



2018/19 Annual Report



GYMNASTICS BC

Providing positive and diverse gymnastics experiences across the province.

604-333-3496 | www.gymbc.org | #268 - 828 West 8th Ave, Vancouver, BC

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ABOUT THIS REPORT

This report provides an overview of the organization's achievements and activities throughout each fiscal year.

Statistical information on membership numbers and participant numbers are as of membership year end, August 31, 2019.

All other information presented in this report is as of fiscal year end June 30, 2019.

ABOUT GYMNASTICS BC

VISION

To be a provincial leader in the delivery of quality foundational and high performance programs and services that foster lifelong sport participation.

MISSION

To provide positive and diverse gymnastics experiences for province-wide participation at all levels.

MESSAGE FROM THE CHAIR



Ana Arciniega | Chair

As I complete my first year as Chair of Gymnastics BC (GBC), I reflect on the many developments that have occurred over the last year. There have been so many challenges for all of us, as well as on a personal level for me; however, we have pulled through and continue to work with dedication and focus.

It is a BIG deal to be celebrating 50 years as a society! As the world continues to change, what sets a successful organization apart from the rest—and what makes an organization stand the test of time—is the ability to overcome challenges and adapt to change.

Earlier in the year, GBC's CEO of 7 years, Brian Forrester, departed the organization and our Board undertook a search for a replacement. GBC's previous Technical Director, Andrée Montreuil, was selected as his successor. With her vast experience in the sport, her years as Technical Director, and the respect she has earned from the sport community, Andrée has become an invaluable leader and we are confident she will be successful in her new role as CEO.

Over the past year, Gymnastics BC has faced significant changes in the trampoline insurance landscape, and the effects have been felt at board, staff, club, and participant levels. On a macro-level, the insurance changes have highlighted a common priority among all member clubs: an increased need for risk management tools and resources.

GBC staff continue to prioritize educating the sector, connecting with other provinces, and providing valuable resources to support member clubs and ensure all regulations are being followed. In order to increase the risk management resources we provide, GBC is hiring a Risk Management Officer. This position will help member clubs comply with rules, re-develop the Safety First Manual, and create valuable resources to enhance risk management practices across the province.

In fall 2019, in my role as Executive Director at Delta Gymnastics Society, I started a Gym Peers Round Table which convenes once a month. These sessions provide an excellent opportunity to dive into topics of common concern, hone leadership skills, share, discuss and navigate challenges being faced at a club level. Over time, the group has grown in size, and we now have around 20 member clubs participating in our monthly round table sessions! I would like to encourage all gym administrators to join in these conversations; we all share similar issues and concerns, and when we work together, we're able to support each other in a confidential, safe, and productive way.

MESSAGE FROM THE CHAIR (CONT'D)

Ana Arciniega | Chair

I am incredibly thankful to the members of GBC's Board of Directors for volunteering their time and talent to direct Gymnastics BC's policies and procedures. The Board is currently tasked with developing a strategic plan, which will set the stage for GBC's goals and priorities in the coming years. Since establishing the Gym Peers group, and having been the Executive Director at Delta Gymnastics for the past seven years, I have had the opportunity to listen and gather information on member club needs. This information will arm GBC with the tools to enhance the valuable support and services provided to member clubs every day.

Gymnastics, as the foundation of all sport and movement, has a critical role to play in physical literacy development across our province. Our coaches are movement educators, and we recognize their value and the contribution they make towards building an active and healthy society. New and long-term professional coaches are one of the most important assets in our member clubs; I congratulate our many wonderful coaches for all the valuable work they do!

Lastly, on a personal level, I suffered a major health event this year and was very lucky to survive it; that incident prompted me to reflect on my life priorities. I have chosen to continue with GBC as volunteer Chair, as I believe in what our member clubs do on a day-to-day basis to impact the lives of our over 54,000 participants and what we can achieve when we collaborate, celebrate, and work together.

Here's to the next 50 years of Gymnastics BC!

Sincerely yours,

Ana Arciniega
Chair, Gymnastics BC

MESSAGE FROM THE CEO

Andrée Montreuil | CEO



As you may have read, our past CEO, Brian Forrester, departed GBC after nearly 7 years of service. I would like to take this opportunity to sincerely thank Brian for all he has done for the development of our sport and for Gymnastics BC. His contribution to the success of this organization has been invaluable.

