



# **TRAMPOLINE GYMNASTICS**

**BC Sanctioned Event**

**Hosting Guidelines**

**TG Provincial Cups  
TG BC Championships**

Feb 28, 2024

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# 1. Introduction

The following are a set of standards and procedures set forth by the TGTC for clubs hosting GymBC TG sanctioned competitions. It is intended to assist GymBC member organizing committees in conducting TG sanctioned Provincial Cups and BC Championships.

This document is to be read in conjunction with the following documents;

- GymBC [Registration Handbook](#)
- GymBC [TG Operational Manual](#)
- GymBC [Coaching Education Operations Manual](#)
- GymBC [Screening Policy](#)
- GymBC [Complaint Management Handbook](#)
- GymCan [TG Canadian Pathways](#)
- CymCan [TG Competition Regulations](#)
- FIG TG [Code of Points](#)

## 1.1 Event Hosting Guide

This document is intended to assist GymBC member club event hosts in conducting the BC Provincial Cups and BC Championships.

GymBC is committed to working closely with our member clubs to host annual provincial cups and BC Championships that promote and celebrate the accomplishments of our athletes in British Columbia. The information in this guide reflects GymBC's dedication to provide guidance and leadership to all local

organizing committees (LOC) across the province. It provides general knowledge of the LOC's responsibilities and duties in the planning and implementation of the GymBC sanctioned events.

## 1.2 Sanctioning

GymBC member clubs who wish to host a GymBC sanctioned competitive event must complete and submit a [Sanctioned Event Application Form](#) to GymBC by the required deadline. Any questions can be directed to the [events@gymbc.org](mailto:events@gymbc.org).

Only completed applications, with payment included, will be considered. Applications made by email with no form and/or insufficient payment will not be processed.

### 1.2.1 Insurance

The LOC is also responsible for ensuring adequate liability insurance is in place. Please contact GymBC's Safety Officer [safety@gymbc.org](mailto:safety@gymbc.org) for further details.

## 1.3 BC Provincial Cups

Generally, three (3) Provincial Cups will be held between January and April each year. Each event is considered a trial to qualify for Team BC events such as Western Canada Cup and Canadian Championships.

Please see **section 9** for additional information regarding the competition format at BC Provincial Cups

### 1.3.1 Format

The BC Provincial Cup events require the following formatting:

- 1-day set up
- 2-3 days for competition
- 1-day take down (or following the last competition/awards session on day 3)

## 1.4 BC Provincial Championships

The BC Championships are the largest and most prestigious annual event in the province. Throughout the course of these competitions, athletes compete for the title of Provincial Champion.

The BC Championships are generally held in April or early May, in various communities throughout the province. Although GymBC encourages member clubs to host the WAG Optional, MAG, and Trampoline Gymnastics Championships together, clubs can bid to host the events separate.

Please refer to [Section 10](#) for additional specific information related to BC Championships.

### 1.4.1 Objectives

The main objectives of the BC Championships are to:

- Event should be athlete focused and balance the needs and expectations of the trampoline and artistic programs (when hosting separate or combined championships)
- Create a “*brand*” for the BC Championships by standardizing protocols and awards
- Showcase the BC Championships to the public, spectators and the community
- Provide the host club with exposure and a means of raising funds

### 1.4.2 Format

The BC Championship events require the following formatting:

Trampoline Gymnastics (only):

- 1-day set up
- 2-3 days of competition
- 1-day take down (or following the last competition/awards session on day 3)

Please refer to [section 10](#) for additional specific information regarding hosting BC Championships.

## **2. ADMINISTRATION**

### **2.1 Organizing Committee**

In planning for any event, the first step is forming a key group of event organizers – the ‘Local Organizing Committee’ (LOC). This group shall act on behalf of the host club and is responsible for the organization, preparation and operations of all aspects of the event.

There should be one clear leader within the LOC; someone who chairs all committee meetings and oversees the hosting of the BC Championships. This person should be familiar with competition operations and will be GymBC’s main point of contact for all event-related communications.

In addition to the committee chair, there are subcommittee chairs, each of whom is responsible for a specific division of the event organization. The subcommittee chairs will typically create subgroups to assist with the organization of their specific division.

## **3. BUSINESS OPERATIONS**

One budget including all revenues and expenses must be developed by the LOC, as required. It is the LOC’s responsibility to manage the budget before, during, and after the event.

### **3.1 Work Plans (Bulletins)**

The TG Program Coordinator will assist with creating (a minimum of) two Work Plans (bulletins) to be distributed to all TG full member clubs. The Work Plans will include general event and technical information.

Work Plan #1 must be distributed to all full member clubs at least eight (8) weeks in advance of the event deadline.

