camp and competition ready to teach and help.

Thank you for sending emails and texts to constantly keep your members updated because life is busy with so many other things. Thank you for responding to their questions even though you already sent the same information in your updates.

Thank you for focusing on the positive and turning failures into teaching moments and for using successes as building blocks.

Thank you for making them smile when they don't feel like smiling. Thank you for being their friend. Thank you for pushing them hard enough without knocking them down. And thank you for building them back up when they do get down.

Thank you for staying after class and competitions to clean the training area and for making sure all the equipment is put away or loaded into trailers. Thank you for setting a good example and remembering that they are watching you.

Thank you for letting those less-talented athletes have a chance to shine, too. Thank you for not yelling or punishing when athletes make mistakes. Thank you for recognizing when athletes are giving everything they've got and doing the absolute best they can.

# MESSAGE FROM THE CHAIR

---



Thank you for recognizing and pointing out when athletes do something right, when they make improvements, or when the light bulb finally goes on about something you have been working on for weeks. And thank you for celebrating with them when they achieve success.

Thank you for being a positive influence in their life.

Thank you for teaching athletes to be good-sports, to be good people and to treat others with respect.

It's not your job to raise these kids, but thank you for reinforcing the good lessons that their parents are trying to teach them.

Most of all, thank you for loving to work with athletes, because this is what a patient, kind and positive member team is really all about. Remember to "BE SOMEBODY WHO MAKES EVERYBODY FEEL LIKE A SOMEBODY" - be professional, be engaged and encouraging and ensure you are having as much fun as your class!

So to the Gymnastics BC Member Team, I say thank you. Thank you for giving everything you have to make kids sports better, and even more importantly for helping make these kids better.

On behalf of the GymBC Board of Directors, I want to express my appreciation and gratitude to Nigel Loring, the Gymnastics BC leadership team, our dedicated volunteers, members and employees, whose contribution continues to enable us to hold fast to Gymnastics BC's values and vision while being present and purposeful in everything we do.

*"Be somebody who makes everybody feel like a somebody"*

**Jennifer Lyster**

CHAIR, GYMNASTICS BC

# MESSAGE FROM THE CEO

---



After another year of ups and downs it is now clear - gymnastics is back! With 72 clubs and over 41,000 registered members, the much anticipated “return to sport” has been nothing short of remarkable. Throughout the pandemic, we witnessed the true meaning of resilience in our clubs, coaches, judges, volunteers, and participants of all ages and their families. The collective determination to persevere is how we have held together and succeeded in overcoming so many obstacles.

As we reflect on the past year, we celebrate the countless accomplishments within our community. With the relaxation of pandemic-imposed restrictions, the re-opening of many gyms saw a rapid resurgence of interest and participation that quickly filled up recreational and competitive programs alike. A quick pivot from virtual competitions back to in-person was both thrilling and daunting, as clubs and event organizers made every effort to welcome participants and provide the quality experiences which we have come to expect here in BC.

Thank you to all clubs and volunteers who hosted meets and preparation camps throughout the past year. Both the Optional WAG, MAG and Trampoline BC Championships hosted by Flip City and the WAG Compulsory BC Championships hosted by TAG Sports were a resounding success. Top tier gymnastics also returned to the province with the 2022 Canadian Artistic Championships held at the Richmond Olympic Oval and just a week later, Trampoline’s Western Canada Cup was held in Port Moody. Both events were jam-packed with talent, delighting the spectators that came out in droves to see BC’s best in action. In June, Chimo Gymnastics on Vancouver Island hosted a fabulous BC Gymnaestrada event, with 392 gymnasts and coaches proudly representing 19 groups from 15 clubs throughout the province.

Unfortunately, our recovery has not been without times of disappointment. The cancellation of BC Winter Games in February was keenly felt by many gymnasts throughout the province. A quick adaption and accommodation by Langley Gymnastics Club and the Christy Fraser Memorial Invitational was much appreciated and provided some consolation. Nonetheless, it was welcomed news when the BC Games Society committed to postponing the event to Vernon in 2023. 2021 also brought the tragic loss of two gymnastics facilities in Vernon and Kimberley after senseless acts of arson burnt each facility to the ground.

# MESSAGE FROM THE CEO

---



Thanks to the incredible support of local communities, donors and sponsors, volunteers at both clubs have made tremendous strides towards their rebuilding efforts. North Valley Gymnastics has relocated to a new facility and reopened for business in July 2022. Kimberley Gymnastics Club, with help from the city, the Regional District of East Kootenay and many other donors plans to rebuild and expand their facility's footprint on the same site, in hopes of reopening in summer or fall of 2023.

Throughout the year, GymBC's Board of Directors and staff kept their focus on developing and delivering services and opportunities for member clubs and their communities. Our strategic plan continues to guide our priorities as we start to look past recovery and towards a more robust and dynamic new era for gymnastics in BC. We have worked hard to find resources and funding support for our competitive and recreational programs, safe sport, club operations, events/equipment, coaching education and judge development opportunities.

I am particularly proud of the progress we are making in advancing our Safe Sport initiatives. GymBC is leading a number of projects and committees focused on the many aspects of establishing and maintaining a safe sport environment. From assessing and mitigating risk from external sources such as equipment set-up and maintenance, to safeguarding our athletes and coaches through education and training, GymBC remains steadfast in our commitment to providing a safe sport environment for all participants that is accessible, inclusive and free from all forms of maltreatment.

