





Gymnastics BC

Artistic Gymnastics Selection Process for the 2023 Canada Games

1 General Information

Location	Norton Diamond Soccer Complex Stratford, Prince Edward Island
Date	17-26 February 2023

1.1 Gymnastics BC Contacts

Thorstein Fischer	tfischer@gymbc.org	MAG Program Coordinator
Momona Komagata	mkomagata@gymbc.org	WAG Program Coordinator

1.2 Delegation Size & Composition

	MAG	WAG
Athletes Staff	6 1 coach & 1 manager	6 1 coach & 1 manager
Athlete Age	12-19 years old (2004	l-2011)

1.3 Competition Rules & Format

1.3.1 MAG

- Current Gymnastics Canada MAG Technical Regulations
- 2022-2024 FIG MAG Code of Points
- Any current FIG MAG Newsletters
- National Open rules, with the following amendments,
 - Only one (1) vault performed in qualifications and event finals.
 - 125-135cm vault height.
 - Pommel Horse may be lowered or a beat board may be used.

1.3.2 WAG

- Current Gymnastics Canada WAG Technical Regulations
- Current WAG CCP Code of Points
- WAG CCP10 rules

1.3.3 Competition Format

- Team (6-6-4)
- All Around Final (max. 3 per P/T)
- Apparatus Finals (max. 2 per P/T)

2 Canada Games Preparation Plan (Tentative)

2022	
29 Sep	Manager Application Deadline
15 Oct	Announcement of Managers
11 Nov	MAG Trial #1 (Mandatory)
10/11 Dec	MAG Trial #2 & WAG Trial #1 (Mandatory)
2023	
2023 29 Jan	WAG Trial #2 (Mandatory)
	WAG Trial #2 (Mandatory) MAG Team Training Camp (Mandatory)
29 Jan	

3 Selection Process

3.1 Purpose

To select the athletes, coaches, and managers best capable of achieving or exceeding the performance objectives for the 2023 Canada Games.

3.2 Performance Objectives

	MAG	WAG
Team	Тор 3	Top 3
All Around	Тор 3	Top 6
Apparatus Finals	3 medals	3 medals 2 gymnasts per apparatus

3.3 Eligibility

3.3.1 Athlete

- Be born 2004–2011.
- Be a registered athlete in good standing with Gymnastics BC.
- Take part in all mandatory activities of the Canada Games Preparation Plan.
- Refer to the Canada Games Technical Package for full eligibility criteria.

Six (6) athletes will be named to each team, along with one (1) non-traveling alternate.

3 SELECTION PROCESS 3.4 Selection Panel

3.3.2 Staff

- Be at minimum NCCP Competition 3 (Development) Certified coach. Must be certified no later than 90 days before the Opening Ceremonies of the games.
- Meet SafeSport requirements.
- Be a registered coach in good standing with Gymnastics BC.
- Be willing to take part in a leadership role in all activities of the Canada Games Preparation Plan.
- Refer to the Canada Games Technical Package for full eligibility criteria.

One head coach and one assistant coach/team manager ("manager") will be named to each team.

3.4 Selection Panel

Each discipline's selection panel shall have the sole authority and discretion with decisions regarding their discipline's athlete selection, coach selection, and petitions.

3.4.1 Selection Panel Members

Each discipline's selection panel will be composed as follows:

- Three members from that discipline's technical committee with no conflicts of interest to the involved parties
- The discipline's Program Coordinator (non-voting)

The chair of the technical committee will not be appointed unless they are the last person with no conflict of interest. Should there not be enough non-conflicting members available, a non-conflicted National or F.I.G. judge from the respective discipline will be appointed. A vote of majority will prevail in all cases.

Conflicts of interest include, but are not limited to.

