



TRAMPOLINE GYMNASTICS
Team BC
Athlete and Coach Selection Guide

February 11, 2025 v3

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1. Generalities

This document is to be read in conjunction with the following documents;

- GymBC TG [Operations Manual](#)
- GymBC [Team BC Handbook](#)
- GymBC [Coaching Education Operations Manual](#)
- GymBC [Screening Policy](#)
- GymBC [Complaint Management Handbook](#)
- Gym [Canada TG Canadian Pathways](#)
- Gym [Canada TG Competition Requirements](#)
- FIG TG [Code of Points](#)

1.1. Team BC Events

Team BC events include any competition where Gymnastics BC (GymBC) assists financially, coordinates team travel, and/or identifies a team that will represent BC.

This includes, but is not limited to, the following competitions:

- Canadian Championships
- Western Canada Cup

Team BC is not to be confused with the BC Games Society Team BC which is used only for Canada Games and is its own entity separate from GymBC

1.2. Team BC Eligibility

According to their status, athletes and coaches must meet eligibility requirements to be named to Team BC.

- Must meet the residency rules as determined by each specific events' technical rules
- Athletes and coaches must be named by their technical committee following the identified trials competitions
- All member of Team BC must complete and return all requested waivers and medical forms by the set deadline
- Athletes and coaches must pay the required fees by the set deadline
- Athletes, coaches, managers and chaperones must attend all identified training camps or request an exemption from the Technical Committee (and provide reasons) at least 2 weeks prior to the camp
- All members of Team BC must comply with all GymBC rules of conduct, travel and cost sharing policies
- Athletes and coaches must purchase the designated team uniform.
- If athletes are receiving GymBC funding to attend an event, they are expected to wear Team BC uniform, unless prior arrangements have been made with the appropriate Technical Committee
- All participants must abide by the Safe-Sport rules.

- All coach, chef, managers, chaperones and judges must meet the GymCan and GymBC Safe-Sport requirements that applies to them in order to travel with the team.
- Athletes who fail to meet any of the above criteria may be removed from the team by the TGTC, support staff or GymBC staff.

1.3. Official Naming of Team Members

- The TGTC will officially name qualified members after their selection meeting.
- No member will be confirmed before this official announcement.
- Clubs are advised to inform athletes and parents of this process.

1.3.1. Team BC Staff

The Team BC delegation is composed of individuals selected by GymBC in the following roles:

- Head of Delegation - Assigned by GymBC
- Manager - Assigned by discipline's technical committee following an application process
- Chaperones - Assigned by disciplines' technical committee following an application process
- Judges - Assigned by the disciplines judging chair or judging committee
- Coaches - Assigned by the disciplines' technical committee
- Athletes - Assigned by the disciplines' technical committee
- GymBC staff - The term Team BC Staff may be used from time to time and is in reference to the Head of Delegation, the Manager(s), and the Chaperone(s).

Please refer to the GymBC Team BC Handbook for staff organizational chart.

When on the field of play, coaches are in charge of athletes. From time to time, coaches may be given chaperoning duties as required.

1.3.2. Team BC Coaches

Team coaches are to ensure the proper preparation of their assigned team's athletes to compete at the event.

- Coaches are responsible for the safety of their athletes during trainings and competitions.
- Coaches are responsible for the direct supervision of assigned team members when the athletes are on the field of play.
- In addition, coaches MAY be asked to assist the Head of Delegation/support staff with the direct supervision of assigned teams outside of the field of play

Please refer to the [Team BC Handbook](#) for additional information.

1.4. Funding for Team BC Delegates

For events such as Canadian Championships and Western Canada Cup, GymBC establishes the Team BC budget at the beginning of the season.

GymBC currently pays 100% of the cost for:

- Head of Delegation, Managers and chaperones
- Team BC assigned judges
- Team BC assigned coaches

GymBC will determine the funding allocations for athletes. Possibilities are as follows:

- All athletes will be funded equally
- Athlete's funding will be tiered based (the top athletes received more funding)
- Athletes are self-funded
- Clubs will be invoiced accordingly.

For other events, GymBC will determine, prior to the event, the percentage of total cost or amount that will be subsidized to athletes and coaches. It will be communicated to all clubs as soon as possible. Coaches or athletes who do not follow the GymBC guidelines may lose their funding.

- Funding for athletes is linked to their participation in mandatory activities
- Only athletes who have met the minimum scores will be considered for funding to attend Canadian Championships.
- Funding may be limited for athletes who have qualified for a Team BC event but are injured and cannot demonstrate full routines prior to departure. This policy is not intended for athletes who are injured on site.

The TGTC reserves the right to remove any funded athlete from Team BC for the following reasons:

- Failure to attend one (1) BC Provincial Cup and/or BC Championships without an approved reason
- Failure to maintain their level of performance in both form and difficulty
- Disciplinary actions
- Medical Petitions.

GymBC will be responsible for registering all Team BC delegates, including individual athletes and personal coaches.

1.5. Forms & Screening

All members traveling as part of Team BC must fill out a medical and wavier form, plus any forms or screenings required by the local organizing committee and/or GymCan. All other forms and screening that need to be completed for GymBC are outlined in the GymBC Screening Policy.

1.6. Team BC Travel Policy

Please refer to the [Gymnastics BC Team BC Handbook](#) for full details.

For group transport, GymBC will invoice each individual club for the cost of transportation. Any individual requesting changes to their flight will be billed any extra cost incurred for that change. If they are unable to travel due to sickness or injury, they will be responsible for any fees charged by the airline.

For those living outside of the Lower Mainland, GymBC MAY reimburse reasonable costs if they need to travel for identified Team BC training/preparation camps. It is the responsibility of the athlete's club/coach to contact GymBC and make the proper arrangements. All expenses must be approved by GymBC staff a minimum of 14 days prior to the activity.

1.6.1. Accommodations

Unless otherwise stated, all Team BC athletes, coaches and management staff will stay in the designated team accommodations (hotel or residence). Arrangements will be the responsibility of GymBC.

Specific instructions will be provided prior to departure in order for all Team BC members to assemble at the Team accommodation at a designated time. Requests for accommodation exemptions must be approved by the TGTC and GymBC Program Coordinator.

