

2025 Artistic and Trampoline GymBC Championships

Co-Hosted by Flip City Gymnastics Club and Gymnastics BC

Event Workplan #1



EVENT INFORMATION

Dates: April 4–6, 2025

Location: North Surrey Sport and Ice Complex - 10950 126A St, Surrey, BC V3V 0E5

Event Website - *Workplans, schedules, event information will consistently be updated on the event website*

HOST CONTACT INFORMATION

Flip City Gymnastics Club

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MEDIA INFORMATION

Social Media

Instagram: @gymnasticsbc || @flipcitygymnasticsclub

Facebook: Gymnastics BC || Flip City Gymnastics Club

Please Use Hashtags: #GymBCChamps2025 #GymBCxFlipCity

Media Contact

For press releases, news coverage, and other media inquiries, please email: communications@gymbc.org.

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ADMINISTRATIVE INFORMATION

Fees & Deadlines

Discipline	Category	On/Before March 2	March 3-6	March 7-9
Artistic & TG	Athlete	\$150	\$170	\$200
Artistic & TG	Coach	\$25	\$35	\$60
TG	Additional Events	\$10 per event	\$10 per event	\$10 per event
WAG CCP 7-10	Apparatus Finals	\$5	\$5	\$5

Absolutely no entries will be accepted after **11:59 p.m. on March 9, 2025.**

Registration Information

Artistic Gymnastics	Trampoline Gymnastics
Registration will be conducted through Kscore starting January 2025. Click here to access the Kscore registration website.	Registration will be conducted through Sportzsoft starting January 2025. Click here to access the Sportzsoft registration website.

Important Deadlines

March 1, 2025	Deadline to make a change to an athlete's category with Gymnastics BC (WAG and MAG)
March 2, 2025	First registration deadline for all categories
March 9, 2025	Final registration deadline for all categories
March 16, 2025	TG changes and corrections due
April 3, 2025	Deadline to submit a request for a refund

Payment of Fees

Invoices will be sent to clubs following the first registration deadline. Payment can be made via credit card (transaction fees apply), by E-transfer (include invoice number and club name) to accounting@gymbc.org, or by cheque payable to Gymnastics BC.

Refunds and Withdrawals

To request a refund, complete the [Request for Refund Form](#).

- Athlete withdrawals after **March 2, 2025**, require a medical certificate, and a \$15 administration fee will be withheld.
- Coach withdrawals do not require a medical certificate, and no fees will be withheld.
- No refunds will be issued after **April 3, 2025**, except under special circumstances approved by GymBC.

Club Declaration of Compliance

To participate, each club must submit a signed [Declaration of Compliance](#) form by Friday, March 28, 2025. By signing, the club confirms that all athletes have signed the GymBC waiver and that media release forms have been collected from participants, granting GymBC and Flip City Gymnastics permission to share media during and after the event. Any questions may be sent to events@gymbc.org.

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Music

Floor music for WAG athletes **must** be submitted on Kscore with registration.

Results

Results will be consistently posted during the event on [Kscore for Artistic](#) and [Sportzsoft for Trampoline](#).

Venue Information

[Click here](#) for various information of what the North Surrey Sport and Ice Complex offers.

Parking and Transit

There are a limited number of parking stalls at the North Surrey Sport & Ice Complex; however, additional nearby street parking is available as well as a paid parking lot located at the Scott Road Skytrain Station. The closest sky train station to the venue is Scott Road Station. Plan your trip [online here](#).

Accommodation - Host Hotel: Inn at the Quay

Details	Information
Address	900 Quayside Drive, New Westminster, BC, V3M 6G1
Phone	(604) 520-1776
Room Type & Rate	Quay Double Room - \$199 per night (1-4 people per room)
Minimum Stay	2-night minimum
Booking Deadline	February 24, 2025
Reservations	Call (604) 520-1776 and mention the "2025 GymBC Championships"
Parking	\$15 per night
Cancellation Policy	Free changes up to 72 hours before arrival. Within 72 hours, first night's charges apply



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ATHLETE INFORMATION

Eligibility

All athletes for the 2025 Artistic and Trampoline GymBC Championships will be verified by GymBC. For Artistic Athletes, clubs must ensure athletes are registered in the correct category by March 1, 2025. Incorrect registrations (e.g., interclub or recreational) will result in a \$200 fine per athlete and possible ineligibility. For eligibility details, see the discipline sections below.