The Workplan must include the following:



- Competition date and Location
- Contact information
- Entry fees, entry deadline and penalties
- Refund policy
- Events / Competitive levels / Age groupings
- Any specific rules/regulations in effect including DD Sheets
- Athlete / Coaches / Judges on-line registration information
- List of Equipment
- Preliminary schedule
- Requirements for all officials
- Hospitality and concession information
- Preliminary schedule
- Awards
- Accommodation opportunities

Work Plan #2 should be made available approximately three weeks prior to the competition event. This Work Plan must include:

- The final competition schedule
- Information regarding start lists
- Meeting schedule
- Admissions /parking

## **3.2 Revenue Opportunities**

Major sources of revenue for BC events are typically collected in the form of registration fees & admissions. Other possible sources of revenue include sponsorships, grants, and vendor booth sales.

### **3.2.1 Trampoline Gymnastics Hosting Grants**

(pending GymBC TGTC Budget approval)

Clubs wishing to host a BC Provincial Cup may be eligible to apply for a hosting grant under the following conditions:

- A written request must be submitted to the GymBC TG Program Coordinator a minimum of 30 days prior to the start of the event
- Competition in each event must be offered for all provincial and national levels and must include all four (4) competitive disciplines (TR-I, DMT, TU, TR-S)

- Only L5, Open/Mixed, L6 and SR synchro trampoline (preliminaries only) are competed at all BC Provincial cups. Awards will only be presented at BC Championships.
- In addition to the above, L1 through L4 synchro will ONLY be competed at BC Championships

A subsidy MAY be offered for each BC Provincial Cup, BC Championships and Western Canada Cup as follows:

#### Judging Subsidy - \$1000 (TBC)

- A subsidy may be available to offset the increased costs paid in Judging honorarium
- Documentation and/or receipts MAY be requested

#### First Aid Subsidy - \$1000 (TBC)

A subsidy may be available provided:

- All First Aid providers MUST be, at least, Level 3 Trained – First Responders, and there must be a minimum of two (2) attendants on duty at all times. The First Aid provider must provide emergency supplies, including a backboard and cervical collar. It is not the responsibility of the First Aid provider to provide taping and bandaging services for chronic injuries. This is the responsibility of the athlete and/or their club.

### 3.2.2 Admissions

It is at the LOC's discretion whether to charge an admission fee for spectators. Based on previous years, suggestions are as follows:

	Day Pass	Weekend Pass
Adult	\$20	\$45
Student (6-18) / Senior	\$15	\$35
5 and under	Free	Free
Family (2 adults + 2 students)	\$45	\$65

### 3.2.3 Public Grants

The host club may apply for any grants available through their community, province and/or foundations. There are also a number of grant opportunities available to hosts through [viaSport – Hosting BC Grants](#).

### 3.2.4 Sponsorships

Sponsorships are an excellent source of revenue for any LOC and an ideal way for a company to show its support for amateur sport in BC. A sponsorship package for corporate and Value-In-Kind (VIK) donations should be developed by the LOC and distributed throughout the community well in advance of the event.

Under no circumstances may an event sponsor be in direct competition with any of GymBC's pre-existing sponsors, unless GymBC provides approval. Please contact GymBC's Event Manager ([events@gymbc.org](mailto:events@gymbc.org)) should you have any questions regarding potential sponsorship partners.

## 4. EVENT OPERATIONS– BC Provincial Cups

### Non-Technical

#### 4.1 GymBC TG Program Coordinator will be responsible for:

- Assist with the preparation of the event Work Plan (Bulletin) including distribution to all TG full member clubs
- Will work in conjunction with the LOC to set the competition data base following the registration deadline. Re-alignment/amalgamation of categories/age groups established at the first BC Provincial Cup will remain as consistent as possible until the BC Championships and/or the final sanctioned BC Provincial Cup.
- Provide the LOC with full access to the Sportzsoft event registration pages
- Ensure all athletes entered on the Sportzsoft registration form are properly registered and insured with GymBC as competitive athletes
- Report any errors/omissions to the GymBC Member Services manager and the club/coach
- Re-align/amalgamate groups which exceed 24 competitors. Where age groups are re-aligned, the GymCan Pathways suggested age splits will be adhered to as much as possible
- In cooperation with the LOC, maintain the scoring data base for accuracy including;

- Late entries
- Changes/corrections
- Withdraws
- Errors and/or omissions
- Verify medical refunds
- Assist with the preparation of the competition schedule (as needed)
- Assist with the circulation of all relevant information

#### **4.1.1 LOC will be Responsible for:**

##### Prior to the event

- Assist with the preparation of the event Work Plan (Bulletin)
- Submit all equipment requests to GymBC
- Submit written request for the GymBC hosting grants
- Receive all registration through Sportzsoft
- Work in cooperation with the GymBC TG Program Coordinator on the competition schedule
- Arrange for the pick up of all the GymBC scoring and judging equipment
  - Ensure the judges file folders are current including levels, age groups, corresponding chit baggy

##### During the Event

- Ensure all equipment (competitive and non-competitive) has been set safety
- Ensure there is a reliable and secure internet connection for the smooth operations of the Sportzsoft program
- Maintain the scoring data base for accuracy (ie; all changes/corrections/omissions)
- Receive and process all DD sheets.
- Prepare all judges event file folders
- Manage all duties related to the processing and distribution of all competition results

##### After the Event

- Ensure all equipment has been properly reloaded on the GymBC equipment trailer
- Return all scoring and judging equipment to GymBC
- Circulate all results including the mobility report

## 4.2 Eligibility – Athletes

Registration will be open to all GymBC TG full member clubs.