Finally, I would like to thank both past and present board members and our staff for their many contributions to the ongoing success of our programs, events and services. I would also like to thank all of our clubs for your continued support and trust this past year. It is a privilege to work with all of you as we embark on another fantastic year for gymnastics in BC.

I look forward to seeing and sharing more good news with you at this year's Annual General Meeting at the Hilton Vancouver Hotel, Metrotown in Burnaby on October 23.

A handwritten signature in black ink, appearing to read "Nigel Loring".

**Nigel Loring**

CEO, GYMNASTICS BC

# THE GYMBC *Team*

## BOARD OF DIRECTORS

### CHAIR

Jennifer Lyster

### VICE-CHAIR

Mary Morice

### DIRECTOR OF FINANCE

Vivien Chow

### GYMNASTICS FOR ALL CHAIR

Sherri Taylor

### MAG TECHNICAL CHAIR

Michael Hood

### WAG TECHNICAL CHAIR

Jesse Jakins

### TG TECHNICAL CHAIR

Kirsty Griffiths (Porter)

### DIRECTOR AT LARGE

Denise May

### DIRECTOR AT LARGE

Peggy Wilcox

### DIRECTOR AT LARGE

Chantelle Yates



## COMMITTEE DIRECTORS STAFF (cont.)

### ZONE 1 DIRECTOR

Vivian Hughan

### ZONE 2 DIRECTOR

Heather Ivanitz

### ZONE 3 DIRECTOR

Richard Ikeda

### ZONE 4 DIRECTOR

Bobbie Worrall (Interim Chair)

### ZONE 5 DIRECTOR

Carlene Lewall

### ZONE 6 DIRECTOR

Heather LaPage

### ZONE 7 DIRECTOR

Lara Collingwood

### ZONE 8 DIRECTOR

Chantelle Yates (Interim Chair)

## STAFF

### CEO

Nigel Loring

### MEMBER SERVICES MANAGER/BOOKEEPER

Catherine Dubinsky

### SAFETY OFFICER

Nathan Kindrachuk

### COMMUNICATIONS AND RECREATION PROGRAM MANAGER

Keara Urquhart (rt. Nov. 2021)

### COACHING AND EVENT COORDINATOR

Bobbie Worrall (end May 2022)

### COACH AND JUDGE DEVELOPMENT COORDINATOR

Bobbie Worrall (as of May 2022)

### BUSINESS DEVELOPMENT AND EVENTS MANAGER

Leanne James (rt. May 2022)

### WAG PROGRAM COORDINATOR

Momona Komagata

### MAG PROGRAM COORDINATOR

Thorstein Fischer

### TG PROGRAM COORDINATOR

Debbie McBoyle

### PROVINCIAL PERFORMANCE ADVISORS

Richard Ikeda (MAG)

Jared Goad (WAG)

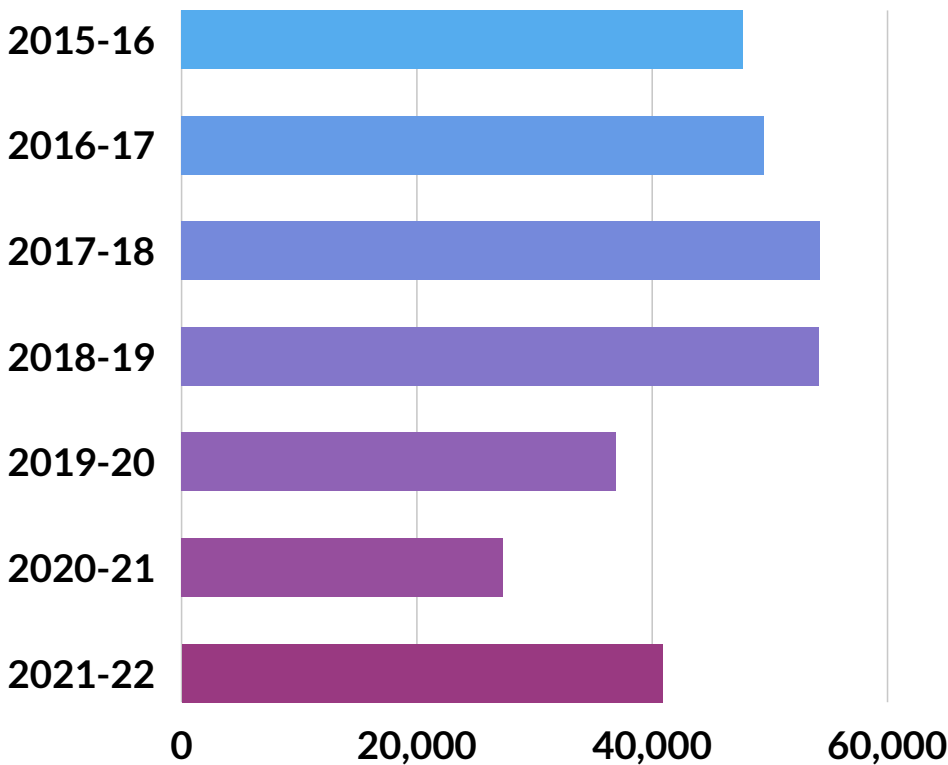
Jason Burnett (TG)