1.7. Team BC Uniforms

Athletes attending a Team BC event, such as Western Canada Cup or Canadian

Championships, must wear the official Team BC uniform. Uniform sizing will take place early in the competitive season. All sizing and orders must be completed by the set date.

There will be NO refunds for uniform pieces once the order has been placed with the supplier.

All Team BC staff are encouraged to wear Team BC gear as much as possible. Athletes are required to wear at minimum one piece of Team BC gear when outside of their hotel room

Athletes and coaches are required to purchase the Team BC uniform when selected to a Team BC event. No funding will be provided for the Team BC uniform.

- Judges may be supplied with one or two Team BC t-shirts
- Chaperones and managers will be supplied with one or two Team BC t-shirts. They may purchase additional items at their own expense
- The Head of Delegation will be supplied with two or more Team BC t-shirts and a Team BC jacket

- Judges, chaperones, managers and the Head of Delegation may purchase any of the other Team BC items that are available.

Athletes and coaches are not permitted to wear current Team BC uniforms or track suits at non-Team BC events (IE: invitational or Team BC qualification events).

Canadian National Team members MUST wear the Team BC uniform, at Team BC events, as per Gymnastics Canada TG [Canadian Competition Requirements](#)

2. Western Canada Cup- Club Participation

This section should be read in conjunction with the [Western Canada Cup Hosting Protocol](#).

2.1. Eligibility

Athletes wishing to attend the Western Canada Cup as CLUB athletes must:

- Be registered and in good standing with GymBC
- Provincial Level 1-4 athletes must compete at a minimum of one (1) BC Provincial Cup OR BC Championships.
- Must be registered with the host organizing committee within the set deadline and in the appropriate categories.
- Club athletes will be eligible to compete in all provincial levels events for which they would normally compete

The TGTC will review the minimum qualifying standards each year to consider adjustments where/when needed. The standards to be eligible to represent their own club will be published prior to the upcoming season.

2.2. Individual All-Around

The Individual All Around award (men and women combined) will be awarded for 1st to 6th place. To be eligible for this award athletes must compete in Level 3 and/or Level 4 in trampoline, double mini and tumbling.

2.3. Team Event Finals

Club teams are not eligible for the Team final events.

3. Western Canada Cup – Team BC

This section should be read in conjunction with the [Western Canada Cup Hosting protocol](#).

The BC contingent to the Western Canada Cup (WCC) shall consist of two (2) Team BC Coaches, twelve (12) Team BC athletes (four for each discipline) and one (1) Team Coordinator and the required number of judges as determined by the Westerns Committee, GYMBC and the TGTC.

3.1. Team BC Athletes

3.1.1. Eligibly

Athletes wishing to attend the Western Canada Cup as TEAM BC athletes must:

- Be registered and in good standing with GymBC
- Provincial Level 3 and/or L4 athletes must compete at a minimum of one (1) BC Provincial Cup AND BC Championships.
- Must be registered with the host organizing committee within the set deadline and in the appropriate categories.
- The athletes' best qualifying score from two (2) eligible BC Provincial Cup AND/OR BC Championships shall be totaled, and shall count towards team selection.
- Athletes, women and men combined, will be ranked in descending order.
- Club athletes will be eligible to compete in all provincial levels events for which they would normally compete.

The TGTC will review the Team BC qualifying standards each year to consider adjustments where/when needed. The standards to be eligible to represent Team BC will be published prior to the upcoming competition season.

3.1.2. Ranking Lists & Team Selection Meeting

The GymBC TG Program Manager is responsible to create, maintain and circulate all ranking lists following each BC Provincial Cup and/or BC Championships for the purpose of team selection. All lists should be verified by the TGTC Chairperson prior to the team selection meeting.

The final team selection will take place following the last finals event of the last designated BC Provincial Cup and/or BC Championships. All names on the final selection list will be verified by the athletes personal coach and the TGTC prior to the official announcement.

3.1.3. Selection Process

Team positions one (1) to four (4) shall be awarded based on the final ranking as noted above.

Athletes whose names appear on more than one list shall count as ONE individual athlete. If there are less than twelve (12) individuals following the above process, vacant spots will be filled as follows:

- The next eligible athlete on each event (TR/DMT/TU) will be evaluated based on their score.
- Athletes will be moved into vacant spots accordingly.

Final selection, for each discipline, shall be based on the final ranking using the following scores:

- the athletes' two best preliminary qualifying scores achieved in trampoline
- the athletes' two best preliminary qualifying scores achieved in double mini
- the athletes' two best preliminary qualifying scores achieved in tumbling.

3.1.3.1. Synchronized Trampoline

- All synchronized teams shall be registered by and compete for their individual clubs.
- Club competition attire is required.

In the event of a tie, scores for team selection, the athlete with the highest single Eligible BC Provincial Cup or BC Championships score shall be ranked higher. Should a tie still exist, then the athlete with the highest total difficulty score in any of the eligible BC Provincial Cup AND/OR BC Championships shall be ranked higher.

Athletes selected to the Team BC will be eligible to compete as Team BC members in ALL Provincial level events for which they would normally compete (exception noted for synchro).

3.1.4. Qualifying Standards

Individual Trampoline – Level 3 / Level 4

- No Minimum Qualifying Score for 2025

Individual Double Mini – Level 3 / Level 4

- No Minimum Qualifying Score for 2025

Individual Tumbling – Level 3 / Level 4

- No Minimum Qualifying Score for 2025

3.1.5. Accommodations & Travel

All Team BC athletes will be permitted to travel and stay with their personal club, at the clubs' chosen accommodations, under the direct supervision of the club coaches and/or parents.

3.2. Team BC Coaches

3.2.1. Role

The team coaches are to provide the technical expertise for their assigned team. Coaches may be asked to assist the chaperone/team coordinator outside of the field of play. The team coaches have the full responsibility of the athletes when they train and compete.

3.2.2. Responsibilities

Team coaches are to ensure the proper preparation of their assigned team's athletes to compete at the event. Coaches are responsible for the safety of their athletes during trainings and competitions. Coaches are responsible for the direct supervision of assigned team members when the athletes are on the field of play.