It is the responsibility of each registering club that all athletes and coaches listed on the entry form are properly registered as competitive athletes with GymBC prior to the stated registration deadline.

A fine of \$200 for each unregistered and/or incorrectly registration athlete(s) will be levied against the related club. Unregistered and/or incorrectly registered athletes will not be permitted to compete until they have been properly registered with GymBC, as competitive athletes, and all relevant fees and fines have been paid.

## 4.3 Eligibility - Coaching Requirements

In order to coach in a GymBC member club and at GymBC sanctioned events, an individual must be a registered member of GymBC and must fulfill GymBC's compliance requirements prior to actively coaching. Information on GymBC's registration process can be found [online](#).

Please refer to the GymBC [Coaching Education Operations Manual](#) and the GymBC [Screening Policy](#)

## 4.4 Athlete & Coach Registration Fees (2023-2024)

Registration fees are set by the TGTC in the fall of each competitive season.

### Athletes – Provincial Cups

- Registration – first event (up to four weeks prior to competition): \$140
  - Each additional event \$ 10
- Late Registration (one to two days after the stated deadline +\$15): \$155
- Very Late Registration (three to five date after the stated deadline + \$25): \$165
- Five or more days after the stated deadline: double the registration fee: \$280
- No registration will be accepted after the very late deadline.

### Coaches – Provincial Cups

- Regular Registration (up to four weeks prior to competition): \$30

## 4.5 Sportzsoft - On-Line Registration

Sportzsoft is considered the official scoring program for all BC Provincial Cups and BC Championships.

New competitions can be set up on the [Sportzsoft Live Meet](#) webpage using the “new event” link. Club registration should be completed on the Club member account.

For assistance, contact [info@sportzsoft.com](mailto:info@sportzsoft.com).

### 4.5.1 Registration Deadline

The registration deadline may not be less than five (5) weeks prior to the start date of the event. It is each attending clubs responsible to submit the completed registration information through their [SPORTZSOFT MEMBER CLUB ACCOUNT](#) by the required deadline.

### 4.5.2 Payment of Fees

Full payment must be received BY THE LOC in the stated manner (e-transfer / one club cheque) within 10 days after the registration deadline to be considered on time.

All payments received after the stated deadline will be considered late and will be subject to a late charge of \$50.

### 4.5.3 Refunds

Refunds will only be issued upon receipt of medical note. These must be received within 14 days of the conclusion of the competition. The LOC club has the right to charge a \$10 administration fee for all refunds.

### 4.5.4 Realignment of Categories

Following the event registration deadline, some categories and age groups may be re-aligned and/or amalgamated. Groups which exceed 24 competitors may be re-aligned, where ever possible, within the GymCan Canadian Pathways recommendations.

Once a group has been re-aligned, every effort will be made to keep it as consistent as possible until the final sanctioned BC Provincial Cup and/or BC Championships. The athlete's age is determined as of December 31<sup>st</sup> of the competition year.

## 4.5.5 Entry Corrections / Changes / Withdraws

It is the responsibility of each registered club to report all corrections, changes and/or withdraws before the stated deadline. All corrections and/or changes received after the stated deadline will be subject to a \$10 fine for each event affected by the change.

## 4.6 DD Sheets

Only the GymCan [official DD](#) sheets will be accepted.

### 4.6.1 Submission

At all GymBC TG sanctioned events, only the FIG numeric system may be used to describe elements on the DD sheets, otherwise the card will not be accepted. DD Sheets which are not legible will be returned to the club for re-submission. Fines will be imposed.

All completed DD sheets must be submitted to the LOC via EMAIL a minimum of 5 days prior to the start date of the competition. Should there be any discrepancies between the Sportzsoft registration form and the submitted DD sheet, the Sportzsoft registration form will be considered correct- UNLESS changes have been properly reported prior to the stated deadline.

### 4.6.2 Late Fees

Late fees shall be calculated as follows:

Description	Imposed Fines
One (1) to two (2) days after the stated deadline and/or missing items Including unreported errors	\$10 per late and/or missing Items
Three (3) to four (4) days after the stated deadline and/or missing items Including unreported errors	\$15 per late and/or missing items

Five (5) to seven (7) days after the stated deadline and/or missing items including unreported errors	\$25 per late and/or missing items
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NOTE: athlete changes in 3 different disciplines = 3 times the fine

## 5. EVENT OPERATIONS – BC Provincial Cups

### Technical

#### 5.1 Venue

The host club is responsible for ensuring the specific trampoline technical requirements are met. Technical requirements include venue, equipment scoring and results, officials, volunteers and medical services.