- Personal coach of athlete
- Coach with athlete(s) in the selection pool for Canada Games
- Coach at same club of athlete
- Past coach of athlete
- Relative of athlete

3.5 Athlete Selection

Team BC athletes for the 2023 Canada Games will be selected after Trial #2. Athletes may advance to Trial #2 through ranking after Trial #1. Athletes will be named to the team in ranked order following Trial #2 as outlined below.

Identified training camps/competitions are mandatory for all athletes wishing to qualify for Canada Games. Other mandatory activities must also be attended (media op, Team BC meetings (multi-sport), team building activities, etc.). Athletes will be given adequate notice to attend them.

3.5.1 Trials Process

- Canada Games warm-up format (team competition)
- Rules as applied at 2023 Canada Games (team competition)
- 2-4 judges per apparatus
- Random draw for competition order done by Gymnastics BC

Trial #1 Open to all 2023 Canada Games age and category eligible athletes.

MAG: 11 November 2022WAG: 10/11 December 2022

Trial #2 Open to athletes qualifying via Trial #1.

MAG: 10/11 December 2022WAG: 29 January 2023

MAG Trial #2 Rules

Top 8 AA athletes after Trial #1, up to 8 apparatus specialists ranked top 4 on an apparatus at Trial #1, and the next ranked AA athletes until 16 is reached.

A maximum of 16 athletes, excluding petitions and ties, are eligible to participate at Trial #2. (e.g., if 2 petitions were accepted by GBC, 18 athletes will be eligible to compete at Trial #2). Should there be a tie in the ranking of the 16 athletes (e.g., the 17th athlete is in the top 4 on an apparatus), the tie will not be broken and all tied athletes will compete at Trial #2.

If an athlete identified after Trial #1 is unable to compete at Trial #2, he will be replaced by the next ranked AA athlete from Trial #1.

WAG Trial #2 Rules

Top 10 AA athletes after Trial #1, up to 6 apparatus specialists ranked top 3 on apparatus at Trial #1, next ranked AA athletes until 16 is reached.

A maximum of 16 athletes, excluding petitions and ties, are eligible to participate at Trial #2. (e.g., if 2 petitions were accepted by GBC, 18 athletes will be eligible to compete at Trial #2). Should there be a tie in the ranking of the 16 athletes (e.g., the 17th athlete is in the top 3 on an apparatus), the tie will not be broken and all tied athletes will compete at Trial #2.

If an athlete identified after Trial #1 is unable to compete at Trial #2, she will be replaced by the next ranked AA athlete from Trial #1.

3.5.2 Selection of the Team Athletes & Alternate

The six (6) athletes and one (1) alternate will be selected to Team BC based on results from Trial #2 (weight: 100%) in the following way:

MAG Team

• Top 4 AA athletes, selected in ranked order from 1st to 4th. In the case of a tie, the athlete with the highest score on five apparatus will prevail. Should a tie still exist, then the top four/three/two/single apparatus score(s) will be used (until the tie is broken).

- The next two (2) athletes (#5 + #6) will be selected by contribution to the team score. If there is a tie in contribution to the team score, the athlete with the highest single contributing score will be selected. Should a tie still remain, the top two contributing scores will be selected. After this, if there is still a tie, the selection panel will vote on which athlete is to be named to the team based on, but not limited to, performance consistency, ability to make an apparatus final, past performance at other large competitions, etc.
- The two (2) Apparatus Specialists will preferably complement each other toward an All-Around score.
- The Alternate will be selected based on the highest ranked All Around gymnast not named to the team.