### EQUIPMENT COORDINATOR

Michelle Ricks



# MEMBERSHIP OVERVIEW



**41,217**

TOTAL UNIQUE INDIVIDUALS

↑ 13,941

2020-21 to 2021-22

**72**

MEMBER CLUBS

↑ 1

2020-21 to 2021-22



# MEMBERS BY THE *Numbers*

## RECREATIONAL ATHLETES (37,389)

- Artistic (32,430)
- Trampoline (3,366)
- Artistic Casual (1,680)
- Trampoline Casual (394)
- Artistic Interclub Performance (663)
- Artistic Interclub Performance Plus (49)
- Trampoline - Interclub (0)
- Acrobatic (56)
- Circus Arts (0)
- Parkour (1,898)
- Adaptive/Inclusive (65)

## COACHES AND JUDGES (1,198)

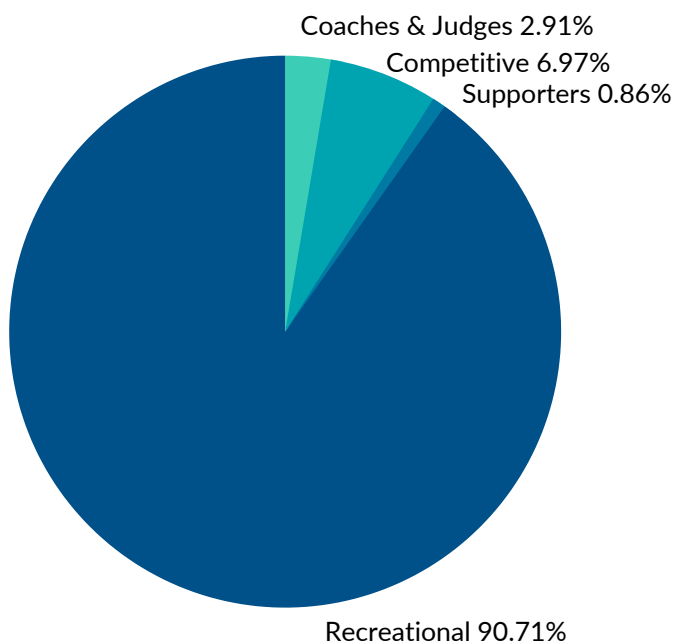
- Artistic Recreational Coach (717)
- Artistic Pre-CIT & CIT (128)
- Trampoline Recreational Coach (84)
- Trampoline Pre-CIT Coach (16)
- Men's Artistic Gymnastics Coach (50)
- Women's Artistic Gymnastics Coach (276)
- Trampoline Gymnastics Coach (68)
- Acrobatic Coach (8)
- Men's Artistic Gymnastics Judge (22)
- Women's Artistic Gymnastics Judge (127)
- Trampoline Gymnastics Judge (31)

## COMPETITIVE ATHLETES (2,872)

- Men's Artistic Gymnastics (248)
- Women's Artistic Gymnastics (2,329)
- Trampoline Gymnastics (294)
- Acrobatic (14)
- Masters/Adult (17)

## SUPPORTERS (355)

- Board of Directors & Volunteers (209)
- Club Staff (101)
- Other (52)



*Note: Number breakdowns and percentages may add up to more than the totals listed in each heading as some individuals are registered in two or more classes, programs, or roles.*



# 2021-22 HIGHLIGHTS

## RISK MANAGEMENT SUPPORT

GymBC's Safety Officer visited 20 member clubs to gain a better understanding of current operations and risk management practices.

Additional purposes of these meetings were to support clubs with tools to improve their risk management processes and identify common issues for the development of future tools, templates, and resources for clubs to leverage.

A new electronic reporting system was introduced that is able to identify activities leading to the most common injuries.

## COMMUNICATION PLATFORMS

A transition from various platforms to Activity Messenger has helped to streamline the quality and efficiency of GymBC communications and services.

GymBC staff is working towards moving all forms to Activity Messenger.

The 2022 TG Westerns and 2022 BC Gymnaestrada successfully hosted event pages on the site. In the near future, course and event calendars will also be moved to Activity Messenger.

image credit: VeryOK Photos

## COACH & JUDGE DEVELOPMENT

Coach and judge recruitment, education, and retention has consistently been identified as an area that clubs would like further support in.

Expansion of the previous Coach Education portfolio to a broader Coach and Judge Development role aims to support long-term development and recruitment strategies to increase the number and expertise of coaches and judges in the province.

## MEMBERSHIP FEE STRUCTURE WORKING GROUP

In 2021-22, GymBC saw a nearly 50% increase in membership over the previous year, as our sport rebounded from the pandemic. We anticipate continued membership growth into next year.

In early 2022, a Membership Fee Structure Working Group was formed. The group was tasked with exploring options to establish a balanced and equitable approach to setting GymBC annual membership fees, in order to present the GymBC Board of Directors with a recommendation on how to structure and set fees for the future.