Along with the actual floor plan and spectator space, additional space should be reserved for awards, hospitality, concession, admissions, vendors and meetings.

Please refer to appendix **#1 for additional information.**

#### 5.2 GymBC Competition Equipment

GymBC members clubs may rent the GymBC/Spieth Anderson TG equipment for their club competitions. The host is responsible for completing the [GymBC Equipment Rental Agreement](#) to use the equipment for their event.

Transportation of equipment will be arranged by the Equipment Rental Coordinator. Equipment inquiries should be sent to [equipment@gymbc.org](mailto:equipment@gymbc.org)

GymBC will coordinate equipment transportation and will supply a set of equipment as requested. A GymBC technician will be on hand to supervise the set-up, take down and loading of the equipment trailer. GymBC will also ensure that the club is contacted four weeks prior to the meet to confirm the delivery details and the set-up/take-down time of the equipment

Any safety concerns and/or equipment issues prior to the event may be communicated to [equipment@gymbc.org](mailto:equipment@gymbc.org) or [events@gymbc.org](mailto:events@gymbc.org). During the event,



issues should be immediately reported to the event floor manager. Equipment malfunctions and safety concerns will be addressed immediately by the GymBC on-call Equipment Technician.

The LOC is responsible for the recruitment of at least 20 volunteers to help with the set-up and take-down of the equipment as well as the unloading/loading of the equipment trailer.

## 5.2.1 Competition Equipment

The GymBC TG equipment trailer includes the following items:

- Two (2) competition trampolines and end decks
- One (1) tumbling floor
- One (1) DMT
- Equipment mats for the trampolines
- Two (2) landing zones
- Supply of chalk

Please refer to **Appendix #2** for a list of the additional competition equipment required for a full competition set up.

All additional equipment provided by the LOC are to be clearly labelled to ensure that the correct equipment is removed and loaded into the GymBC trailer during take-down.

## 5.2.2 Time of Flight

GymBC will also provide the VERIFLIGHT device for the event.

The Time of Flight (TOF) will be part of the scoring calculation in each trampoline routine for all categories and age groups. It is the responsibility of the LOC to ensure that the Time-of-Flight device properly installed, is fully operational and has fresh batteries.

## 5.2.3 Video Equipment

It is the responsibility of the LOC club to record of all rounds of competition. GymBC will provide the video kit free of charge for TG BC Championship competitions.

For booking information, please contact the [GymBC TG Program Coordinator](#) and Jake Maxim at [jake@clubaviva.ca](mailto:jake@clubaviva.ca) for your request at least 8 weeks prior to the event.

LOC clubs are responsible for training volunteers on how to properly install the system. The LOC must sign the Transfer of Responsibilities Agreement when the equipment is delivered to indicate that they are 100% responsible for its use, safe keeping at the end of each day and that all items are returned.

## 5.2.4 Non-Competitive Equipment – Judges Staging

<b>TRAMPOLINE JUDGES STAGING</b>	
	8'w x 32' l x 32-36" high <i>FIG requirements - 39-48" high</i>
	Skirting on 3 sides
	Stairs / safety railing / wheelchair ramp (if required)
<b>DOUBLE MINI (double for 2 DMT set-ups)</b>	
	8'w x 24' l x 16" high <i>FIG requirements - 20" high</i>
	Skirting on 3 sides
	Stairs / Wheelchair ramp (if required)
<b>TUMBLING</b>	
	8' w x 24' l x 20" high <i>FIG requirements - 20" high</i>
	Skirting on 3 sides
	Stairs / Wheelchair ramp (if required)

Please refer to [Appendix #3](#) for additional non-competitive requirement requirements.

## 5.3 Medical Services

It is the responsibility of the LOC to have a First Aid station, where athletes coaches and officials may receive First Aid Assistance. The First Aid station must be available prior to the start of general warm-up and must remain active for the duration of the competition.

All First Aid providers **MUST** be, at least, Level 3 Trained – First Responders, and there must be a minimum of two (2) attendants on duty at all times. The First Aid provider must provide emergency supplies, including a backboard and cervical collar. It is not the responsibility of the First Aid provider to provide taping and bandaging services for chronic injuries. This is the responsibility of the athlete and/or their club.

## 5.4 Safety

The facility at which a GymBC TG sanctioned competition are held must meet the specifications laid out in the FIG rules and regulations.

A safety committee comprising of the Technical Chair, Coaching Chair and a representative of the LOC must approve all equipment and layout prior to opening the competition floor.

Any concerns regarding the facility and/or equipment being used at the competition must be reported to the LOC Chairperson and the TG Safety Committee prior to the opening of the competition floor.

The minimum standard for safety mats surrounding the competition trampolines, including any warm-up trampolines in use, at all BC provincial Cups and BC Championships must be a minimum of 4" thick.

### 5.4.1 Spotters

#### TRAMPOLINE

It is the responsibility of the LOC to assist with providing the required spotters. The spotters should be appropriately dressed in an official club tracksuit or competitive attire.