Attire

Athletes must adhere to GymBC's attire guidelines as outlined in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, ensuring compliance with competition standards during warm-up and competition.

Warm-Up Procedures

Consult the [TG](#), and [MAG](#) Operations Manual or for WAG, the [BC CCP Charts & Xcel Program Document](#) for more information.

COACH INFORMATION

Eligibility

All coaches must have the required NCCP certification and complete the Respect in Sport (RiS) program, as outlined in the [GymBC Coaching Education Operations Manual](#). Please see the details in the table below. GymBC will verify these for all registered coaches. Coaches without certification will be notified, and those coaching without proper certification during the event will face a \$200 fine. A one-time exemption may be requested until the next applicable NCCP course. For details, see the Coaching Education Operations Manual or email coaching@gymbc.org.

Levels	Certification Requirements
MAG Provincial 1	NCCP Gymnastics Foundations Certified and Respect in Sport
MAG Provincial 2 TG All Levels	NCCP Competition Introduction (Comp 1) Certified and Respect in Sport
MAG Provincial 3-4 WAG CCP 6-8	NCCP Competition Introduction Advanced (Comp 2) Certified and Respect in Sport.
MAG Provincial Open, National Open, Aspire, Junior, Senior WAG CCP 9-10, HP Novice, Junior, Senior, National Open	NCCP Competition Development (Comp 3) Certified and Respect in Sport

Attire

Coaches must adhere to GymBC's attire guidelines in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, maintaining a professional image during warm-up and competition.

JUDGE INFORMATION

All judges must be registered with Gymnastics BC. Consult the [TG](#), [MAG](#), and [WAG](#) Operations Manuals for more information regarding each disciplines judges.

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COMPETITION INFORMATION - TG

Categories, Eligibility, and Awards

Category	Eligibility	Awards
Provincial Level 1-4, National Level 5-Senior	Eligible to compete at GymBC Championships.	<ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline, Double Mini, Tumbling.• Provincial Individual: Medal 1-3, Ribbon 4-10.• National Individual: Medal 1-3, Ribbon 4-6• All Around: Plaque 1-6.
Synchronized Trampoline (Provincial Level 1-4)	Eligible to compete at GymBC Championships.	<ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline• Individual: Medal 1-3, Ribbon 4-10.
Synchronized Trampoline (National Level 5, 6, SR M & W. Level 5 & Senior Mixed)	Eligible to compete at GymBC Championships.	<ul style="list-style-type: none">• Team Awards: Medal 1-3 for Trampoline• Individual: Medal 1-3, Ribbon 4-6.

Changes & Corrections

All changes must be completed through your Sportzsoft Club Registration account. The deadline to make and changes or corrections is at **11:59 p.m. on March 16, 2025**. Absolutely no changes will be accepted after the deadline.

DD Sheets

DD Sheets must be complete and emailed to tg@gymbc.org by **12:00 p.m. on March 17, 2025**.

Tie-Breaking

In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to the [GymCan Competition Regulations](#).

More Information

Consult the [TG Operations Manual](#) for further information.

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COMPETITION INFORMATION - MAG

Categories, Birth Years, and Awards

Category	Birth Year	Awards
Provincial 1	2016-2017, 2015 or earlier	<ul style="list-style-type: none"> No team awards Ribbons for each apparatus AA medal Certificates and All-Star Certificates Medal 1-3 (10+)
Provincial 2	2012-2017	<ul style="list-style-type: none"> No team awards Medal 1-3 Rosettes 4-6 Ribbon 4-6 Plaque AA Champion
Provincial 3	2013-2015, 2012 or earlier	
Provincial 4		
Provincial Open	2011 or earlier	
National Open	2010 or earlier	
Aspire	2011-2012	
Junior	2009-2010, 2007-2008	
Senior	2005-2006, 2004 or earlier	

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given. For categories that are split by age group (e.g., Provincial 3), they may be combined for awards/results if there are not enough athletes in one of the age groups.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [MAG Operations Manual](#) for further information.