3.2.3. Eligibility

- Coaches of Trampoline and Double Mini must be fully certified at a Minimum of NCCP 2 Trampoline. Tumbling coaches may be fully certified NCCP Level 2 Artistic or Trampoline.
- The combined certification of the two coaches selected must provide the capabilities to coach all three disciplines. For example;
 - first selected coach is certified TR/DMT
 - second selected coach must be capable of also coaching TU
- Any coach that is registered by GymBC as part of the Team BC contingent must have completed all proper documentation as required by GymCan prior to the event/competition registration deadline. Failure to do so will result in a withholding of accreditation and access will be denied to the field of play, competition, and training venues.
- Must purchase a Team BC uniform. Sharing with another member who is at the same event is not permitted

3.2.4. Selection Process

Prior to the selection meeting, clubs will be asked to name eligible coaches who wish to be considered as Team BC coaches to the Western Canada Cup.

Two (2) Team BC Coaches will be selected by the TGTC. Using the table below, points will be awarded to each club based on the selected athletes ranking 1st to 4th place, following the final designated selection competition.

PLACEMENT	IND TR	DMT	TU
1 st Place	7 points	7 points	7 points
2 nd Place	5 points	5 points	5 points
3 rd Place	3 points	3 points	3 points

4 th Place	1 point	1 point	1 point
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Points will be awarded based on positions one (1) to four (4) on the final ranking as noted above. Athletes whose names appear on more than one list shall count as ONE individual athlete. If there are less than twelve (12) individuals following the above process, vacant spots will be filled.

In the event that a club does not fill their team coaching spot, the selection of that coach will be made by the Technical Committee.

All Team BC athletes will be coached by the two Team BC Coaches, unless there are no Team BC athletes competing within that block.

3.2.5. Assigning Points Where Vacant Spots are Filled

- When an athlete's name appears on more than one list, this athlete will be selected based on their highest ranking
- should they be ranked the same on both events, priority will be given to the event with the least number of athletes as well as the next eligible athlete on each of those two-ranking list, in order to build the strongest team possible.
- One (1) point will be awarded to the CLUB with the next eligible athlete in the corresponding ranking list

Should a tie still exist, the club with the largest number of athletes in the highest level will be selected. If a tie still exists, the coaching team will be selected by the TGTC.

3.2.6. Funding (Coaches Only)

GymBC will organize the following for funded Team BC Coaches:

- Event Registration

The selected Team Coach(s) may travel and stay with their personal club **OR** may request assistance with the following:

- Accommodations (the official event hotel ONLY)
- Travel (flights)

Funding will be provided for the following:

- Registration
- Accommodations
- Flights

- Catered meals (hospitality room) provided by the Local Organizing Committee (LOC) for the event will be taken into account when calculating per diems.
- Per diems will be provided for travel days in addition to the days at the event as indicated above.

As per GymBC Financial Policies, all travel and accommodation expenses should be by the most cost effective and expedient means available when attending events, meetings or other activities on behalf of the association.

Examples:

- Should a car rental be required, an available economy model vehicle is to be booked unless there is a specific need to transport more passengers than the economy model vehicle can accommodate. Carpooling is strongly encouraged.
- If there are two different host hotels with rooms available for an event and one costs \$150 for a double queen room while the other costs \$130 for a double queen room, the cheaper of the two is the one that should be booked, unless there are other logistical reasons as to why the \$150 hotel should be booked instead (i.e. it is located within walking distance of the event while the \$130 hotel is not)

Flight specific examples:

- Flights should be booked at the most economical fare available while allowing for a flight credit in the event that the traveler needs to cancel the flight.
- Prepayment for seat selection is NOT a reimbursable expense except in extreme cases and needs to be pre-approved by GymBC's CEO.
- Travel insurance fees will NOT be covered unless previously discussed with and approved by GymBC Program Coordinator and/or CEO.
- A flying traveler is eligible to be reimbursed for a single checked bag during their trip (each direction). If their ticket provides a free checked bag, they are NOT eligible to be reimbursed for a second bag.
- Airport parking is NOT a reimbursable expense

All eligible receipts must must be submitted to the GymBC Program Coordinator no later than 14 days after the completion of the event.

3.2.7. Individual Transport

If GymBC does not organize transport (flights, bus charter, or other) for all team members, the start and end of the event will be defined as the arrival to (start), and the departure from (end), the competition venue. In addition, when GymBC does not organize transport for team members, it is the responsibility of the clubs to get their athletes to the competition venue in a manner that follows Safe Sport protocols. Funded team staff who book their own

transportation (flights, bus charter, or other), will only be reimbursed up to the equivalent of the most economical means of transportation as noted above

3.2.8. Forms & Screening

All members traveling as part of Team BC must fill out a medical form, plus any forms or screenings required by the local organizing committee and/or GymCan. All other forms and screening that need to be completed for GymBC are outlined in the GymBC Screening Policy.

3.2.9. Uniforms

Selected Team BC Coaches must purchase a Team BC uniform. Sharing with another member who is at the same event is not permitted. No funding will be provided

3.3. Team Manager/Coordinator

A team coordinator will be selected by the TGTC committee prior to the last designated BC Provincial Cup OR BC Championships. The job description will be determined by the TGTC committee.

It will be the responsibility of the Team Coordinator to coordinate all the needs of the Team BC athletes in conjunction with their personal coaches, while at the competition venue.

He/she may be asked to act as a liaison between the host organizing committee and the team coaches.

3.4. Judges

3.4.1. Judge Selection

All provinces must provide qualified judges for the competition. The maximum number of judges required is 25 plus 1 qualified local judge to be available in case a replacement is needed. This will be adjusted if panels consist of a lesser number of execution judges or if extra panels are required.

The minimum qualification to be able to judge at WCC is P3.

The allocation of number of judges per province will be determined from the number of athletes from each province from the previous 2 years with each province providing a minimum of 2 judges if they are sending athletes. This information must be sent out as early as possible. (An appendix with the formula used to decide the number of judges per province is included.)

Please refer to the Western Canada Cup Protocol and Procedure Manual (item 33) for additional information.

3.4.2. Judging Cost Sharing

GymBC will establish a budget at the beginning of the season. GymBC will pay 100% of the judges' costs to attend the event.