The Chair of the Judges panel (CJP) has the right to monitor the spotters to ensure they are of sufficient size and ability as to be able to render assistance if necessary.

#### DOUBLE MINI

A spotter is required at the DMT whenever it is in use. A certification NCCP Level 2 (or equivalent) coach, or higher, is required whenever inversion skills are being performed.

Spotters are the responsibility of the athlete(s) club.

## 5.5 Scoring & Results

GymBC owns and will provide the computer equipment needed to host a TG sanctioned competition. GymBC, in coordination with the LOC, will be responsible for setting the database with the approved scoring program.

- Four (4) laptops (with access to the Sportzsoft Live Event program)
- One (1) printer
- 3 Laptops and monitors for DD digital display

Only the approved computer program by GymCan, for recording and printing results must be used. Failure to use the approved scoring program COULD result in mobility not being counted

### 5.5.1 Scoring Controller

All results must be checked by the results volunteers and by the Chair of the Judges Panel (CJP) prior to publication and circulation. Results on the Sportzsoft APP are NOT considered official until they have been signed by the CJP.

If there is a discrepancy between the signed results and the Sportzsoft version, the signed original will be considered official.

Duties include:

It is the responsibility of the host club to ensure that the scoring controller is fully capable and confident in completing all the necessary tasks without further assistance from the GymBC TG Program Coordinator.

- must be available for the entire event
- responsible for confirming that the necessary volunteers are in place to manage all the duties in the results area
- train and support those volunteers who will be inputting the judges scores at each event table

### 5.5.2 Results & Mobility

LOC's have the option to post printed results in a designated area and distribute to all participating clubs. Results may also be found on the Sportzsoft APP.

The results sheets must provide the following information;

- all execution scores
- difficulty scores
- Time of Flight (TOF) score (trampoline only)
- Horizontal Displacement (HD) score (trampoline only)
- CJP's signature

In the event of a tie the CJP will verify the FIG Tie breaker rules and confirm the final placement order prior to the awards presentation.

A complete copy of the **RESULTS AND MOBILITY REPORT** must be sent to the all-participating clubs and the GymCan TG Program Manager at the conclusion of the event.

### 5.5.3 Results Volunteers

The LOC is responsible for securing trained volunteers to manage and oversee all the duties related to the entry and processing of the results. Duties include (but not limited to):

#### Results area Volunteers

- Preparation of the judges' event files for all preliminary and finals events
  - All DD sheets
  - Start lists
  - Chit baggy (prelim and finals)
  - CJP time sheet
- Verification of all the judges' chits
- Ensure all results are signed by the Chair of the Judges Panel (CJP) prior to distribution
- Photocopying/circulation of all results (prelim/finals/awards) as needed
- Maintain a central location where all coaches may have access to verified results

#### Event Scorekeepers

- Required two (2) volunteers for each event table during all scheduled competition times
- Receives all judges' chits
- Enters all scores into the scoring program and the laptop provided
- Returns all files to the main scoring table. All files should include:
  - All DD sheets
  - All judges' chits
  - CJP time sheet

## 5.6 Role of Conduct for Coaches & Athletes

At no time may athletes or coaches approach the judging panel and/or the scorekeeper's table during any/all competition rounds.

## 5.7 Protests

Written protests will not be allowed. As per FIG regulations, an official representative is to approach the Chair of the Judges Panel, before the end of the round, in a controlled and friendly manner and advise of a possible error. It will be the CJP's responsibility to confer with the Difficulty Judges to determine if it is a legitimate concern requiring review, or if it is unfounded and a video review is not required. Please note that no protests can be requested for Execution or Horizontal displacement score. However, inquiries can be made if an error has been made in calculation. Inquiries and Protests are permitted for Degree of Difficulty only.

The CJP may decide and apply a penalty of 0.6 pts for unsportsmanlike conduct.

## 5.8 Minor Officials

### 5.8.1 Announcer

An LOC designated announcer must be available for all competition sessions (blocks) and all awards ceremonies. The announcer serves the spectators and the athletes while remaining neutral and impartial. It is recommended that once a session (block) starts a change of announcers should not take place until the beginning of the next session (block).

### 5.8.2 Floor Manager

The LOC must provide a floor manager whose main responsibility is to ensure the competition runs on-time, as well as to ensure the competition is presented in the most professional way possible. The floor manager's responsibilities include, but not limited to;

- Oversees the competition floor (field of play)
- Works in cooperation with the floor marshals and announcer
- Coordinates with the GymBC TG Program Coordinator and the equipment technicians, as required, for all competition related issues
- Ensures that the competition floor (field of play) is kept clear and safe at all times. Only participants who are waiting to compete should be on the competition floor and/or in the athlete waiting areas.