WAG Team

- Top 5 AA athletes, selected in ranked order from 1st to 5th.
- In the case of a tie in the top 5 AA, the athlete with the highest score on any single apparatus will prevail. If there is still a tie, then the athlete with the highest score on any two apparatus will prevail.
- The athlete in 6th place and the alternate will be selected according to their contribution to the team. Points are earned by finishing in the top 4 positions on an apparatus.
 - 1st place finish on an apparatus: 4 points
 - 2nd place finish on an apparatus: 3 points
 - 3rd place finish on an apparatus: 2 points
 - 4th place finish on an apparatus: 1 point
- The athlete with the highest number of points accumulated on the apparatus where she competed (up to 4 apparatus) will be selected. If there is a tie in points, the athlete with the highest All Around score will be selected. If the tie still remains, the athlete with the highest single contributing score will be selected. Should a tie still remain, the top two contributing scores will be selected. After this, if there is still a tie, the selection panel will vote on which athlete is to be named to the team based on, but not limited to, performance consistency, past performance at other large competitions, etc.

3.5.3 Team Preparation Camp

 Purpose To bring the selected team together and finalize preparations for the games. To verify the selected athletes are training at the level they were selected at. Attendees Mandatory for selected athletes (including alternate), team coach, and team manager. Any interested personal coaches of athletes on the team may also attend.

 Costs Travel and accommodation costs of the named team will be covered by Gymnastics BC. The named team will also receive a per diem. Personal coaches and alternates will be self-funded.

MAG	Location TBC	Feb 2023
WAG	Location TBC	Feb 2023

3.6 Staff Selection

The coaching staff is composed of,

- One head coach, per discipline
- One assistant coach that also acts as team manager, per discipline

For MAG, one of the coaching staff members must be male. For WAG, one of the coaching staff members must be female.

The head coach will be selected using the following criteria,

- Athlete's ranking points
- Number of personal athletes on the team
- Ability to adhere to Gymnastics BC's team objectives and policies

The assistant coach/team manager will be selected using the following criteria,

- Past experience leading a team at a national event
- Likelihood of having personal athletes on the team
- Ability to adhere to Gymnastics BC's team objectives and policies

3.6.1 Head Coach Selection

The club earning the most points based on athlete performance at Trial #2, will have the right to submit the name of its coach to Gymnastics BC for final eligibility confirmation as the head coach. The named coach must be the primary or secondary/assistant coach of the athlete(s) on the team.

In the case of a tie, the club with the highest ranked athlete will be selected.

The following table shows the relationship between athlete placement on the team and the number of points a club earns for the purposes of coach selection.

AA Rank (Trial #2)	Points
1 st	13
2 nd	10
3 rd	7
4 th	5
5 th	3
6 th	1

3 SELECTION PROCESS 3.7 Petition Process

Removal or Substitution of a Coach Before departure, the respective discipline's selection panel may remove a coach, or substitute a coach with another coach from the same club who has met the prerequisites, if a coach,

- is not in attendance at every activity of the preparation plan;
- is not meeting the expectations associated with their roles, responsibilities, and tasks during the training camp and mock meets;
- no longer has an athlete on the team (head coach only); or
- is no longer meeting GCG or GBC SafeSport requirements.

If there is no coach available from the same club, the next ranked club will be requested to name a coach.

3.6.2 Assistant Coach/Team Manager Selection

The assistant coach/team manager position will be selected based on an application process conducted by Gymnastics BC. Coaches interested in applying for the manager position at Canada Games may do so at the following link: https://activitymessenger.com/p/QrirNho.

The deadline for assistant coach/team manager applications is at 23:59 on 29 September 2022. A manager and an alternate will be selected by the selection panel and announced by 15 October 2022. The alternate will only be used if the manager has no athletes on the team, or if the manager steps down. Both the selected manager and the alternate will be required to attend all Team BC activities and camps.

3.7 Petition Process

Should an athlete, coach, or manager be unable to attend or participate to conclusion at any of the trials, camps, or other mandatory activities, they may submit the petition form (Appendix C) to Gymnastics BC.

Petitions are to be submitted in a timely manner. They will be accepted during the following two periods:

Petition Period 1 Up to the conclusion of Trial #1, for petitions pertaining to Trial #1 only.

Petition Period 2 Immediately following the conclusion of Trial #1 up to the conclusion of Trial #2 for petitions pertaining to Trial #2 only.