Once a fee structure model and recommendations are accepted by the Board, the proposal will be shared with the membership for approval.



image credit: AirTime Photos

# COACHES *and* JUDGES

	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22
ARTISTIC REC. COACH	862	785	886	766	575	717
ARTISTIC PRE-CIT/CIT	5	72	72	197	98	128
TG REC. COACH	43	56	22	91	66	84
WAG COACH	228	220	222	272	285	272
MAG COACH	46	48	46	43	44	50
TG COACH	25	24	28	55	56	68
ACROBATIC COACH	-	1	4	5	5	8
TG PRE-CIT	-	-	-	-	11	16
<b>TOTAL COACHES</b>	<b>1,234</b>	<b>1,206</b>	<b>1,276</b>	<b>1,429</b>	<b>1,140</b>	<b>1,343</b>
WAG JUDGE	45	70*	86*	81	115	127
MAG JUDGE	14	28*	16*	10	34	22
TG JUDGE	26	39*	38*	31	29	31
<b>TOTAL JUDGES</b>	<b>95</b>	<b>137</b>	<b>140</b>	<b>122</b>	<b>178</b>	<b>180</b>

*Please note: The above numbers may not represent the number of individual coaches and judges in each category, as some may participate in more than one discipline.*

*\*revised numbers reflect errors corrected from previous annual reports.*



image credit: AirTime Photos



image credit: GymCan



image credit: AirTime Photos



# COACH EDUCATION

GymBC works to provide meaningful education and professional development to coaches.

The following charts provide a closer look into the coach education that occurred during the 2021-22 year.

	2019-20		2020-21		2021-22	
	COURSES	PARTICIPANTS	COURSES	PARTICIPANTS	COURSES	PARTICIPANTS
GF INTRO	22	248	13	100	24	265
GF THEORY	22	248	13	196	19	228
GF ARTISTIC	18	200	13	99	23	256
GF TRAMPOLINE	30	294	9	72	18	135
GF ACTIVE START	4	28	3	32	5	40
COMP 1 ARTISTIC	3	34	2	16	8	82
COMP 1 THEORY	3	34	5	72	3	44
COMP 2 ARTISTIC	1	12	-	-	1	16
L3 TRAMPOLINE	1	13	-	-	-	-
REC. PARKOUR	2	29	-	-	1	9
L2 TRAMPOLINE	14	156	-	-	N/A	N/A
L3 MAG/WAG	2	24	-	-	N/A	N/A
<b>TOTAL</b>	<b>120</b>	<b>1,287</b>	<b>58</b>	<b>587</b>	<b>101</b>	<b>1,075</b>

# COACH EDUCATION

# Stats

**118%**

The average increase of course participation numbers from 2021.

**7**

The number of Foundations/Comp 1 Trampoline LFs trained.

**11**

The number of active virtual Theory LFs leading courses up to twice a month.

**5**

The number of categories that CEs continue to be trained virtually in: GF Artistic, Active Start, Comp 1, Comp 2, Comp 3.

**265**

The number of individuals that participated in seven free coach webinars.

# GYMNASTICS FOR ALL

## GFA REGISTRATION NUMBERS

	2019-20	2020-21	2021-22
ARTISTIC RECREATIONAL	28,763	19,770	32,430
TG RECREATIONAL	925	862	3,366
ARTISTIC CASUAL	1,032	1,795	1,680
TG CASUAL	2	-	394
RECREATIONAL ACRO	62	74	56
INTERCLUB PERFORMANCE	1,124	764	663
INTERCLUB PERF. PLUS	571	22	49
INTERCLUB PERF. CHALLENGE	191	-	N/A
TG INTERCLUB	29	605	N/A
CIRCUS ARTS	636	266	0
RECREATIONAL PARKOUR	398	1,131	1,898
ADAPTIVE/INCLUSIVE	-	40	65
<b>TOTAL</b>	<b>33,733</b>	<b>25,329</b>	<b>40,601</b>

# GFA Highlights



## 2021 GYM WEEK

- As there was a gap in GFA staff at GymCan, the GFA Council took the lead on the 2021 Gym Week, which ran successfully throughout the country.
- In BC, we ran a parallel contest, which was also well-received. Winners for both the social media and drawing contests were randomly selected.

## INTERCLUB

- An Interclub Roundtable with member clubs was held in October 2021. The purpose was to assess the effect of Xcel adoption and determine if further gaps in GFA programming need to be addressed.
- It was determined that Performance Plus would remain as an option for events.

## GYMNAESTRADA

- **2022 BC Gymnaestrada:** Chimo Gymnastics stepped up and delivered an extraordinary 2022 BC Gymnaestrada event on a condensed timeline - thank you to all the dedicated staff and volunteers! The event took place from June 3-5, 2022 in Comox, BC.
- **2022 Canadian Gymnaestrada:** 273 BC participants from 7 GymBC clubs participated in the 2022 Canadian Gymnaestrada. The event was held from June 30 to July 5, 2022 in Edmonton, Alberta.



image credit: GymCan





# GFA *Highlights* (cont.)



## **GFA STRATEGIC PLANNING RETREAT**

- GFA held a strategic planning retreat in Whistler from June 20-22.
- The event was held in conjunction with the WAG Planning Retreat.
- 12 GFA committee members and club delegates gathered to work through a detailed two-year roadmap to guide the program.



## **CANGYM REVITALIZATION PROJECT**

- The project was put on hold during a gap in GFA staff at GymCan.
- The revised soft launch for the Active Start module of the program has been postponed until September 2022.

# WOMEN'S ARTISTIC GYMNASTICS (WAG)

## WAG PROGRAM HIGHLIGHTS

- Jared Goad hired as WAG Provincial Performance Advisor (PPA).
  - PPAs assist with each discipline's performance planning and camp preparation to enhance and motivate the next generation of athletes and coaches in BC.
- Technical coordinator roles were expanded to realign with the adjustment of staff portfolios.
- Xcel Platinum division accepted for implementation in the 2022-23 season.
- Clubs hosted a hybrid year with both live and virtual events, with many demonstrating a lot of flexibility by being able to adapt on short notice.

## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Athlete Development

- Inaugural Virtual Pre-Season Huddle held in conjunction with Judges' Cup was a success with about 100 participants across the province.
- 5 live training camps were hosted by GymBC and the WTC throughout the year.

### Coach and Judge Development

- We held 6 virtual and 8 live workshops and clinics on a variety of topics in support of our coaches and judges.
- The WJC provided 13 judging courses and several online continued professional education (CPE) hours.



image credit: Very OK Photos

## WAG REGISTRATION NUMBERS

	XCEL	1	2	3	4	5	6	7	8	9	ASPIRE	10	HP	TOTAL
2019-20	-	206	269	314	182	69	281	144	83	50	33	49	13	1,692
2020-21	655	204	187	214	147	45	291	113	69	39	19	27	23	2,033
2021-22	1,033	131	210	197	134	34	273	153	64	38	20	30	12	2,329

# WAG Highlights

## 2022 PAN AMERICAN CHAMPIONSHIPS

- Sydney Turner 4th AA, Bronze UB.
- Coach Dorina Stan named as a Team Coach.



## 2022 PAN AMERICAN CHAMPIONSHIPS (CONT.)

Shallon Olsen and Sydney Turner contribute to a team Bronze, earning Canada a team spot at the 2022 World Championships.

## 2021 WORLD CHAMPIONSHIPS

Gordon Bennett and Andrée Montreuil judge at the 2021 World Championships.



# 61

MEDALS EARNED AT THE 2022 WESTERN CANADIAN CHAMPIONSHIPS

# 23

MEDALS EARNED AT THE 2022 ARTISTIC CANADIAN CHAMPIONSHIPS

# MEN'S ARTISTIC GYMNASTICS (MAG)

## MAG PROGRAM HIGHLIGHTS

- Richard Ikeda hired as MAG Provincial Performance Advisor (PPA).
  - PPAs assist with each discipline's performance planning and camp preparation to enhance and motivate the next generation of athletes and coaches in BC.
- Technical coordinator roles were expanded to realign with the adjustment of staff portfolios.

## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Athlete Development

- Due to the pandemic, Elite Camps were put on hold.
- Two virtual nutrition sessions were held for athletes.
- A Canada Games shortlist camp was held in Tawatinaw, Alberta. This camp was well received. The team went on to Edmonton to compete in a dual meet with Alberta, where BC came out on top.
- Both a Westerns and Canadians camp were held in preparation for those respective events.