Clubs may be surcharged to off-set the high costs of providing 10+ judges on behalf of the province. The maximum surcharge to each CLUB athlete will be \$100. This component will be billed directly to the clubs prior to the event.

3.5. Team BC Funding

GymBC will establish a budget for athletes, coaches, judges and the coordinator at the beginning of the season. This information will be circulated to all clubs as soon as possible. The budget will include funding as follows:

- Team BC judges – travel, accommodations, registration (100%)
- Team Coordinator – travel, accommodations, registration (100%)
- Team BC athletes – registration fees (100%)
- Any additional athlete funding will be determined by GymBC prior to the event
- Clubs will be invoiced accordingly.

4. Team BC – Canadian Championships

4.1. Team BC Athletes

4.1.1. Eligibility

The BC contingent to Canadian Championships shall consist of Team BC Athletes, Individual Athletes, Team Coaches, Personal/Individual Coaches, Judges, Support Staff as determined by GymBC and the TGTC.

Athletes must attend a minimum of one (1) Provincial Cup and/or Provincial Championships in the current competitive season to be eligible to attend Canadian Championships. Any petitions to attend Canadian Championships (medical petitions only) must be approved and submitted to GymCan by the PTO for Level 5 through Senior.

Athletes who are unable to attend a minimum of 1 Provincial Cup and/or Provincial Championships who wish to be excused due to conflicting meet schedules OR extenuating circumstances must notify the TGTC prior to the entry deadline of the conflicting GymBC event in order to be excused. Reasonable exemptions may include athletes assigned by GymCan for an international assignment. All petitions for Junior and Senior National Team Members must be sent directly to GymCan. The following must also be adhered to.

- Rules in all categories involving mobility must be identical, no exceptions are allowed in these categories, if so, mobility will not be granted.
- Athletes must have met the mobility requirements for their category in order to be eligible to compete at Elite Canada and Canadian Championships
- Athletes must have met the Canadian Championships qualification score according to the [2025 GymCan Pathways Document](#).
- Any petitions to enter the sport in a category above Level 4 or to move down a category must be made to GymCan via the athlete's Provincial TG Technical Committee.

For additional information, please refer to the [GymCan Canadian Pathways](#) document and Canadian Competition Rules. All GymCan requirements must be achieved in the preliminary round, including qualification scores, as per the most current version of the GymCan TG Canadian Pathways.

4.1.2. Forms & Screening

All members travelling as part of Team BC MUST fill out the medical form, plus any forms or screening required by the local organizing committee and/or GymCan.

All other forms and screening that need to be completed for GymBC are outlined in the GymBC screening policy.

4.1.3. Preparation Camp

It is mandatory for ALL Team BC athletes, Team Coaches and Personal/Individual Coaches to attend the preparation camp prior to Canadian Championships. Judges will be asked to attend as required. If for any reason an athlete or Team Coach is UNABLE to attend, a request for exemption must be submitted, in writing, to the TG Technical Chair, prior to the preparation camp.

4.1.4. Selection Process

The athletes' best tiered funding scores at two (2) BC Provincial Cups and/or BC

Championships shall be totaled and shall count towards team selection.

Following the close of each BC Provincial Cup and GymBC BC Championships, all National level athletes will have a ranking score based on the following process.

4.1.4.1. Individual Trampoline (ALL athletes)

The total of the 1st voluntary PLUS the best 2nd voluntary achieved in EITHER the preliminary OR finals round in the same BC Provincial Cup or BC Championships.

See [GymCan Pathways](#) for specific Canadian Championship qualification requirements per level.

4.1.4.2. Individual Double Mini (All athletes)

The total score of two (2) passes achieved in the preliminary OR finals in the same BC Provincial Cup or BC Championships.

See [GymCan Pathways](#) for specific Canadian Championship qualification requirements per level.

4.1.4.3. Individual Tumbling (All athletes)

The total score of the two (2) passes achieved in the Preliminary round.

See [GymCan Pathways](#) for specific Canadian Championship qualification requirements per level.

4.1.4.4. Synchronized Trampoline (Level 5, Level 6)

The total score of the 1st voluntary achieved in the Preliminary round

Mixed Pair Synchro L5: Neither athlete can be in SR TRI, neither athlete can compete in any other TRS event.

See [GymCan Pathways](#) for specific Canadian Championship qualification requirements per level.

4.1.4.5. Synchronized Trampoline (Senior)

The total score of the 1st voluntary and 2nd voluntary achieved in the Preliminary round

NOTE: Pairing from different provinces is permitted for all National Levels.

Mixed Pair Synchro Senior: Both athletes must be in SR TRI, athletes may compete in both mixed Senior and Senior TRS

See [GymCan Pathways](#) for specific Canadian Championship qualifications per level.

4.1.5. Ranking Lists

The GymBC TG Program Coordinator is responsible to create, maintain and circulate all ranking lists following each BC Provincial Cup and BC Championships, for the purpose of team selection. All lists should be verified by the TGTC Chairperson prior to the official naming of the team.

Final team selection, for each discipline, shall be based on the final ranking using the following scores:

- The athletes' best tiered funding score for trampoline
- The athletes' best tiered funding score for double min
- The athletes best tiered funding score for tumbling
- The athletes best tiered funding score for synchro trampoline

In the event of a tie, in total scores for team selection, the athlete with the highest single BC Cup or BC Championships score shall be ranked higher. If this does not break the tie, then the highest total difficulty score in any of the three (3) or four (4) BC Provincial Team Cups or BC Championships shall be used.

4.1.6. Tiered Funding

The following is a summary of the 3-tier system, whereby athletes will be ranked according to their overall performance and results through all BC Provincial Cups AND BC Championships.