No petitions will be accepted after Trial #2 under any circumstances.

3.8 Naming of the Teams

Following Trial #2, an unofficial team will be named (athletes and coach). The teams will then be officially named within one (1) week following the closing of the appeal period, by the selection panel.

3.9 Team Athlete Status

An athlete will become or remain a team athlete provided that,

- a) they are not injured (as determined by a medical professional) or ill (as determined by the athlete, their coach, or a medical professional) at the time of departure for Charlottetown, in a way which prevents them from continuing the normal training program for an athlete preparing for a major national level competition; and
- b) they are able to perform their usual routines with full difficulty on each apparatus where their contribution is expected, at the level demonstrated during the training camps and trials events as determined by a judge appointed by their technical committee or by the team coach at the preparation camp.

The athlete or their coach must notify Gymnastics BC in writing within 24 hours (of their condition changing) if one of the above conditions in (a) or (b) is not met. Failure to meet one of the above conditions may result in the selection being cancelled.

3.10 Appeal Process

Within five (5) calendar days following the unofficial team announcement or before 1 February 2023—whichever comes first—and before the official team announcements, appeals may be submitted to Gymnastics BC using the appeals form (Appendix D).

Appeals will only be considered if the selection of an athlete or coach was found to be based on false or flawed information.

Appeals will be reviewed and handled by a sub-committee made up of the three technical committee chairs, unless a conflict of interest arises. No member of this sub-committee may have been involved in the petition process. In the case of a conflict of interest, another member of that discipline's technical committee with no conflict of interest will be appointed. Their majority vote would reject or uphold any bonafide appeal.

3.11 Amendments

Gymnastics BC reserves the right to amend this document, which in it's discretion are necessary. The selection panel may amend this document to correct, clarify, or amend any inconsistencies, errors, or omissions herein.

Gymnastics BC reserves the right to review and modify this document or decisions related to the selection process in the case of rule or policy changes from the Canada Games Council that affect the criteria set out in this document.

3 SELECTION PROCESS 3.11 Amendments

Any changes to this document will be communicated to the affected individuals, and will be published on the Gymnastics BC website.

A Roles & Responsibilities of the Coaches

A.1 Main Goal

The coach must be familiar with the routine content and training habits of all athletes on the team, and be able and willing to attend to the needs of all team members since personal coaches will not be attending the games.

A.2 Job Description

- Abide by the GBC Code of Conduct.
- Abide by Team BC and Canada Games policies and procedures.
- Abide by any other applicable rules and regulations stated in the appropriate Code of Points (WAG: CCP; MAG: FIG) and Canada Games Technical Handbook.
- Contribute to good team cohesion and enthusiastic team spirit.
- Attend both trials.
- Attend all training camps and other mandatory activities.
- Be available for competition clothing and track suit sizing.
- Be available for any media events related to the Canada Games preparation and competition.
- Represent Team BC with exemplary behavior at all times.
- Establish and maintain a good relationship with coaches and judges from other provinces.
- Assist with non-gymnastic team activities.
- Attend team functions as requested by the team manager.
- Organize and participate in non-gymnastic activities with athletes once the competition is completed.
- Submit a specific report no later than ten (10) days upon returning home.

A.3 As a Floor Coach

A floor coach has the following roles and responsibilities, and is accountable for the statements, actions, and behaviors of their athletes on the warm-up and competition floors.

- Ensure the athletes:
 - are aware of their roles, responsibilities, and of the rules applicable to them:
 - wear the proper attire including competition number;

- do not warm up on the podium outside the allowable period;
- abide by the competition order; and
- have the proper authorization to leave the competition area;

• Ensure:

- the allowed number of coaches on the floor is abided by;
- proper conduct and observance of warm up procedures;
- they remain on the podium only when authorized; and
- all members of Team BC (athletes, manager, coach) are present and wearing the proper uniform for all award ceremonies.