In June, I took over interim CEO duties, and was recently named as the new CEO of Gymnastics BC after 16 years as Technical Director. I was previously coach, then head coach and club manager in Quebec. I am confident that the knowledge and experience I bring will allow me to succeed in my new role as CEO.

In 2019, Gymnastics BC celebrated a huge milestone--its 50th anniversary! Our 50th Anniversary Working Group, under the leadership of Twyla Ryan created a series of events and activities to celebrate the amazing 50-year history of Gymnastics BC and the contributions of our athletes, coaches, judges, volunteers, and member clubs. We've already celebrated in many different ways – mass routine performed at the BC Lions halftime show, various social media contests -- and we will conclude our year of festivities with our Anniversary Gala where we will honour our Alumni, awards and scholarship recipients. I hope you will join us in this unique opportunities to renew old friendships and mingle with a group of people who share this passion for our sport.

The past year has seen Gymnastics BC increase its engagement efforts with members, and respond to member needs. I am confident that the efforts made in the past year will propel the society forward and set us up for success and growth in the coming years.

In 2019, our clubs have faced new challenges, with significant changes in the insurance landscape affecting all provinces. I commend our clubs who have responded by complying with the new requirements, and adjusting their business practices accordingly. I'd like to recognize every single person who has dedicated their time and effort to complying with the new requirements--whether that be by adjusting business practices, increasing coaching certifications, or educating themselves and others on the new requirements.

MESSAGE FROM THE CEO (CONT'D)

Andrée Montreuil | CEO

In response to the insurance landscape changes, Gymnastics BC embarked on an initiative to support those affected, by publishing weekly newsletters, titled *Plan, Enact, Adapt*, where we released tools and resources to help member clubs comply with the trampoline insurance regulations.

GBC's Technical Committees have also provided great support for our athletes and coaches. Shallon Olsen, from Omega Gymnastics, won a silver medal at the 2018 World Championships in Doha. Samantha Smith from Shasta won the gold medal at the 2019 Pan American Games. I must also note Emilie Hong's perfect 10.0 on vault at the 2019 Canada Winter Games. It is quite an accomplishment from these amazing athletes and their coaches.

The Gymnastics for All Committee supported the participation of 487 BC athletes at the Canadian Gymnaestrada hosted at the Richmond Oval. All four Technical Committees hosted their annual planning and education retreats to set common goals and priorities. The WAG program hosted its first BC Compulsory Provincial Championships with the participation of more than 460 athletes. WAG has also developed and piloted a physical ability testing program that will allow in-house, province-wide testing. Together, MAG, WAG and TG earned a total of 164 medals!

I would also like to take this time recognize the contribution of my co-workers, Brittany, Crystal, Debbie, Gurdit, John, Keara, Leanne and Melissa, who are an amazing group of dedicated individuals. I would also like to acknowledge members of the GBC Board of Directors who volunteer their time and energy towards the growth of our sport and organization.

As Gymnastics BC continues on its path to an engagement-centered approach with its members, I know there are still some challenges to come but I am confident that we will achieve success by working together.

Cheers to 50 more years!

Andrée Montreuil
CEO, Gymnastics BC

MEET THE **TEAM**

BOARD OF DIRECTORS

CHAIR

Ana Arcinega

VICE-CHAIR

Katherine Campbell

DIRECTOR OF FINANCE

Katherine Reinhardt

GYMNASTICS FOR ALL CHAIR

Mary Morice

MAG TECHNICAL CHAIR

Michael J. Hood

WAG TECHNICAL CHAIR

Alana Jensen

TG TECHNICAL CHAIR

Megan Conway/Rusty Pierce

DIRECTOR AT LARGE

Su Bailey

DIRECTOR AT LARGE

Sherri Taylor

DIRECTOR AT LARGE

Missy Preston

PAST CHAIR

Twyla Ryan

COMMITTEE DIRECTORS

ZONE 1 DIRECTOR

Vivian Hughan

ZONE 2 DIRECTOR

Heather Ivanitz

ZONE 3 DIRECTOR

Melissa Coombes

ZONE 4 DIRECTOR

George Burgoyne

ZONE 5 DIRECTOR

Carlene Lewall

ZONE 6 DIRECTOR

Heather LaPage

ZONE 7 DIRECTOR

Karl McPherson

ZONE 8 DIRECTOR

Lucia Fendelet

STAFF

CEO & TECHNICAL DIRECTOR

Andrée Montreuil

ADMIN & EVENTS COORDINATOR

Leanne James

STAFF

MEMBER SERVICES MANAGER

Brittany Cawson

TECHNICAL EDUCATION MANAGER / MAG COORDINATOR

John Carroll

GYMNASTICS FOR ALL MANAGER

Keara Urquhart (Hooi)