## MAG REGISTRATION NUMBERS

	PROVINCIAL 1-5	NATIONAL OPEN/ELITE	TOTAL
2019-20	210	56	266
2020-21	152	46	198
2021-22	201	47	248

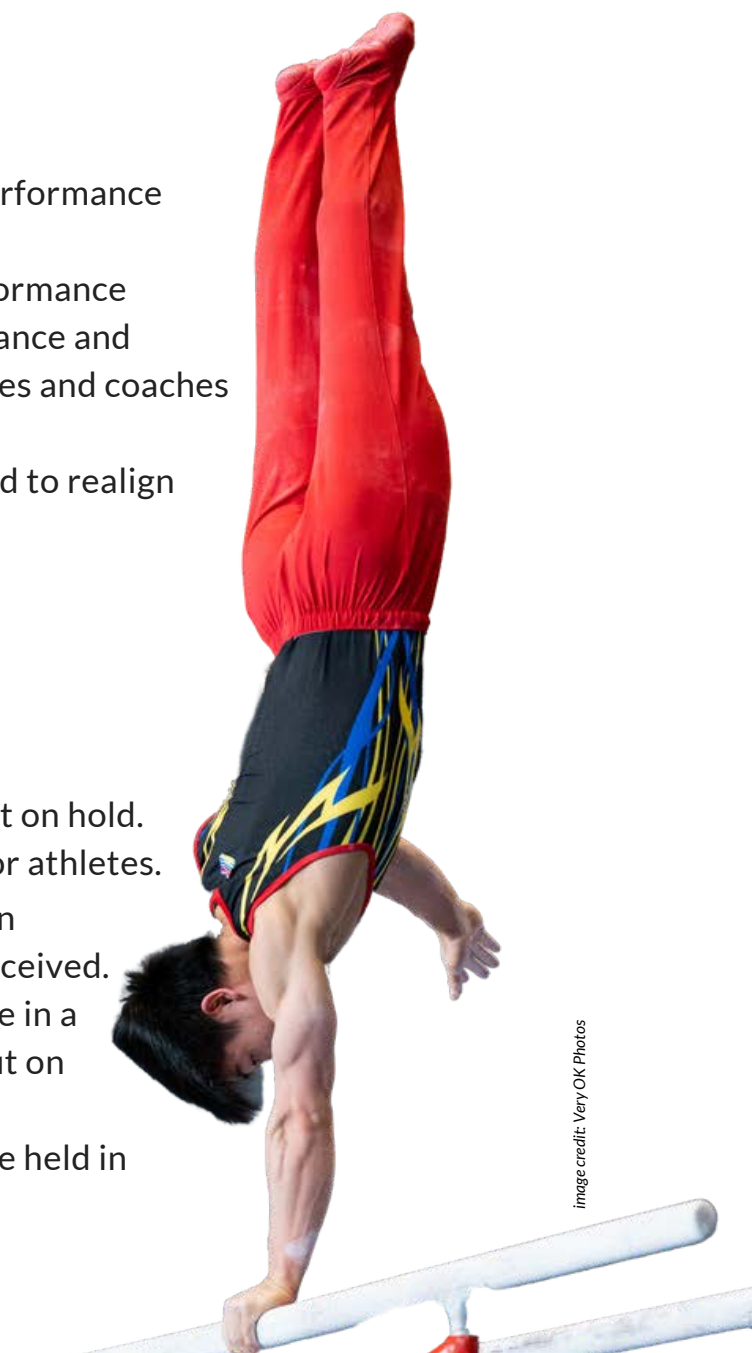


image credit: Very OK Photos

# MAG *International* HIGHLIGHTS

## 2021 WORLDS

Zachary Clay and coach Richard Ikeda attended the 2021 Worlds in Kitakyushu, Japan.



## DTB POKAL

Zachary Clay and coach Richard Ikeda also attended the DTB Pokal in Stuttgart, GER.

Zach finished 6th on Parallel Bars in the Apparatus Finals and Team Canada came 5th overall.

## JUNIOR PAN AMERICAN CHAMPIONSHIPS

Kai Iwaasa and coach John Carroll attended the Junior Pan American Championships in Rio de Janeiro, BRA. Team Canada took the silver medal in the team final.



# MAG *Canadian* HIGHLIGHTS

## 2022 WESTERN CHAMPIONSHIPS

First in-person Westerns since 2019.

BC took the gold medals in the All Around competition in the Elite 4, Provincial 4, and Provincial 5 categories.

Reuben Dykstra (E4; LGF), Keita Kuramoto (P4; LGF), and Alec Ikeda (P5; TWT) were our winners from BC.

In the team competition, BC came first in the Provincial 5 category, second in the Provincial 4 category, and second in the Elite 3 category.



Image credit: Very OK Photos

## 2022 CANADIAN CHAMPIONSHIPS

First in-person nationals since 2019.

Junior Team BC team took home the bronze medal.

Kai Iwaasa (Jr. National Team) took home the AA bronze medal.

BC's Juniors took home four golds in the Apparatus Finals.

For the first time, Elite 4 was offered at Canadian Championships. 4 gold, 2 silver, and 3 bronze medals were won by our Elite 4 athletes.

# TRAMPOLINE GYMNASTICS (TG)

## TG PROGRAM HIGHLIGHTS

- Jason Burnett hired as TG Provincial Performance Advisor (PPA).
  - PPAs assist with each discipline’s performance planning and camp preparation to enhance and motivate the next generation of athletes and coaches in BC.
- Technical coordinator roles were expanded to realign with the adjustment of staff portfolios.
- Successful fall retreat with 17 coaches, judges, administrators working towards a 2-year plan.
- Launch of the CanJump skills video project.

## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Athlete Development

- The first in-person training camp was hosted in Whistler in October 2021.
- Flip City welcomes L4 and L5 athletes for a pre-Canadians camp.
- 2nd HP athletes camp held in Whistler in May welcoming Denis Vachon as head clinician.
- HP athletes return to Whistler in August welcoming Austin White as head clinician.
- 17 athletes nominated to the CSI targeted list.

### Coach and Judge Development

- Lilla Gulyas selected for the Women in Coaching Apprenticeship program. She will attend Canada Winter Games as part of the official BC Team.
- 3 judges FIG judges re-certified.
- Plans for restoring the judging pool are underway.

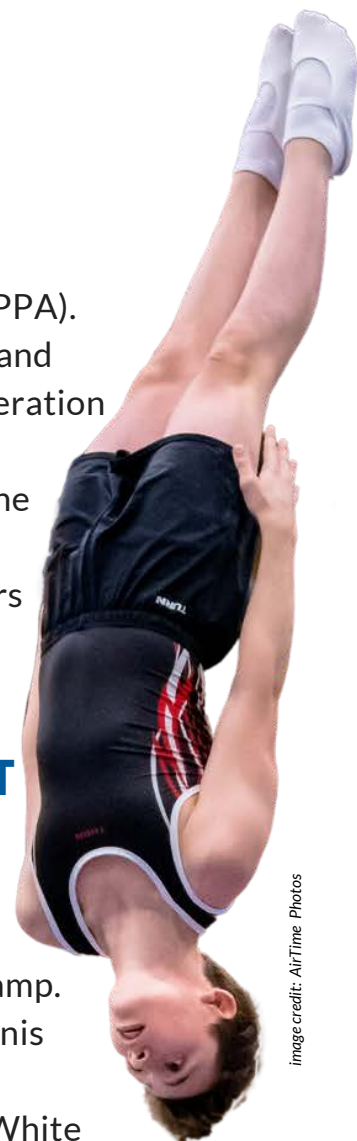


image credit: AirTime Photos

## TG REGISTRATION NUMBERS

	PROVINCIAL MEN			PROVINCIAL WOMEN			NATIONAL MEN			NATIONAL WOMEN			TOTAL
	TR	DMT	TU	TR	DMT	TU	TR	DMT	TU	TR	DMT	TU	
2019-20	51	47	17	109	47	17	21	26	2	22	32	5	396
2020-21	37	31	4	84	52	20	12	7	-	12	23	2	284
2021-22	46	46	12	85	87	44	18	19	2	31	28	17	435

*Please note: The above numbers may not represent the number of individual registered competitive TG athletes, as some athletes participate in more than one event.*

# TG International HIGHLIGHTS

## OLYMPIC TEAM SELECTION

Samantha Smith and coach Curt DeWolff named to the Canadian Olympic Team for the delayed Tokyo Games.