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COMPETITION INFORMATION - WAG

Categories, Eligibility, and Awards

Category	Eligibility	Awards
CCP 6-7	Minimum of 32.00 AA at least once, at a GymBC sanctioned event or at an out of province competition with verifiable online results, prior to registering for the event. Please note that Judges' Cup may not be used for qualification purposes. CCP 6-7 athletes unable to attain the qualification score with extenuating circumstances may petition to the WTC for participation by emailing wag@gymbc.org with any supporting information available.	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count All-Around / Apparatus: by category and by competitive age groupings Medal 1-3, ribbon 4-10, plaque AA Champion
CCP 8-10	Eligible to compete at GymBC Championships.	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count All-Around / Apparatus: by category and by competitive age groupings Medal 1-3, ribbon 4-10, plaque AA Champion
HP Novice, Junior, Senior, National Open	Eligible to compete at GymBC Championships and attendance is mandatory as an athlete, coach, judge, demonstrator or volunteer.	<ul style="list-style-type: none"> No team awards AA competition: by category Medal 1-3, ribbon 4-10, plaque AA Champion
Apparatus Finals	CCP 7-10. Top 8 athletes per apparatus, per level, all ages combined.	<ul style="list-style-type: none"> No team awards By category, all age groupings combined Medal 1-3, ribbon 4-8

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.

Category Grouping

For CCP 6-8, following athlete registration, athletes will be grouped by category and birth year. Each competitive grouping will ideally be approximately 24 athletes. Groupings will not be changed once the official schedule for the event is circulated. For CCP 9-10, athletes will be split according to the GymCan Technical Regulations, to keep intact the selection process to Canadian Championships.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [WAG Operations Manual](#) for further information.

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DRAFT SCHEDULE

This is a **draft schedule only** and may change following the first registration deadline. Please keep this in mind when making travel arrangements. Age groups for each session will only be confirmed once the final registration is complete

Date	Session	Discipline	Time	Details
Friday, April 4	Session 1	WAG	07:30 - 11:00	CCP 6
	Session 2	WAG	11:15 - 14:45	CCP 6
	Session 3	WAG	15:15 - 18:00	CCP 9 (Trials + BC Champs Awards)
	Session 4	WAG	18:15 - 20:45	CCP 10 (Trials + BC Champs Awards)
	Opening Ceremonies	TG	07:45 - 08:00	Mandatory Attendance for TG Participants
	Session 1	TG	08:00 - 20:00	Preliminary Competition
Saturday, April 5	Opening Ceremonies	WAG/MAG	08:45 - 09:00	Mandatory Attendance for MAG/WAG Participants
	Session 5	MAG	08:45 - 12:15	P2, P3-U13
		WAG	08:45 - 11:30	CCP 7
	Session 6	WAG	11:45 - 14:30	CCP 7
	Session 7	MAG	12:45 - 16:00	P3-13+, P4
		WAG	14:45 - 17:15	CCP 8
	Session 8	MAG	16:30 - 20:30	P5, Aspire, JR, SR, National Open
		WAG	17:30 - 20:30	High Performance
Session 2	TG	08:00 - 20:00	Preliminary Competition	
Sunday, April 6	Session 9	MAG	08:00 - 10:55	P1
		WAG	08:00 - 10:30	Apparatus Finals CCP 7-8
	Session 10	WAG	11:00 - 14:00	CCP 9 (Trials + Apparatus Finals)
	Session 11	WAG	14:15 - 17:00	CCP 10 Day 2 (Trials + Apparatus Finals)
	Finals	TG	08:00 - 17:00	Finals Competition
	Team Final	TG	17:00 - 20:00	Team Final