COMMUNICATIONS & MARKETING MANAGER

Melissa Mungall

FINANCE COORDINATOR

Gurdit Mann

WAG COORDINATOR

Crystal Gilhooly

TG COORDINATOR

Debbie McBoyle

IST COORDINATOR

Gavin Leung

PROVINCIAL COACH

Richard Ikeda

EQUIPMENT COORDINATORS

Marc Crippen,
Michelle Ricks

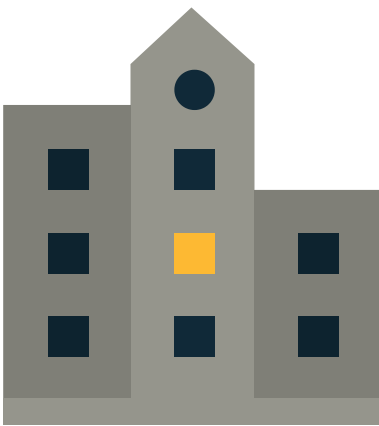
MEMBER SERVICES OVERVIEW

54,120 Total members in 2019

NEW MEMBER CLUBS

GBC saw increased membership growth this year!

We welcomed five new full-member clubs:
Armstrong Gymnastics Club, Flip Club, Flipside
Gymnastics Ltd., Symington Symbiotic Foundation, and
Flippin' Fun Gymnastics!



NEW MEMBER REGISTRATION SYSTEM: UPLIFTER

Gymnastics BC has been working with Uplifter since June 2016 to implement our new member registration system, which will help streamline annual member registrations.

The go-live date was September 2019 for the new membership management database system.

MEMBERS BY THE NUMBERS

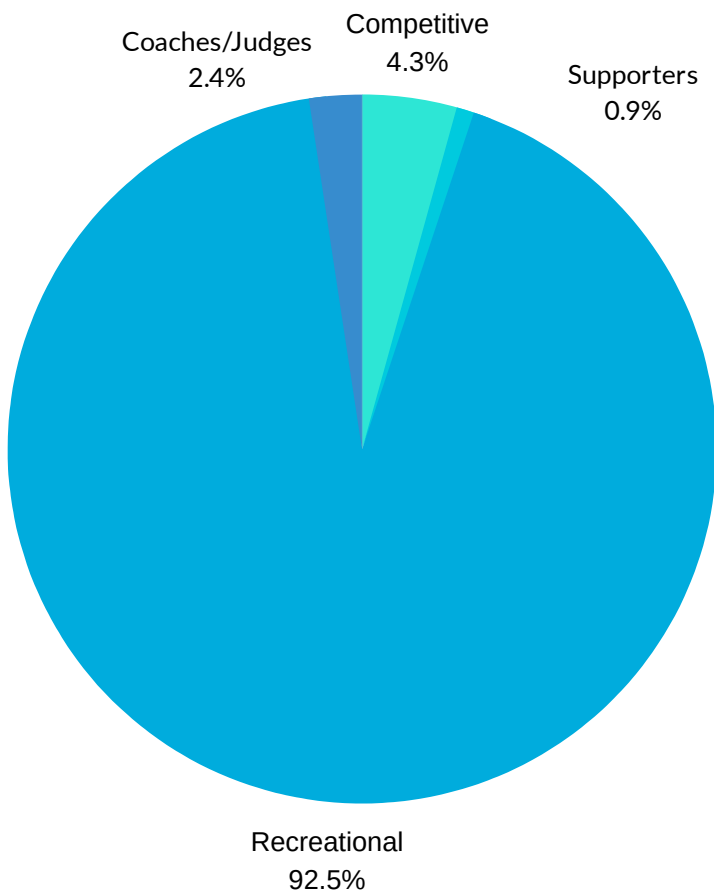
Recreational Athletes

- Artistic (44,762)
- Trampoline (758)
- Artistic Casual (2,542)
- Trampoline Casual (17)
- Artistic Interclub Performance (1,368)
- Artistic Interclub Performance Plus (325)
- Artistic Interclub Performance Challenge (126)
- Trampoline - Interclub (5)
- Acrobatic (80)
- Cheerleading (0)

