

2025 Xcel GymBC Championships

Co-Hosted by Langley Gymnastics Foundation and Gymnastics BC

Event Workplan #1



EVENT INFORMATION

Dates: April 17-18, 2025

Location: Langley Events Centre - 7888 200 St, Langley Twp, BC V2Y 3J4

Event Website - Workplans, schedules, event information will consistently be updated on the event website

HOST CONTACT INFORMATION

Langley Gymnastics Foundation

Suite #180 Box #16 7888 200 St, Langley Twp, BC V2Y 3J4

Jennifer Coimbra

General Manager

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(604) 455-8845

Gymnastics BC

268-828 West 8th Avenue, Vancouver BC, V5Z 1E2

Aidan Muth

Communications and Events Manager

events@gymbc.org

(604) 333-3490

Leanne James

Senior Manager, Development

events@gymbc.org

(604) 333-3493

MEDIA INFORMATION

Social Media

Instagram: @gymnasticsbc || @langleygymnasticsfoundation

Facebook: Gymnastics BC || Langley Gymnastics Foundation

Please Use Hashtags: #GymBCChamps2025 #GymBCxLGF

Media Contact

For press releases, news coverage, and other media inquiries, please email: communications@gymbc.org.

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ADMINISTRATIVE INFORMATION

Fees & Deadlines

Discipline	Category	On/Before March 16	March 17-20	March 21-23
WAG	Athlete	\$150	\$170	\$200
WAG	Coach	\$25	\$35	\$60

Absolutely no entries will be accepted after **11:59 p.m. on March 23, 2025.**

Registration Information

Registration will be conducted through Kscore starting in January. [Click here](#) to access the Kscore registration website.

Important Deadlines

March 1, 2025	Deadline to make a change to an athlete's category with Gymnastics BC
March 16, 2025	First registration deadline for all categories
March 23, 2025	Final registration deadline for all categories
April 16, 2025	Deadline to submit a request for a refund

Payment of Fees

Invoices will be sent to clubs following the first registration deadline. Payment can be made via credit card (transaction fees apply), by E-transfer (include invoice number and club name) to accounting@gymbc.org, or by cheque payable to Gymnastics BC.

Refunds and Withdrawals

To request a refund, complete the [Request for Refund Form](#).

- Athlete withdrawals after **March 16, 2025**, require a medical certificate, and a \$15 administration fee will be withheld.
- Coach withdrawals do not require a medical certificate, and no fees will be withheld.
- No refunds will be issued after **April 16, 2025**, except under special circumstances approved by GymBC.

Club Declaration of Compliance

To participate, each club must submit a signed [Declaration of Compliance](#) form by Thursday, April 10, 2025. By signing, the club confirms that all athletes have signed the GymBC waiver and that media release forms have been collected from participants, granting GymBC and Langley Gymnastics Foundation permission to share media during and after the event. Any questions may be sent to events@gymbc.org.

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Music

Floor music **must** be submitted on Kscore with registration.

Results

Results will be consistently posted during the event on [Kscore](#).

Venue Information

[Click here](#) for various information of what the Langley Events Centre offers.

Parking and Transit

Free parking is located all around the Langley Events Centre (LEC). There are a limited number of accessible parking spots available near Gate 3 and 7. It is recommended that you arrive as early as possible to secure an accessible parking spot. Electric Parking is located near Gate 4. LEC is accessible by public transit. Plan your trip [online here](#).

Accommodation - Host Hotel: Sandman Signature Langley + Sandman Hotel Langley

Details	Sandman Signature Langley	Sandman Hotel Langley
Address	8828 201 St, Langley Twp, BC V2Y 0C8	8855 202 St., Langley Twp, BC V1M 2N9
Phone	(604) 455-7263	(604) 888-7263
Block ID	465909	466119
Arrival	Starting on April 16, 2025	Starting on April 16, 2025
Departure	Up to April 20, 2025	Up to April 20, 2025
Room Rate	\$229 per night	\$199 per night
Booking Deadline	March 10, 2025	March 10, 2025
Reservations	<p>Online: Guests can book at www.sandmanhotels.com: Select property, dates, and use "Web Group Code" with Block Code (above).</p> <p>By Phone: 1-800-SANDMAN (726-3626) or 604-455-7263 (Front Desk)</p>	<p>Online: Guests can book at www.sandmanhotels.com: Select property, dates, and use "Web Group Code" with Block Code (above).</p> <p>By Phone: 1-800-SANDMAN (726-3626) or 604-455-7263 (Front Desk)</p>



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ATHLETE INFORMATION

Eligibility

All athletes for the 2025 Xcel GymBC Championships will be verified by GymBC. Clubs must ensure athletes are registered in the correct category by March 1, 2025. Incorrect registrations (e.g., interclub or recreational) will result in a \$200 fine per athlete and possible ineligibility.