### 5.8.3 Floor Marshals

The role of the Floor Marshals is to ensure that all athletes are called to the marshaling area in preparation for their event. The floor marshals' responsibilities include, but not limited to:

- Works in cooperation with the Floor Manager and the announcer
- Greets all athletes to the marshaling area at least 10 minutes prior to the start of each scheduled flight
- Escorts each flight to their designated judges table, Athletes will receive further instructions from the CJP before moving to the designated athlete corral (waiting area) in preparation to begin their event

## 5.9 Competition Schedule

For all BC Provincial Cups and the BC Championships, a draft competition schedule must be submitted to the TGTC Chair for final approval. A draft schedule must be received by the Chair a MINIMUM of 7-days after the closing of the registration

The approved competition schedule must be constructed into the Sportzsoft scoring program in order to manage and score the event.

## 5.10 Warm-up Structure

There will be NO general warm-up.

The following will be in place for all BC Provincial Cups and BC Championships.

TRA and SYN Warm up Time - Prelims	
L1 & L2	30 seconds per athlete
L3	1.0 minutes per athlete
L4 & L5	1.5 minutes per athlete
L6 - SR	1-5 athletes, 20 minutes 6+ athletes, max 30 minutes

TRA and SYN Warm up Time - Finals	
All Levels	20 Minutes

\*Guideline above is the minimum amount of warm up time

<b>DMT &amp; TUM Warm up Time Prelims &amp; Finals</b>	
L1 & L2	45 seconds per athlete
L3	1.5 minutes per athlete
L4 & L5	2 minutes per athlete
L6 - SR	1-5 athletes, 20 minutes 6+ athletes, max 30 minutes

**TRAMPOLINE:**

- The start of the w/u TRA is only a guideline. The flight on w/u TRA is not able to compete until comp TRA is vacated. Those that are warming up on w/u TRA will get ONE TOUCH w/u on comp TRA.
- JR, L7 and SR will get their own specific w/u on the competition TRA. (the group MAY include L6, depending on the # of athletes and/or schedule constraints).

**DOUBLE-MINI TRAMPOLINE:**

- The duration of each flight includes w/u and competition, and the start of the flight is only a guideline.
- The flights will warm up and compete on the same DMT.
- JR, L7, and SR Prelim will include Q1 (pass 1&2) with w/u as per above table;
  - a 10-minute w/u is then done prior to Q2 (pass 3).
  - No Finals in these groups at Provincial Cups (ie. Finals at BC Champs ONLY).

**TUMBLING:**

- JR, L7, and SR Prelim will include Q1 (pass 1&2) with w/u as per above table;
  - a 10-minute w/u is then done prior to Q2 (pass 3).
  - No Finals in these groups at Provincial Cups (ie. Finals at BC Champs ONLY).

**SYNCHRO TRAMPOLINE & TUMBLING:**

- The duration of each flight includes w/u and competition and the start of the flight is only a guideline. The flights will go in sequence, continuously as the previous flight finished.



## 5.11 Start Order

A random draw will be autogenerated by the Sportzsoft scoring program to determine the start order for all events/age groups. LOCs have the option to post the start order lists in a suitable area for all participants to see. Start order lists will also be available on the Sportzsoft APP.

## 5.12 Awards

Hosting awards presentations is mandatory. All efforts should be made to execute the presentations according to the GymBC official protocol. The LOC must provide a group of volunteers to manage and oversee all duties related to awards.

### 5.12.1 Awards – BC Provincial Cups

The awards for all BC Provincial Cups are as follows:

Individual Awards – Provincial (L1 through L4)

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)  
Ribbons: 4<sup>th</sup> – 10<sup>th</sup> place (all events / all levels)

Individual Awards – National (L5 through SR)

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)  
Ribbons: 4<sup>th</sup> – 6<sup>th</sup> place (all events / all levels)

At all GymBC sanctioned BC Provincial Cups, there will be no finals competed for provincial Level 1 and Level 2 athletes. Awards will be presented as of the verified results following the preliminary round.

**NOTE:** Awards for Synchronized Trampoline are ONLY presented at the BC CHAMPIONSHIPS.

At all GymBC sanctioned BC Provincial Cups, provincial level 3, level 4 and national levels 5 through Senior the competitors with the ten (10) best scores from the preliminary round will advance to the finals.

## 5.12.2 Ties

There will be NO ties awarded. In the event of a tie for preliminary or finals, the FIG TG Tie Breaker rules shall be applied. Please refer to the GymCan Canadian Competition Regulations.

In addition, the following tie breaking Rules will apply at all BC Cups and Provincials for Double Mini Trampoline and Tumbling.

### Preliminary Round Tie Breaking Rules

- 1.The gymnast with the higher D-score of both passes prevails.
- 2.The gymnast with the higher E-score of both passes prevails.
- 3.The gymnast with the higher total execution score in first pass prevails.
- 4.The gymnast with the best single execution score in first pass prevails.

### Final Round Tie Breaking Rules

- 1.The gymnast with the higher ranking in prelim prevails.
- 2.The gymnast with the higher D-score of both passes prevails.
- 3.The gymnast with the higher E-score of both passes prevails.
- 4.The gymnast with the higher total execution score in first pass prevails.
- 5.The gymnast with the best single execution score in first pass prevails.