• Responsible for:

- proper line-up before the competition and before a rotation;
- spotting athletes;
- making decisions in the best interest of the athletes' health and well-being;
- proper equipment adjustments, including mats—ensuring no unauthorized use of mats, pieces of wood, etc.; and
- timing the routine and intermediate falls on events where those rules are applicable.
- Abide by any other applicable rules and regulations stated in the FIG Code of Points, Canadian Competitive Program, FIG Technical Regulations, or Canada Games regulations.

B Roles & Responsibilities of the Managers

B.1 Responsibilities

- Abide by the GBC Code of Conduct.
- Abide by Team BC and Canada Games policies and procedures.
- · Attend all meetings organized by Team BC.
- Attend all Canada Games functions, as required.
- Follow the requirements outlined by Team BC in cooperation with the coaches and technical staff.
- Communicate information from meetings.
- Liaise with Canada Games mission staff.
- Assist in coordinating and organizing identified Canada Games activities (training camps, sport medicine, and other as required by Team BC).
- Coordinate the collection of information, forms, or other required documents by Team BC.
- Assist with competition clothing and track suit sizing, and distribute Team BC clothing.
- Attend media events on behalf of Team BC.

B.2 Immediately Before the Games

- Coordinate travel for any athletes coming from out of the lower mainland (in cooperation with GBC staff).
- Ensure team members are properly registered with Team BC (in cooperation with GBC staff).

B.3 During the Games

- Attend to all needs of the athletes.
- Assisting the team coach and coaching the athletes during training and competition.
- Ensure all on-site scheduling, including lunch boxes, medical appointments, discipline problems, curfews, adherence to curfews and any other tasks required by Team BC.
- Organize and participate in non-gymnastics activity with athletes once the competition is completed.

B.4 After the Games

- Submit a report to GBC within ten (10) days of returning from the games.
- Ensure that the team coach submits their report to GBC.

C Petition Form

Name: Of individual who the petition is for.
Email: This email will be used as the main point of contact. The decision will be sent to this email.
Coach's Name: If petitioning for an athlete.
Club:
Discipline: MAG WAG
Activity: Trial #1 Trial #2 Other if other, specify:
Petition for: Injury Illness National Team obligations Other if other, specify:
Rationale: Provide as much information as possible.
Diagon attack any avananting decuments to this form
Please attach any supporting documents to this form
Submitted by:
Signature: Date:
Submit WAG form to Momona Komagata (mkomagata@gymbc.org) Submit MAG form to Thorstein Fischer (tfischer@gymbc.org)

D Appeals Form

Appellant	
Name:	Age:
Address:	
Primary Phone #:	
Secondary Phone #:	
Email:	
Representative (if any)	
Name:	
Primary Phone #:	
Secondary Phone #:	
Email:	
Decision	
What decision or practice do you wish to appeal	?
Why do you think the decision is wrong or unfai	r?
When was the decision taken?	
Respondent	
Who made this decision?	
vvno made this decision?	
Grounds	
0.04.140	

Grounds for appeal (arguments)

Summary of the evidence that supports these grounds (documents, pictures, etc.)

Affected Party

When available, please provide the name(s) and contact information of any member who might be potentially affected by the decision of the Appeal Panel.

Name:

Contact Information:

Witnesses

List of witnesses to be called at the hearing, contact information (including phone numbers) of these witnesses and summary of evidence to be provided by each of them.

Witness 1

Name:

Contact Information:

Summary of Evidence:

Witness 2

Name:

Contact Information:

Summary of Evidence:

Witness 3
Name:
Contact Information:
Summary of Evidence:
Remedy
What action or decision do you want Gymnastics BC to take or make to correct the situation?
Claimants Name:
Claimants Signature:
Date:
Submit WAG form to Momona Komagata (mkomagata@gymbc.org)
Submit MAG form to Thorstein Fischer (tfischer@gymbc.org)