## 2022 WORLD CHAMPIONSHIPS

Gabby Flynn and Hannah Brown combine to win DMT Team Bronze at World Championships.

## 2022 WORLD CUP

Gabby Flynn wins DMT Gold at the World Cup in Italy.



Gabby Flynn continued her international season competing in the JR PanAm Games, Senior PanAm Championships and World Games.

Also representing Canada on the international stage were;

- Samantha Smith – 2021 World Championships, 2022 World Cup Italy, POR, SUI
- Julie Anderson – 2021 World Age Groups
- Maja Bonham – 2021 World Age Groups, 2022 PanAm Champs
- Gavin Dodd – 2022 World Cup Italy, World Cup Portugal
- Kristina Dodd & Adin Brenner – 2022 World Cup Portugal
- Owen Harbo & Brooklyn Lee-McMeeken – 2022 Coimbra Gym Fest



# TG *Canadian* HIGHLIGHTS

**195**

**ATHLETES ATTEND THE FIRST  
IN-PERSON BC  
CHAMPIONSHIPS SINCE 2019**



**32**

**MEDALS EARNED AT  
THE VIRTUAL 2021  
CANADIANS**

**61**

**MEDALS EARNED AT  
THE 2022 WESTERN  
CANADA CUP**

**MEDALS EARNED AT  
THE 2022 ELITE CANADA**

**27**

**MEDALS EARNED AT  
THE 2022 CANADIAN  
CHAMPIONSHIPS**

**22**



**GAVIN DODD BREAKS THE DMT  
DIFFICULTY RECORD PREVIOUSLY  
HELD BY DENIS VACHON AT THE  
2022 CANADIAN CHAMPIONSHIPS**

# ACROBATIC GYMNASTICS (ACRO)

An emerging discipline in BC, our competitive acrobatic team is small but mighty!

## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Coach Development

- The final Comp 1 Acro pilot is tentatively scheduled for January 2023 in Alberta.

### 2022 VEGAS INTERNATIONAL ACROCUP

#### L7 WP:

- 5th place for Faith Conway/Samantha Walker

#### L10 WG:

- 4th for Brie-Lynn Sargeant/Emily Johnston/Junelle Sabang



### 2022 CANADIAN CHAMPIONSHIPS

#### L7 (14+) WG:

- Silver for Faith Conway/Samantha Walker

#### L7 (8-13) MxP:

- Gold for Avery Osachoff/Everett Brierley

#### L8 (14+) WP:

- Gold for Junelle Sabang/Emily Johnston
- Silver for Sarah Lawless/Maddi Dalkeith

#### L8 (14+) WG:

- Gold for Ellie Moffatt/Kristen Riopel/Ella Hatchard



# RISK MANAGEMENT

In recent years, risk management has become an essential part of GymBC's operational priorities. In the 2021-2022 season, GymBC continued its commitment to risk management strategies and initiatives.

GymBC's staff focused on providing support for clubs experiencing COVID-19 operational challenges, and increasing more general risk management priorities. The administration of GymBC's insurance program and safe sport initiatives were also priorities.

Outcomes in these areas included GymBC providing its members with leadership, direction, more than 20 in-person club meetings, communication and updates to clubs as well as several webinars/education sessions.

## SUPPORTING MEMBER CLUBS THROUGH COVID-19

Varied COVID-19 requirements were imposed by the BC Government and the Provincial Health Officer throughout the 2021-2022 season. These requirements changed a number of times and eventually were reduced to minimal measures in April 2022. GymBC strived to consistently provide its member clubs with information that was as timely and accurate as possible.

*image credit: Very OK Photos*

## INSURANCE COVERAGE

GymBC was successful in obtaining \$10 Million in coverage for its Commercial General Liability policy without increasing membership fees – consistent with the previous year.

This sustained coverage (including trampoline devices) allowed GymBC to reintroduce public access programming (Birthday Parties, Drop-Ins, and Field Trips) following the end of COVID-19 restrictions with new rules to manage the risk of trampoline devices in these settings.

## SAFE SPORT

As clubs and Team BC returned to in-person events and practices, GymBC's Safety Officer provided guidance for Team Managers and Chaperones relating to appropriate behavioral management issues during Team BC trips.

Due to increased activities in person, GymBC received an influx of complaints in 2022. GymBC approved its Complaint Management Handbook in early 2021 and the complaint management process has been activated several times since.

Safe Sport education sessions took place with 3 clubs and at multiple other events. Education projects have been started and led by GymBC at the national level. Outcomes from this work on Safe Sport education are expected to be shared in early 2023.



# GYMBC *Events*



## 2021 AGM

- The GymBC AGM was held virtually on October 24, 2021.
- 25 voting clubs were in attendance.
- The annual report and audited financial statement for the fiscal year ending June 30, 2021 were approved.
- Two Member at Large board positions were up for election. Mary Morice and Chantelle Yates were elected into these vacant positions.