## 5.12.3 Guest Competitors

Duplicate awards will be presented for visiting athletes. No BC athletes will be displaced.

# 6. PROTOCOL

The LOC is responsible for the safety and experience of participants and spectators. A well executed event can set your event apart from the rest!

## 6.1 Opening Ceremonies

Prior to the commencement of competition at all BC Provincial Cups, including BC Championships, the host club must have an official welcome/opening ceremony which must include the following:

- The playing of the National Anthem
- Presentations and/or welcome speeches
- Reading of the judges, coaches and athletes' oaths

The parade of athletes is at the host club's discretion. The number of delegates participating in the Opening Ceremonies may range from each club's full athlete delegation, one representative from each club or just those officials presenting the oaths.

Please see [appendix 4](#) for the True Sport Oaths.

## 6.2 Volunteers & Recruitment

Volunteers are the backbone of every event. Without them, an event could simply not be hosted. For this reason, proper volunteer management must be a priority for any LOC. The LOC is responsible for all aspects of volunteer management. All items below are closely linked to each and should be managed as such.

A well thought out and executed plan will make volunteer recruitment a lot easier. Recruitment should start as soon as possible. Some are key areas that require volunteers are:

- Technical (set-up & take-down)
- Scorekeeping & results
- Floor personal (floor manager & floor marshal)
- Awards
- Delegate services
- Protocol (awards & ceremonies)

## 7. DELEGATE SERVICES

### 7.1 Hospitality & Concession

The LOC is responsible for ensuring the proper planning, procurement, and delivery of food and beverage services to coaches, judges and VIP's.

The coaches and Judges hospitality will be as follows:

- Breakfast will be limited to take-n-go continental style items
- Light meals only for lunch and dinner
- Work plan (bulletins) will clearly indicate that the hospitality room will have light meals only.
- Host LOC's may choose to offer a public concession area for spectators and athletes. Information should be provided in the workplan.

### 7.2 Athletes Swag (Gift)

It is at the LOC's discretion to provide an athlete gift which is appropriate across all age groups.

## 8. OFFICIALS – Judges

### 8.1 Club Requirements

All clubs participating in GymBC TG sanctioned meets must provide qualified judges as follows:

REGION	CLUBS	ATHLETE TO JUDGE
Lower Mainland	Club Aviva	1:5
	Flip City	1:5
	Shasta	1:5
	TAG	1:5
Outside the Lower	KGTC	1:8
	Kelowna Gymnastics	1:8
	Okanagan Gymnastics	1:8

	Prince George	1:8
	Port Alberni	1:8
	Revelstoke	1:8
	VIP	1:8
	Whistler Gymnastics	1:8

Failure to meet the required judging quota as stated above, shall result in the club being fined based on the following tiered system. Fines will be calculated by the TG Judging Chair based on the Sportzsoft registration as of the official registration deadline. Any additions after the registration deadline will be counted in the final calculations. Documented medical withdraws, after the registration deadline, MAY be considered in the final calculations. NO SHOWS will NOT be considered.

<b>TIERED SURCHARGES</b>	<b>FINE IMPOSED per ATHLETE UNDER THE RATIO</b>
Lower Mainland Clubs	
First 5 athletes a club is short a judge	\$20 per athlete
For the second 5 athletes a club is short a judge	\$30 per athlete
For the third 5+ athletes a club is short a judge	\$40 per athlete
Outside the Lower Mainland Clubs	
First 8 athletes a club is short a judge	\$20 per athlete
For the second 8 athletes a club is short a judge	\$30 per athlete
For the third 8+ athletes a club is short a judge	\$40 per athlete

## 8.2 Judge Availability

All judges must be available for a minimum of two (2) full days of the competition schedule.

A judge who is also a competitive athlete OR a registered coach, may be included as part of the athlete/judge ratio if the following has been met:

- Must be available for a MINIMUM of two (2) full days of the competition schedule
- Consideration will be given for the athlete(s) competition schedule
- Consideration will be given for the coach(s) competition obligations

Trampoline & DMT

Trampoline and DMT certified judges must be available for a MINIMUM of three (3) panels for each competitive schedule to be considered a half (0.5) judge.

Trampoline and DMT certified judges must be available for a MINIMUM of four (4) panels for each competition schedule to be considered a full (1.0) judge.

### Tumbling

Tumbling certified judges must be available a MINIMUM of two (2) panels for each competition schedule to be considered a full (1.0) judge.

## 8.2.1 Judges Honorarium

Rates apply to all registered judges officiating at GymBC sanctioned events including; BC Provincial Cups and BC Championships.

All judges shall receive an honorarium at the completion of the event. It is the Provincial Judging Chairperson's responsibility to track and provide the number of hours worked to the LOC. The honorarium pay scale is as follows:

Judges Experience / Level	Hourly Rate
P3/P4	\$16.75
P1/P2	\$17.10
National 2/3	\$21.10
National 1	\$22.10
FIG	\$26.10

The LOC will appoint a person to calculate the honorarium and distribute payments. If a judge has departed early, then the honorarium should be given to a coach or representative of the judge's club.