Attire

Athletes must adhere to GymBC's attire guidelines as outlined in the [WAG Operations Manual](#), ensuring compliance with competition standards during warm-up and competition.

Warm-Up Procedures

Consult the [BC CCP Charts & Xcel Program Document](#) for more information.

COACH INFORMATION

Eligibility

All coaches must have the required NCCP certification and complete the Respect in Sport (RiS) program, as outlined in the [GymBC Coaching Education Operations Manual](#). Please see the details in the table below. GymBC will verify these for all registered coaches. Coaches without certification will be notified, and those coaching without proper certification during the event will face a \$200 fine. A one-time exemption may be requested until the next applicable NCCP course. For details, see the Coaching Education Operations Manual or email coaching@gymbc.org.

Levels	Certification Requirements
Bronze, Silver, Gold	NCCP Competition Introduction (Comp 1) Certified and Respect in Sport (RiS)
Platinum, Diamond	NCCP Competition Introduction Advanced (Comp 2) Certified and RiS

Attire

Coaches must adhere to GymBC's attire guidelines in the [WAG Operations Manual](#), maintaining a professional image during warm-up and competition.

JUDGE INFORMATION

All judges must be registered with Gymnastics BC. Consult the [WAG Operations Manual](#) for more information.

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COMPETITION INFORMATION

Categories, Eligibility, and Awards

Category	Eligibility	Awards
Xcel Bronze-Gold	Minimum of 35.00 AA at least once, at a GymBC sanctioned event or at an out of province competition with verifiable online results, prior to registering for the event. Please note that Judges' Cup may not be used for qualification purposes	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count. All-Around / Apparatus: By category and by competitive age groupings. Medal 1-3, ribbon 4-10, plaque AA Champion.
Xcel Platinum	Minimum of 34.00 AA at least once, at a GymBC sanctioned event or at an out of province competition with verifiable online results, prior to registering for the event. Please note that Judges' Cup may not be used for qualification purposes	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count. All-Around / Apparatus: By category and by competitive age groupings. Medal 1-3, ribbon 4-10, plaque AA Champion.
Xcel Diamond	Minimum of 33.00 AA at least once, at a GymBC sanctioned event or at an out of province competition with verifiable online results, prior to registering for the event. Please note that Judges' Cup may not be used for qualification purposes	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count. All-Around / Apparatus: By category and by competitive age groupings. Medal 1-3, ribbon 4-10, plaque AA Champion.

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.

Category Grouping

Following athlete registration, athletes will be grouped by category and birth year. Each competitive grouping will ideally include approximately 24 athletes. Groupings will not be changed once the official schedule for the event is circulated.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [WAG Operations Manual](#) for further information.

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DRAFT SCHEDULE

This is a **draft schedule only** and may change following the first registration deadline. Please keep this in mind when making travel arrangements. Age groups for each session will only be confirmed once the final registration is complete

Date	Session	Time	Details
Thursday, April 17	Session 1	07:30 - 10:00	Xcel Bronze
	Session 2	10:15 - 12:45	Xcel Bronze
	Session 3	13:00 - 15:30	Xcel Bronze
	Opening Ceremonies	15:45 - 16:00	Attendance Mandatory
	Session 4	15:45 - 18:30	Xcel Silver
	Session 5	18:45 - 21:15	Xcel Silver
Friday, April 18	Session 6	07:30 - 10:00	Xcel Silver
	Session 7	10:15 - 12:45	Xcel Gold
	Session 8	13:00 - 15:30	Xcel Gold
	Session 9	15:45 - 18:15	Xcel Gold
	Session 10	18:30 - 21:00	Xcel Platinum + Diamond