Coaches and Judges

- Artistic Recreational Coach (886)
- Artistic Pre-CIT (68)
- Trampoline Recreational Coach (22)
- Men's Artistic Gymnastics Coach (46)
- Women's Artistic Gymnastics Coach (222)
- Trampoline Gymnastics Coach (28)
- Acrobatic Coach (4)
- Men's Artistic Gymnastics Judge (4)*
- Women's Artistic Gymnastics Judge (17)*
- Trampoline Gymnastics Judge (27)

* individuals registered with *Gymnastics BC*



Competitive Athletes

- Men's Artistic Gymnastics (292)
- Women's Artistic Gymnastics (1,775)
- Trampoline Gymnastics (256)
- Acrobatic (17)

Supporters

- Board of Directors (199)
- Volunteers (274)



GYMNASTICS FOR ALL

Gymnastics for All (GFA) includes all non-competitive GBC programs offered by clubs. GFA contributes to physical literacy, health, fitness, and an active lifestyle.

	2017	2018	2019
ARTISTIC RECREATIONAL	43,843	44,396	45,064
TG RECREATIONAL	708	659	824
ARTISTIC CASUAL	2,839	3,116	2,613
TG CASUAL	39	22	17
ARTISTIC INT. PERFORMANCE	1,277	1,590	1,447
ARTISTIC INT. PERFORMANCE +	323	314	356
ARTISTIC INT. PERF. CHALLENGE	-	101	140
ACROBATIC RECREATIONAL	88	94	82
RECREATIONAL CHEERLEADING	15	11	-
TG INTERCLUB	19	3	5
TOTAL	49,151	50,306	50,548

CANADIAN GYMNAESTRADA

This past year, BC participants performed at the Canadian Gymnaestrada in Richmond, BC!

A total of 16 groups and 487 BC participants took part in the event, which ran from June 27-July 1, 2018.

CANGYM

CanGym started in 2016 with the intent of developing a National recreational curriculum program that addresses the authentic needs and interests of stakeholders across Canada.

Clubs around the country are currently piloting the curriculum in various LTAD and discipline-specific stages. The revised program is scheduled to be rolled out during the 2020-2021 season.

GYMNASTICS FOR ALL HIGHLIGHTS

44

PARTICIPANTS AT
THE GFA RETREAT
THIS PAST FISCAL
YEAR.

2

CLUBS TRAVELLED FROM
ALBERTA TO ATTEND
THIS YEAR'S BC
GYMNAESTRADA!

38.6%

GROWTH IN
PERFORMANCE
CHALLENGE
PARTICIPANT
NUMBERS SINCE
LAST FISCAL YEAR.

384

PARTICIPANTS
AT THE 2019 BC
GYMNAESTRADA.

TECHNICAL HIGHLIGHTS

BC BREVET JUDGES

BC had 4 MAG/WAG brevet judges who attended the 2018 World Championships this past year in Doha, Qatar. Those judges include: John Carroll, Jeff Thompson, Andree Montreuil, and Gord Bennett.

TEAM BC PERFORMANCE

In 2019, Team BC athletes in MAG, WAG and TG won 164 medals! That's a lot of bling!