TIER 1 SRNT (Senior National Team Member)

- Senior national team members ranked top 6 as of the official GymCan SRNT team ranking list published in January of the competitive year
- Athletes must have met the current GymBC T-1 funding standards a minimum of once

TIER 1 JRNT (Junior National Team / Development Member)

- Junior national team members ranked top 6 as of the official GymCan JRNT team ranking list published in January of the competitive year
- Development team members as of the official GymCan team ranking list as published in January of the competitive year.
- Athletes must have met the current GymBC T-1 funding standards a minimum of ONCE

TIER 2 (L5, L6, JR, L7, SR)

- SR, JR athletes ranked 7th or lower as of the most current GymCan SRNT and JRNT ranking list as published in January of the competitive year
- All athletes must have met the current GymBC T-2 funding standards a minimum of ONCE
- Athletes who have mobilized from L5, L6 or JR will carry forward all tiered funding standards achieved in the lower level

TIER 3 (all athletes)

- All athletes must have met the current GymBC T-3 funding standards a minimum of ONCE
- Athletes who have mobilized from L5, L6 or JR will carry forward all tiered funding standards achieved in the lower level.

FUNDING LEVELS

- Each tier's funding will be based on the total amount of funding received from GymBC. Clubs and coaches will be notified as soon as this information is known.
- Athletes who do not meet the minimum standards will not be eligible to receive any GymBC funding
- Hard costs include, but are not limited to; registration, GymCan surcharges, accommodation and meals, additional support staff or judges. Travel costs including ground transportation, will NOT be included in the funding allocation and will be the responsibility of each athlete.

4.1.7. Individual Team BC Athletes

In Trampoline, Double Mini and Tumbling, athletes who have met the required mobility requirements may be considered as Individual Team BC members. Athletes may be approved to compete at Canadian Championships only in the event(s) for which they have achieved the GymCan mobility standards.

Individual Team BC athletes will be responsible for paying ALL expenses related to participation at the Canadian Championships, as determined by GymBC and the TGTC.

GymBC and the TGTC reserve the right to add individual athletes to the Team BC contingent. Athletes will only be added to the Team BC contingent in the discipline for which they have met the GymCan and GymBC qualifying standards.

GymBC will be responsible for registering all Individual Team BC athletes. Athletes must follow all rules set out for Team BC members as outlined in Section 10 (Team BC).

Foreign athletes who train in BC may choose to attend Canadian Championships as Team BC members and would therefore be required to follow all rules set out for Team BC members as outlined in Section 10 (Team BC) and GymCan guidelines.

4.1.8. Injuries and Medical Reporting

Team BC members must immediately notify GymBC, in writing, of any injury which has one of the following effects;

- Prevents the athlete from performing routines/passes for more than five (5) consecutive training days
- Prevents the athlete from performing routines/passes with seven (7) days prior to the departure for the competition
- Requires them to wear a cast

Failure to immediately report injury or illness to the GymBC Program Coordinator and/or the Technical Chairperson may result in revocation of funding for coach and athlete.

If an athlete is injured during warm-up or competition, the athlete must immediately submit a petition to the TGTC. The GymBC office must receive a doctor's medical note within seven (7) days.

If an athlete qualified for Canadian Championships based on an approved medical petition, the TGTC may request that the athlete verify routines/passes the designated Canadians preparation OR a minimum of seven (7) days prior to leaving for the competition. The athlete will need to demonstrate that he/she can perform routines/passes with the comparable Difficulty scores to the routines he/she performed to earn a position on the team. The athlete must demonstrate that he/she can perform routines/passes with complete safety to the level performed to earn a position on the team, prior to the petition. Failure to demonstrate his/her routines/passes to the team coaches and appoints judges COULD result in the athlete being removed from the team.

A score equal to the minimum funding qualifying standard may be used in place of a medical petition. However, athletes MUST achieve a minimum qualifying standard a minimum of ONCE in an eligible provincial cup and/or provincial championships to be eligible to attend Canadian Championships as a funded Team BC member.

4.1.9. Readiness to Compete

Verification of readiness is required for all Team BC athletes at the corresponding CC team training camp. This includes funded and self-funded team members.

Members of the verification committee are determined by the TGTC and will be comprised of 3 or 4 people: 1 or 2 judges as assigned by the TGTC, 1 TGTC member and one GYMBC staff member. All must be independent and not affiliated with the club(s) of the athlete(s) being verified. The verification committee members must be on site at the training camp and will consult with the corresponding team coaches.

The verification committee reserves the right to remove and/or replace an athlete who is unable to compete safely or is unable to perform to the level reasonably required and previously demonstrated during selection. This committee may also recommend removal or reduction of funding for an athlete who cannot verify routines/passes.

In these rare cases committees will endeavour to consider the rights of all parties and consult the team coaches. Priority will go to the team first and the individual second. Alternates will be used if time permits.

Failure to demonstrate his routines/passes to the team coaches and judges appointed by the TGTC COULD result in the athlete being removed from the team. The TGTC may remove the athlete from the team if the athlete is not able to perform routines/passes at the appropriate level.

A score equal to the minimum funding standard may be used in place of a medical. However, athletes must achieve the minimum funding standards a minimum of once in **competition** to be eligible to attend Canadian Championships as a funded Team BC member.

4.1.10. Athletes Training Outside the Province

Athletes who are currently living and training outside BC, may compete for Team BC as individual athletes under the following guidelines:

- Athletes must be registered with GymBC as competitive athlete
- Athletes may NOT be registered with two (2) provincial organizations. Athletes who choose to register with the province where they are training will NOT be considered as Team BC members
- Athletes must participate in a minimum of one Provincial Cup and/or Provincial Championships in the province for which they are training in order to show their readiness to compete at Canadian Championships. Results from these events should be

submitted to the TG GymBC Program Coordinator immediately following the event.

- Athletes may be considered as a Team BC member at Canadian Championships as a non-funded team member.
- Athletes who choose to attend Canadian Championships as a Team BC member are therefore required to follow all rules set out in the Team BC Handbook

4.1.11. Competition Attire

At club events (Elite Canada), athletes must wear their club competition attire in Preliminaries.

At Canadian Championships, for all preliminary competition, all Team BC funded and individual athletes must compete in Team BC attire. In Finals, athletes have the right to choose their competition attire;

- it must not be a competition attire from another country
- the right to wear the current or any past National Team competition attire is reserved only to athletes that are currently or have been member of a Canadian Team (World Championships, World Age Group Competition and/or international competitions)
- current members of the National Team must wear the competition attire of the current sponsor in final rounds of competition at all domestic trial events.
- Any violation of dress code will result in a penalty of 0.2 pts which will be deducted from the total score of any of the routines where the violation occurs.