## 2021 VIRTUAL AWARDS & SCHOLARSHIP

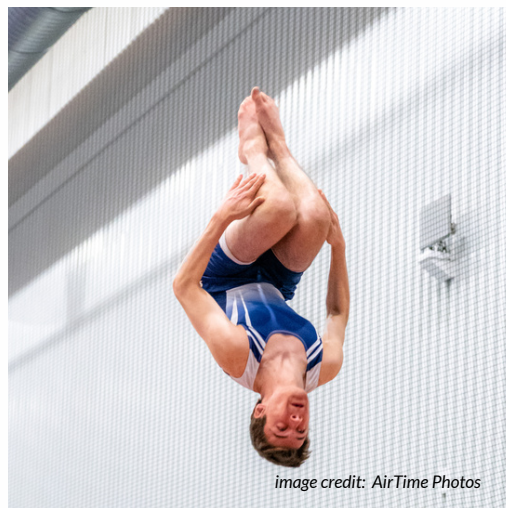
- As in-person events were restricted at the time, the 2021 event was presented as a video to our members on February 25, 2022.
- 35 individuals were recognized for their accomplishments during the 2020-21 season.
- Two awards were issued for Outstanding Achievements to Sam Smith and Curt DeWolff for their participation in the 2020 Tokyo Olympic Games.
- Three scholarships were awarded to: Maja Bonham, Meaghan Kujat, and Natalie Anderson
- Todd Sader, Jade Kotzer and Ford White were presented with GymBC Member of Distinction awards.
- Toni Vance and Ford White were presented with GymBC Life Member awards.

# EVENTS (cont.)

---

## 2022 TG BC CHAMPIONSHIPS

- The TG BC Champs took place on March 25-27, 2022 at the North Surrey Sport & Ice Complex in Surrey, BC.
- The event was hosted by Flip City Gymnastics.
- 196 athletes and 31 coaches participated in the event.



## 2022 ARTISTIC BC CHAMPIONSHIPS

- The Artistic BC Champs took place on April 1-3, 2022 at the North Surrey Sport & Ice Complex in Surrey, BC.
- The event was hosted by Flip City Gymnastics.
- 631 athletes and 104 coaches participated in the event.



## 2022 WAG CCP COMPULSORY CHAMPIONSHIPS

- The WAG CCP Compulsory event took place May 5-8, 2022 at TAG Sports Centre in Port Coquitlam, BC.
- TAG Sports was the host club for this event.
- 274 athletes and 45 coaches participated in this event.



## EVENTS (cont.)

---



### 2022 ARTISTIC CANADIAN CHAMPIONSHIPS

- Canadian nationals was hosted May 26-30, 2022 at the Richmond Olympic Oval in Richmond, BC.
- GymBC had nearly 100 athletes, coaches, chaperones and judges attend this competition.



### 2022 BC GYMNAESTRADA

- This year's event was held at the Comox Community Centre in Comox, BC.
- Almost 400 participants and coaches from 19 groups and 15 clubs across British Columbia participated in the event.
- The theme was "Children's Literature; "Oh the Places You'll Go!"

### 2022 TG WESTERN CANADA CUP

- The TG Western Canada Cup event took place June 3-5, 2022 at the Port Moody Recreation Centre, in Port Moody, BC.
- The event was hosted by GymBC's Trampoline Technical Committee and GymBC's Trampoline Technical Coordinator.
- 267 athletes and 53 coaches attended the event - this included participants from Alberta, Saskatchewan and Manitoba.



# COMMUNICATIONS

---



Recreation Program Manager portfolio was expanded to include Communications. This merger helps to highlight the inclusion of GFA across the organization and with external partners and stakeholders.



The GymBC Weekly got a fresh new look in January 2022! Content is better categorized and the overall look and feel is clean and bright.



GymBC features launched: Storytelling initiative to showcase outstanding individuals within our community. Features will rotate across all disciplines.



Increased social media coverage at all three GymBC Provincial Championships events. New: Provincial Champs photo listing for MAG, WAG (Optionals and Compulsories) and TG.







image credit: Very OK Photos

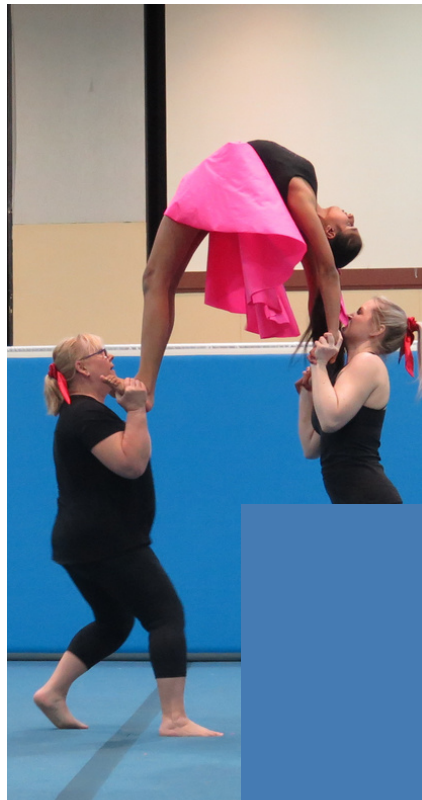


image credit: Air Time Photos



# SOCIAL MEDIA



## GYMBC WEBSITE

**129K** TOTAL PAGEVIEWS

**↑ 52.7%**

**2,525**  
PAGE LIKES  
**↑ 6.7%**



**20,445**  
PAGE REACH  
**↑ 97.6%**

**4,360**  
FOLLOWERS  
**↑ 11.8%**



**1,527**  
FOLLOWERS  
**↑ 1.8%**