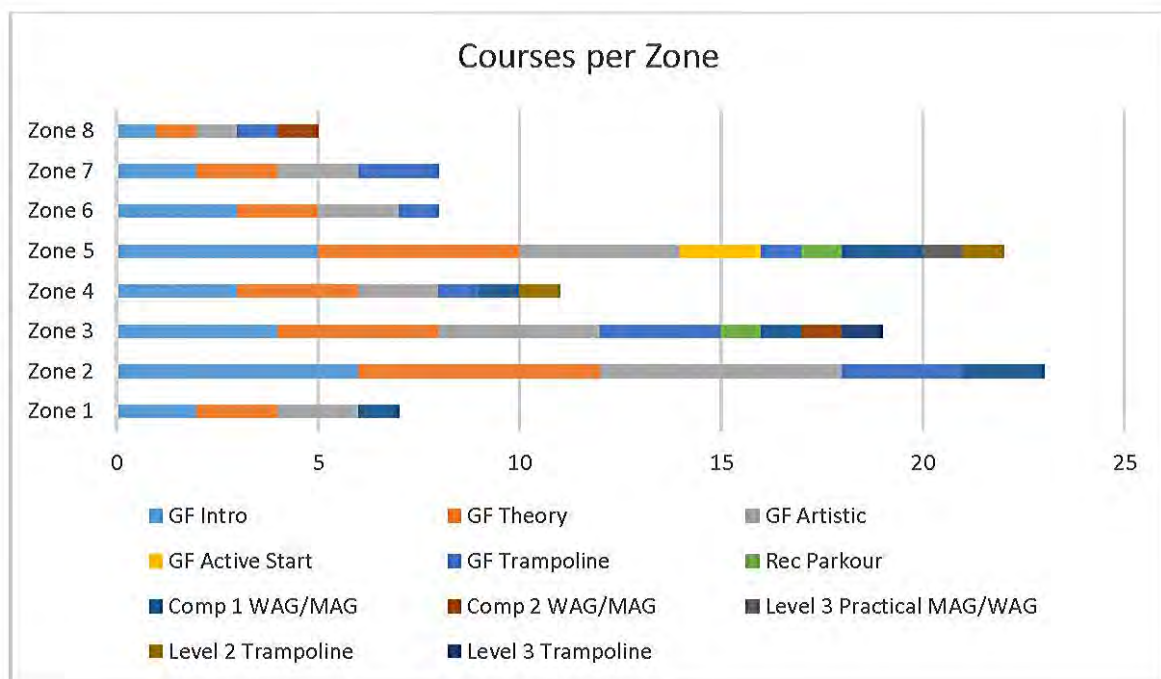
GBC also contributed over \$140,000 to the Canadian Championships and Westerns budget.

COACH DEVELOPMENT

GBC works to provide meaningful education and professional development to coaches.

The following charts provide a closer look into the coach development that occurred during fiscal 2019.

	Courses			Participants		
	2017	2018	2019	2017	2018	2019
GF INTRO	23	18	26	255	253	346
GF THEORY	23	18	25	241	252	339
GF AG	26	19	23	141	236	308
GF TRAMPOLINE	8	7	12	85	74	125
GF ACTIVE START	6	5	2	35	40	29
REC. PARKOUR	1	1	2	-	42	29
C1 MAG/WAG	-	1	7	-	156	101
L2 TRAMPOLINE	2	4	2	27	33	19
C2 MAG/WAG	2	2	1	41	41	12
L3 MAG/WAG	-	1	11	-	8	3
L3 TRAMPOLINE	1	0	1	6	0	13
TOTAL	93	86	102	850	1135	1324



COACHING HIGHLIGHTS

LEARNING FACILITATORS

The increase of Learning Facilitators for NCCP Gymnastics Foundations Introduction, Theory, Artistic, and Competition 1 has had a positive effect on the courses GBC offers and their locations. GBC has Foundations Learning Facilitators located in every regional zone, except Zone 8.

RESPECT IN SPORT COMPLIANCE (RIS)

With the addition of RIS compliance for all levels of coaches at national events, there has been an increase in the number of coaches, administrators, and volunteers completing the program. For the 2018-19 season, GBC was invoiced for over 400 individuals in BC. One of the perks of GBC membership is that the cost of RiS Certification is covered.