4.1.12. Team Final

The following will be used to assemble each team for the Team Final at Canadian Championships.

Trampoline Team Final

- The female/male athlete in each eligible category with the highest optional score from the preliminary round

Double Mini Team Final

- The female/male athlete in each eligible category with the single best DMT pass from the preliminary round

Tumbling Team Final

- The female/male athlete in each eligible category with the single best TU pass from the preliminary round

NOTE: Where there is an age split, the results from both age groups will be combined to determine final selection. Naming of each team will be done following the conclusion of all preliminary competitions. On the day of the event, alternates should be ready to compete if necessary.

4.2. Team BC Coaches

The primary function of the selected Team Coaches is to prepare the athletes technically, mentally and physically for competition and to provide guidance and technical support to the athletes during training and competition. If and when possible, the Team Coaches must consult with judges in regards to the Team Members' technical content on each event.

4.2.1. Selection Process

By the BC Championships registration deadline, clubs will be asked to submit the coaches' names they would like to be eligible for selection as a team coach(s) for Canadian Championships.

- Only those coaches listed on the GymBC BC Championships registration form will be considered eligible. **NOTE:** should BC Championships fall **BEFORE** the last BC Provincial Cup, then the coach's eligibility will be finalised according to those coaches listed on the **LAST PROVINCIAL CUPS** registration form.
- Coaches listed on the registration form **MUST** be Level 3 certified, and the primary or secondary/assistant coach of the clubs' athletes as shown on the event entry form.
- Clubs may submit/select 0, 1, 2 or 3 names from their club.
- All/any selected team coaches will have the option to decline the funded position. Personal coaches may attend but must meet all certification criteria and have complied with the GymCan Safe Sport requirements.
- Athletes who meet the requirements to attend Canadian Championships by the end of **BC CHAMPIONSHIP OR THE LAST PROVINCIAL CUP** will count for the selection of coaches to Canadians. Clubs whose athlete MOBILIZE AFTER BC CHAMPIONSHIPS OR THE LAST PROVINCIAL CUP (ie Western Canada Cup) will not be counted in the clubs eligibility numbers. In this case, athletes are still eligible to attend as per the GymBC requirements.

4.2.2. Allocation

Coaching allocations will be determined according to the following process:

Clubs with 2-8 eligible athletes as of BC Champs (or the last Provincial Cup)	1 coaching position
Clubs with 9-15 eligible athletes as of BC Champs (of the last Provincial Cup)	2 coaching positions
Clubs with 16 or more eligible athletes as of BC Champs (or the last Provincial Cup)	3 coaching positions

- Clubs with Senior, Junior and/or Development National Team Members, as per the **OFFICIAL** national team list as published by GymCan in January, will be assured a minimum of ONE coaching position. The named coach will be funded and must abide all the team coach requirements expectations.
- No additional appointments will be allocated for athletes in multiple events or for higher level athletes. Ranking lists will ONLY be tracked for the purposes of tiered funding.
- A club does not have to fill all the coaching positions that were allocated to them. However, clubs will never be allocated more than 3 coaching positions.
- All coaches selected to attend Canadian Championships will be a Team BC coach and will have expectations to coach and manage the entire team.
- The coaches' roles and expectations will be communicated prior to the event and it is expected that coaches work together to support each other and all athletes.
- Selection for funded Team BC coaches will be completed NO later than ONE WEEK prior to the Canadian Championships official registration deadline as published by GymCan.
- All selected funded coaches must sign the acceptance of responsibilities.
- Team BC coaches will be verified by the TGTC at the designed selection meeting

4.2.3. Eligibility

Selected coaches must be:

- certified NCCP Level 3 in Trampoline in order to coach Trampoline or Double Mini Trampoline.

- Coaches registered to coach in Tumbling must be certified NCCP Level 3 in either Trampoline or Artistic Gymnastics.
- A one-time exemption may be requested in writing to the Trampoline Program Manager. A coach who is employed on a full-time basis by an organization based outside of Canada is exempted from this requirement.
- All coaches who will participate in GymCan national competitions must have completed the stated requirements as outlined in the official event workplan.
- FUNDED Team BC Coaches may NOT act as their CLUB Supervisor

4.2.4. Roles

Roles and responsibilities will be reviewed by the Coaching Coordinator/Provincial Coaching Chair and the Technical Committee prior to the first provincial cup each year.

Coaching Coordinator

- Ensures that all athletes are being provided with the technical support they need
- Coordinates the work of the coaching staff. Supports and supervises the actions of the event staff.

Lead Event Coach(es)

- Oversees the technical support for all athletes all levels on that event. Performance focused in conjunction with personal coaches and athletes
- leads all performance-based decisions, i.e. skills in/out. Reviews all athletes' goal sheets.

Event Floor Manager

- Ensures that the right athletes are in the right place at the right time for the designated event. Oversees the non-equipment-based warm-ups. Provides technical support for events. Ensures spotters are in place. Ensures the DD flashed matches the DD that was performed.

Event Support

- Ensures all DD cards (if required) are completed and turned in on time for the event. Expected to ensure that both competitive gym and training gym are covered from a coaching point of view all events. In the case of an injury, provides the support that is needed or fills needed roles.

4.2.5. Responsibilities

CURRENT TEAM BC HANDBOOK may NOT be altered

Prior to the Event, coaches will:

- The team coaches are to ensure the proper preparation of their assigned team's athletes to compete at the event. Coaches are responsibility for the safety of their athletes during trainings and competitions.
- Review the schedule and all information circulated by the host committee
- Contact individual/personal coaches to know athlete's special requirement (warm up, training, spotting etc)
- Reply to any request from GymBC program coordinator regarding training or any other issue pertaining to the event

During the Preparation Camp, coaches will:

- Attend the camp in person, unless otherwise excused by GymBC or the Head of Delegation
- Promote team cohesion and teamwork with all athletes and coaches
- Collect completed DD sheets (as required) from all coaches
- Team coaches' act as ambassadors/advocates on behalf of the athletes in terms of ensuring that the technical elements are being executed in accordance with the prescribed rules and regulations in effect.
- Be present at the team meetings, as required
- Determine specific operational policies for the team with individual/personal coaches
- Team coaches (as required) are expected to represent Team BC at all technical meetings and to communicate all the information arising from those meetings to the rest of the delegation.