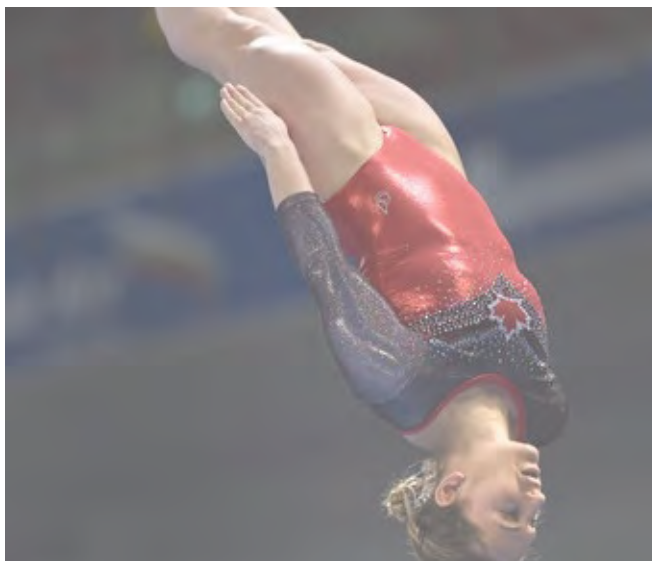


HIGHLIGHTS

DETECTIVE WORK: NCCP LOCKER

Over the past fiscal year, GBC has accommodated an increased amount of requests to find missing documentation for coach training in the NCCP Locker.

TRAMPOLINE HIGHLIGHTS

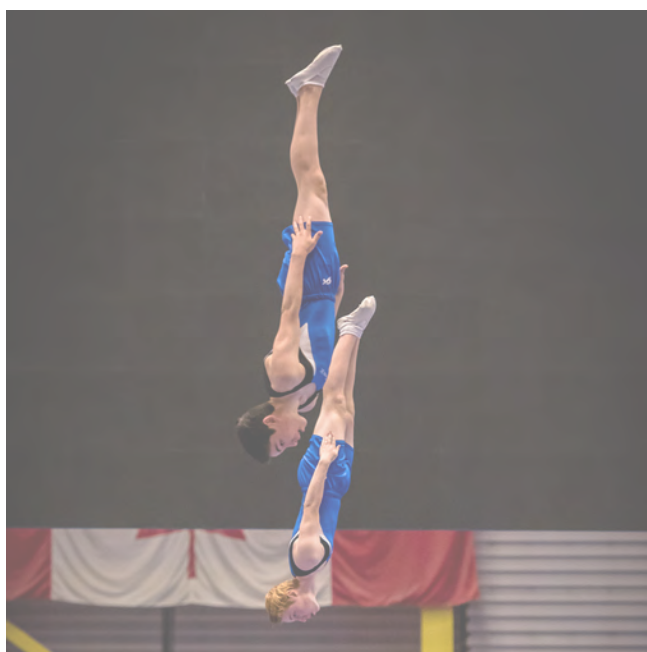


12

**MEDALS PRESENTED
TO TG BC ATHLETES
AT WESTERN CANADA
CUP THIS YEAR**

**CANADA
WINTER
GAMES**

**TEAM BC
CAPTURED
TEAM BRONZE**



**GOLD MEDAL IN
INDIVIDUAL
TRAMPOLINE
AT PAN AM GAMES**

SAMANTHA SMITH

TRAMPOLINE GYMNASTICS

Yet another highly successful season has come to a close. Trampoline Gymnastics (TG) athletes have excelled on provincial, national, and international stages. TG national team members include: Declan McLean (JR), Blake Mould (JR), Maja Bonham (JR), Owen Armstrong (JR), Jordan Yendley (JR), Sam Smith (SR).

6TH ANNUAL COACHES AND JUDGES RETREAT

The 6th Annual Coaches and Judges retreat was held October 20-21st in Loon Lake.

The event was a success, with a total of 17 people in attendance.

All sessions were once again lead by June Booth.

		2017	2018	2019
PRE NATIONAL MALE	TRAMPOLINE	52	51	49
	DMT	46	46	47
	TUMBLING	11	13	7
PRE NATIONAL FEMALE	TRAMPOLINE	122	124	115
	DMT	120	121	111
	TUMBLING	62	77	64
NATIONAL/HP MALE	TRAMPOLINE	20	22	21
	DMT	23	25	20
	TUMBLING	5	3	2
NATIONAL/HP FEMALE	TRAMPOLINE	24	37	31
	DMT	24	36	35
	TUMBLING	6	6	5

REGISTRATION AND INSURANCE

Despite the introduction of insurance limitations at the end of the fiscal year, Competitive registration remained steady throughout this season. The pre-national stream athletes continue to make up the bulk of the competitive program.

Numbers have increased in the National Level 5 category due in part to athletes mobilizing from the Pre-National Level 4 categories throughout the season. Numbers have also increased in Level 6 and Junior as a result of a highly successful season.

WOMENS ARTISTIC GYMNASTICS HIGHLIGHTS



2018 WORLD CHAMPIONSHIPS

**SHALLON OLSEN,
SILVER MEDAL - VAULT,
4TH TEAM FINAL**

2019 INTERNATIONAL GYMSPORT COMPETITION

**ISABELA ONYSHKO,
1ST AA, 2ND BEAM,
1ST FLOOR**



2019 CANADA GAMES - HISTORIC SCORE

**10.00 FOR EMILIE
HONG ON VAULT**

WOMEN'S ARTISTIC GYMNASTICS (WAG)

BC continues to have a strong WAG presence on national teams, with 5 BC Junior and Senior National Team members, and one BC espoir member. WAG national team members include: Shallon Olsen, Haley De Jong, Imogen Paterson, Sydney Turner (espoir) and Lucia Jakab.

JO Code of Points Provided to WAG

Judges: 2018 marked the start of the new cycle for the JO Program. Significant efforts were put in training coaches and all of the judges. To limit the expenses for the judges, the Women's Judges

Committee provided each independent judge (level 6 and up) a copy off the JO Code of Points.

HP Program: 18 athletes were named

to the high performance list this past year, and international rankings continued to improve. There were a total of 5 national team members, and 1 espoir member this past year.

ATHLETES PER LEVEL

	2017	2018	2019
JO 1	236	264	202
JO 2	196	256	294
JO 3	273	291	341
JO 4	174	175	148
JO 5	65	71	58
JO 6	271	268	311
JO 7	133	123	137
JO 8	91	96	77
JO 9	49	50	51
JO 10	51	36	34
ASPIRE	33	41	32
HIGH PERFORMANCE	41	16	18
TOTAL	1,613	1,687	1,703

MEN'S ARTISTIC GYMNASTICS (MAG)

GBC continued to have a strong presence on the Junior and Senior National Teams in the 2018-19 season. **Senior Team:** Scott Morgan Flicka Gym Club, Zachary Clay Twisters Gym Club, Aaron Mah Vancouver Phoenix Gym Club (Cal Berkley), Darren Wong Vancouver Phoenix Gym Club (Cal Berkley) and **Junior Team:** Drew Kanigan Kamloops Gymnastics / Trampoline Centre, Evan Fedder Vancouver Phoenix Gym Club.

	2017	2018	2019
PROVINCIAL LEVEL 1	97	105	108
PROVINCIAL LEVEL 2	31	31	36
PROVINCIAL LEVEL 3	49	48	52
PROVINCIAL LEVEL 4	28	31	20
PROVINCIAL LEVEL 5	5	7	12
NATIONAL OPEN	21	16	19
ELITE 3 & 4	17	19	23
NOVICE	2	n/a	n/a
HP JUNIOR	6	3	4
HP SENIOR	8	11	10
TOTAL	262	262	284

NATIONAL OPEN SUCCESS

For the first time in many years, the BC Men's Program was competitive in the National Open category.

Following a less than stellar Canada Winter Games, the same group of gymnasts went out to earn the Silver Team Medal with Treyson Cerrato from Surrey Gymnastic Society winning gold in the Individual All Around competition.

MEN'S JUDGES

The FIG and National judges that BC has in its midst are leaders in the MAG community. Without fail, BC has 4-7 judges representing our province at national events, with a minimum of two BC judges attending BC's most crucial events, from trials to international competitions.