During the Event, coaches will:

- Be part of the meeting with the Head of Delegation to inform the athletes of the schedule for each day, including training, competition, meals, transportation, curfew etc
- Attend the event technical meeting and be cognizant of the event rules and schedule
- Meet with the Head of Delegation (as required) to set and confirm the next day's schedule
- Attend the opening/closing ceremonies, unless exempted by the Head of Delegation or the Coaching Coordinator
- Promote a healthy team spirit and cohesion
- Bring all technical concerns to the Head of Delegation
- Assist CLUB supervisors with supervising athletes when needed

- Apply the specific operational policies for the team, as developed at the preparation camp
- In case of injury, inform the Head of Delegation as soon as possible. In the case of serious injury or medical conditions, the Incident Action Plan should be implemented immediately. In such cases, Head of Delegation MUST report all incidents to the GymBC CEO and Safety Officers immediately.

Following the Event, coaches will:

- Fill out and submit the coaches report form before the required deadline
- Ensure that their athletes complete the athlete report form before returning home

4.2.6. Team Coach Guidelines

The coach must agree to work with all Team BC athletes equally and fairly and must be prepared, if necessary, to be responsible for the team members throughout the entire trip (not just on the competition floor).

- Team Coaches are responsible for the safety and well being of their athletes during training and competition.
- Coaches are responsible for the direct supervision of assigned team members when the athletes are on the field of play.
- The schedule of on-site coaches' meetings is the responsibility of the Coaching Coordinator in conjunction with the team coaches.
- The on-site application of the GymBC Code of Conduct for all team members is the cooperative responsibility of the team coaches and the Head of Delegation, unless specified otherwise.
- Incidents which require further attention will be reported to the Head of Delegation and/or GymBC through the Conflict Management Policy.
- Any coach that is registered by GymBC as part of the Team BC contingent must have completed all proper documentation as required by GymCan prior to the event/competition registration deadline. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition, and training venues.
 - Criminal Records Check (value for a minimum of 3 years)
 - Respect in Sport Certification
 - True Sport Clean 101
 - CAC Making Headway

4.2.7. Funding

Please refer to the Technical Committee Area Spending Process

GymBC will organize the following for funded Team BC Coaches;

- Event registration

4.2.7.1. CLUBS may require assistance with the following:

- Accommodations (the official event hotel ONLY)
- Travel (flights)

Funding will be provided for the following:

- Registration
- Accommodations
- Flights
- Catered meals (hospitality room) provided by the local organizing committee for the event will be taken into account when calculating per diems.
- Per diems will be provided for travel days in addition to the days at the event as indicated above

As per Gymnastics BC Financial Policies, all travel and accommodation expenses should be by the most cost effective and expedient means available when attending events, meetings or other activities on behalf of the association.

Examples:

- Should a car rental be required, an available economy model vehicle is to be booked unless there is a specific need to transport more passengers than the economy model vehicle can accommodate. Carpooling is strongly encouraged.
- If there are two different host hotels with rooms available for an event and one costs \$150 for a double queen room while the other costs \$130 for a double queen room, the cheaper of the two is the one that should be booked, unless there are other logistical reasons as to why the \$150 hotel should be booked instead (i.e. it is located within walking distance of the event while the \$130 hotel is not)

Flight specific examples:

- Flights should be booked at the most economical fare available while allowing for a flight credit in the event that the traveler needs to cancel the flight.
- Prepayment for seat selection is NOT a reimbursable expense except in extreme cases and needs to be pre-approved by GymBC's CEO.

- Travel insurance fees will NOT be covered unless previously discussed with and approved by GymBC Program Coordinator and/or CEO.
- A flying traveler is eligible to be reimbursed for a single checked bag during their trip (each direction). If their ticket provides a free checked bag, they are NOT eligible to be reimbursed for a second bag.
- Airport parking is NOT a reimbursable expense

All eligible receipts must be submitted to the GymBC Program Coordinator no later than 14 days after the completion of the event.

4.2.8. Individual and/or Personal Coaches

Personal coaches are those who have not been named as a team coach but wish to be accredited for the competition;

- Must be the primary or secondary/assistant coach of the named team athlete(s)
- Must advocate for all Team BC athletes and act in the best interest of the team performance, even if they are not team coaches
- Must report to the Head of Delegation and team coaches immediately for any health issues that would prevent their athlete(s) from performing to the standards expected of the athlete(s)
- May be asked to assist the CLUB supervisors and/or the Coaching Coordinator with the supervision of the athletes, as required
- Must contribute to the preparation plan in the following areas:
 - Expected routine content
 - Health related information and general status
 - Current state of physical and mental preparation
 - Any other athlete-specific information (e.g. spotting, mats needed etc.)
- Are responsible for their own arrangements unless otherwise instructed by GymBC. This includes, but not limited to: flights, accommodations, meals, ground transportation.
- Individual/personal coaches will be registered by GymBC on the official event registration form
- May be included in the team accommodation if requested, at their own expense
- Must attend all training camps and follow the guidelines set out by GYMBC and team coaches.
- Must purchase a Team BC uniform. Sharing with another member who is at the same event is not permitted
- Must follow the GymBC Code of Conduct.
- must meet the GymCan and GymBC Safe-Sport requirements that applies to them in order to travel with the team.

4.3. Officials

All judges must be National or FIG ranked judges. Trampoline judges must be available for all sessions; that is the same judge cannot be sent for both TRA and DMT or for DMT and TUM.

Provinces are responsible for sending the minimum number of judges outlined in the official workplan or finding a replacement judge to act on their behalf. The fine for not providing the required number of National judges is \$1,000 for each missing judge.

The BC Judging Chairperson will maintain a judge ranking list for the purpose of identifying those next eligible judges. Judges must meet all other requirements and criteria. To be placed on the ranking list, you must be a national senior certified judge.

In the event that there are more judges wishing to attend than the required number(s), those FIG judges invited by GymCan will be given first priority. All other national level judges will be given the opportunity whenever/wherever possible

In some cases, priority may be given based on courses, meetings, or extenuating circumstances.

It is expected that all judges spend time at the competition during warm-ups and training days.

4.4. Support Staff

4.4.1. WHEN Organized by GymBC vs. Organized by Each Registered Club

4.4.1.1. By GymBC

- One (1) manager
- A minimum of 6 chaperones (or as determined by the TGTC in order to meet the Safe Sport requirements).
 - Applications will be opened in January
 - Consideration must be given for gender representation (ie Male and female chaperones)
 - Applicants will be verified as per the TGTC selection policy
- Team BC Coaches as per the TG Canadian Championships selection policy
 - Selection of funded Team BC coaches will be completed NO later than one (1) week prior to the event registration deadline

4.4.1.2. Organized by Each Registered Club

- One (1) Head of Delegation
 - Applications will be opened in January
 - Applications will be verified as per the TGTC selection policy
- Team BC Coaches as per the Canadian Championships selection policy
 - Selection of funded Team BC coaches will be completed NO later than one (1) week prior to the event registration deadline.

4.4.2. Selection

A 2-member panel, consisting of the GymBC TG Program Coordinator and the TG Technical Chair will review all applications.

- A short list of recommendations will then be forwarded to the TG committee for final approval

4.4.3. Funding

Please refer to the Technical Committee Area Spending Process

GymBC will organize and provide funding for the following for Team BC support staff

- Event registration
- Registration
- Accommodations
- Flights
- Catered meals (hospitality room) provided by the local organizing committee for the event will be taken into account when calculating per diems.
- Per diems will be provided for travel days in addition to the days at the event as indicated above

As per Gymnastics BC Financial Policies, all travel and accommodation expenses should be by the most cost effective and expedient means available when attending events, meetings or other activities on behalf of the association.

Examples:

- Should a car rental be required, an available economy model vehicle is to be booked unless there is a specific need to transport more passengers than the economy model vehicle can accommodate. Carpooling is strongly encouraged.
- If there are two different host hotels with rooms available for an event and one costs \$150 for a double queen room while the other costs \$130 for a double queen room, the cheaper of the two is the one that should be booked, unless there are other logistical reasons as to why the \$150

hotel should be booked instead (i.e., it is located within walking distance of the event while the \$130 hotel is not)

Flight specific examples:

- Flights should be booked at the most economical fare available while allowing for a flight credit in the event that the traveler needs to cancel the flight.
- Prepayment for seat selection is NOT a reimbursable expense except in extreme cases and needs to be pre-approved by GymBC's CEO.
- Travel insurance fees will NOT be covered unless previously discussed with and approved by GymBC Program Coordinator and/or CEO.
- A flying traveler is eligible to be reimbursed for a single checked bag during their trip (each direction). If their ticket provides a free checked bag, they are NOT eligible to be reimbursed for a second bag.
- Airport parking is NOT a reimbursable expense

All eligible receipts must be submitted to the GymBC Program Coordinator no later than 14 days after the completion of the event.

5. Additional Domestic Events

5.1. Elite Canada

Athletes competing at Elite Canada are representing their club, not their province.

5.1.1. Judges

5.1.1.1. Judge Selection

Provinces are responsible for sending the minimum number of judges as outlined in the official work plan

- All judges need to be at least National level or higher.
- Trampoline judges must be available for all sessions
- The fine for not providing the required number of National judges is \$1,000 for each missing judge.
- Gymnastics Canada will provide funding for some FIG judges selected by GymCan.

5.1.1.2. Judge Cost Share

A judging cost share of \$50 will be charged to all athletes attending Elite Canada. This is to off-set the high costs of meeting the judging needs set out by Gymnastics Canada. GymBC will invoice each of the clubs directly based on the number of athletes registered with GymCan as per the registration deadline.

5.2. Canada Winter Games

The Canada Winter Games are a powerful, nation-building event that promotes unity, cultural understanding and diversity. The Games are held every two years, alternating between summer and winter.

As part of the gymnastics events, trampoline will be competed as part of the Winter program. The competition is guided by the technical regulations as set forth by the [Canada Games Council](#) and the GymCan Technical regulations in place at the time of the games.

6. Team Canada – International Events

This section should be read in conjunction with the following documents;

- GymCan [TG Canadian Pathways](#)
- GymCan [Technical Documents](#) and Team Selection

Team Canada events include any competition where GymCan assists financially, coordinates team travel, and/or identifies a team that will represent BC. This includes, but is not limited to, the following competitions:

- Pan American Championships
- Pan American Games
- PacRim
- INDO Pacific Championships
- World Cup / International Invitationals
- World Age Group Competition
- World Championships
- FIG World Cup Series

6.1. Eligibility for International Competitions

Athletes from Level 3 are allowed to take part at non-FIG sanctioned activities hosted in the USA. They must:

- Either represent their club or their province but NOT Canada
- These activities will NOT count for mobility
- Athletes who have met the mobility requirements for Level 5 to Senior are eligible to attend international invitational activities (competitions, camps, etc.) as representative of their club or province, ONLY if they have already competed in category Level 5 to Senior at a Canadian Team

Trial and have hit the international travel score in the previous or current competition season.

- To be allowed to compete internationally, athletes must also be competing and supporting the national competitions
- For all FIG sanctioned events, a [sanction form](#) must be filled and sent to GymCan with payment, at least two (2) months prior to the activity.
- For all non-FIG international events, a sanction form must be filled and sent to GymBC.

6.2. Eligibility for Canadian National Team

- Athletes must meet qualification scores and requirements as well as rankings required for a specified competition. Team selection documents and rules will be circulated separately.
- World Age Group Teams and Indo's Teams will be selected from Level 5 (Novice), Level 6 (Espoir), Junior, Level 7, or Senior categories. Please note that athletes in levels L6 and above with standards will be granted priority as listed in the Qualifying Standards Document.
- Junior Teams will be selected from Junior category only with athletes from 13-16 years old.
- U21 Teams will be selected from Level 7 and Senior categories if an opportunity becomes available for U21 athletes.
- Senior Teams will be selected from Senior category only.

GymCan National Team

Discipline	Senior Women	Senior Men	Development Team Women (17-21)	Development team Men (17-21)	Junior Women	Junior Men
IND. TR, DMT, TU	8	8	4	4	4	4