MEN'S ARTISTIC GYMNASTICS HIGHLIGHTS

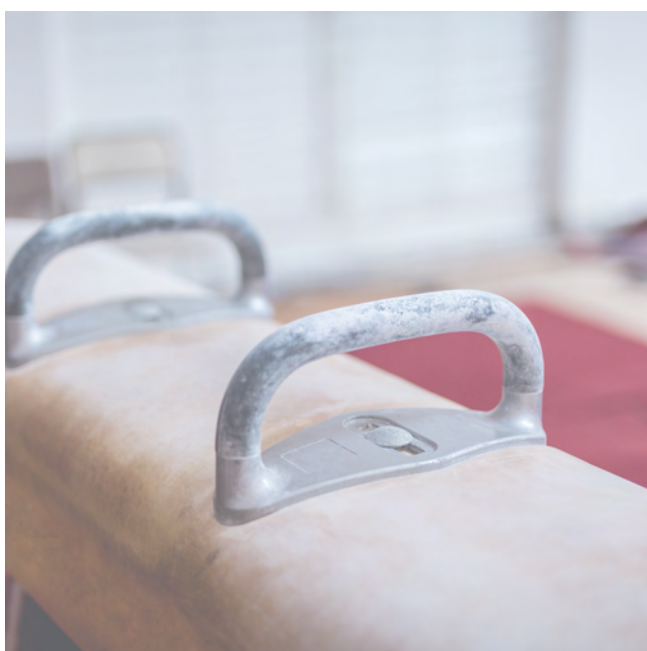


CANADIAN CHAMPIONSHIPS

**TREYSON CERRATO,
GOLD AA AND HIGH
BAR**

CANADA WINTER GAMES

**RYAN WOODHEAD,
BRONZE,
POMMEL HORSE**



2018 PAN
AMERICAN
CHAMPIONSHIPS
**ZACH CLAY, 7TH AA,
1ST POMMEL HORSE**
UCIC, CALGARY AB
**ZACHARY CLAY, 3RD
POMMEL HORSE**

ADMINISTRATION & EVENTS

In comparison to our previous season, GBC saw consistent sales in club resources through badges, ribbons, GBC promotional items and chalk in the 2018/2019.

Our athletes and GBC member clubs participated in dozens of sanctioned competitions in and outside of BC, 3 BC championships events as well national and international competitions. To recognize our members and their outstanding efforts, we hosted our annual Awards & Scholarships Night in November 2018.



\$2,000

IN SCHOLARSHIPS AWARDED TO FOUR APPLICANTS.

NOMINATIONS | AWARDS

SCHOLARSHIPS

\$2000 IN SCHOLARSHIPS AWARDED

The 2018 Awards & Scholarship Night was held at the Hilton Vancouver Airport on November 3.

MEMBER OF DISTINCTION

GEORGINA NERPIO

Scholarships were awarded to Clare Hardjowasito, Jenna Snell, Victoria Lawrence-Jeffery, and Rachel Rubin-Sarganis.

SILENT AUCTION

RAISED \$550 AT 2018 AWARDS NIGHT FOR FUTURE SCHOLARSHIP WINNERS

2019 CHAMPIONSHIPS

Gymnastics BC partnered with the Flip City Gymnastics Club to host two BC Championships events - the Artistic Optional WAG and MAG, and TG BC Championships in spring 2019. Nearly 1200 athletes, coaches and judges participated in the events.

A new BC Championships event was introduced in 2019 - the WAG JO Compulsory BC Championships. Working alongside the Langley Gymnastics Centre, 450 athletes Levels JO 1-5 had the opportunity to compete in their own BC Championships event.

50TH ANNIVERSARY

2019 marks Gymnastics BC's 50th anniversary. Over the past fiscal year, GBC worked with the 50th anniversary committee and began organizing events to honor those who've helped develop gymnastics in the province over the last 50 years.

A BC Lions halftime show, history trivia time quizzes, coaching and zone grants, increased scholarship winners and ending the year with a Celebration Gala are only a few of the ways GBC intends to celebrate this and next season.

COMMUNICATIONS & MARKETING



OUR EFFORTS

Gymnastics BC began a journey to increase engagement and facilitate meaningful discussions with stakeholders and the public in 2018-2019. In response to member needs, the Communications & Marketing Manager developed a renewed website, and educational materials to help members comply with new trampoline insurance requirements which took effect in July 2019.

In order to better understand and respond to member needs, Gymnastics BC increased its communication efforts on all platforms, including social media, the corporate website, and is currently developing an online resource members can use to access resources and educational materials.

SOCIAL STATS



5.7% +

facebook
likes



1.2% +

twitter
followers



23% +

Instagram
followers

PLAN, ENACT, ADAPT

In early June, we initiated a new communications campaign, called 'Plan, Enact, Adapt', to help inform owners, managers, and coaches about the changes, and provide them with the tools to enact these changes on the front lines.

We've since released tools including forms, guides, FAQ's and more to help assist our members.