Judges must be paid either in cash, by cheque or by e-transfer at the end of the meet.

## 8.2.2 Mentorship

In order for currently certified judges to improve their abilities and to encourage entry level judges to become certified at a higher level and/or more than one discipline, mentorship sessions will be offered at all BC provincial cups and BC

Championships. Participation will be on a voluntary basis. Each session will be facilitated by a National or FIG certified judge.

## 9. COMPETITION GUIDELINES – BC Provincial Cups

Gymnastics [Canada TG Canadian Pathways](#)

Gymnastics [Canada TG Competition Requirements](#)

### 9.1 Individual Trampoline

Provincial Level 1 and Level 2, individual trampoline competition consists of:

- One (1) preliminary (compulsory routine) of 10 elements
- One (1) preliminary (voluntary routine) of 10 elements
- No finals will be competed at BC Provincial Cups
- Awards will be presented as of the verified results following the preliminary round

Provincial Level 3 through Senior, individual trampoline competition consists of:

- One (1) preliminary (compulsory routine) of 10 elements
- One (1) preliminary (voluntary routine) of 10 elements

#### FINALS

- One (1) FINALS (voluntary routine) of 10 elements
- Awards will be presented as of the verified results following the FINALS round

**NOTE:** In the L7 and Senior category only the highest scoring voluntary routine in the preliminary round will be counted towards total preliminary score.

- It is mandatory to perform both a 1st voluntary routine and a 2nd voluntary routine in the preliminary round even though only one voluntary routine will count.

### 9.2 Double Mini Trampoline

Provincial Level 1 and Level 2, individual DMT competition consists of:

- One (1) preliminary round of competition (2 voluntary passes)
- No finals will be competed at BC Provincial Cups
- Awards will be presented as of the verified results following the preliminary round

Provincial Level 3, Level 4 and National Level 5, Level 6

- One (1) preliminary round of competition (2 voluntary passes)

#### FINALS

- One (1) finals round of competition (2 voluntary passes)
- Awards will be presented as of the verified results following the finals round

National Level Junior, L7 and Senior

- 3 voluntary passes (Q1 & Q2)
- Q1 = pass 1 and 2 (FIG repetition rules)
- Q2 = pass 3, can be repeat but not in the same zone (FIG repetition rules)
- Awards will be presented as of the verified results following the Q2 round
- Q1 and Q2 will be competed at Provincial Cups
- Q1, Q2 and Finals will be competed at Provincial Championships

## 9.3 Tumbling

Provincial Level 1 and Level 2, individual tumbling competition consists of:

- One (1) preliminary compulsory pass with requirements
- One (1) preliminary voluntary pass with requirements
- No finals will be competed at BC Provincial Cups
- Awards will be presented as of the verified results following the preliminary round

Provincial Level 3 and Level 4

- One (1) preliminary compulsory pass with requirements
- One (1) preliminary voluntary pass #1 with requirements

FINALS One (1) final voluntary pass #1 with requirements

- One (1) final voluntary pass #2 with requirements
- Awards will be presented as of the verified results following the finals round

National Level 5, Level 6

- One (1) preliminary voluntary pass (voluntary #1) with requirements
- One (1) preliminary voluntary pass (voluntary #2) with requirements

#### FINALS



- Two (2) voluntary passes with requirements
- Awards will be presented as of the verified results following the finals round

#### National Junior, Level 7 and Senior

- 3 voluntary passes (Q1 & Q2)
- Q1 = pass 1 and 2 (FIG repetition rules)
- Q2 = pass 3, can be repeat but not in the same zone (FIG repetition rules)
- Awards will be presented as of the verified results following the Q2 round
- Q1, Q2 and Finals will be competed at Provincial Championships

## 9.4 Synchronized Trampoline

#### National Level 5, Open Mixed and Level 6

- One (1) voluntary routine of 10 elements
- FIG repetition rules apply

**NOTE:** New Open Mixed Category: one Level only, using L5 Rules (Min DD: 6.5, Max DD: 10.2).

Athletes can compete in EITHER Women's, Men's OR Mixed Category.

**NOTE:** anyone wishing to be selected to National teams or wishing to be named to an international event must compete in either the Women's or Men's category

#### National Senior

- one (1) – 1<sup>st</sup> voluntary routine
- One (1) 2<sup>nd</sup> voluntary routine
- FIG repetition rules apply
- In the Senior category only the highest scoring voluntary routine in the preliminary round will be counted towards total preliminary score.
- It is mandatory to perform both a 1st voluntary routine and a 2nd voluntary routine in the preliminary round even though only one voluntary routine will count.

## 10. BC Championships

Please refer to the GymBC BC Championships Event Hosting Guide for additional information.

This section should be read with the above BC Provincial Cup sections:

- Section 4 – Event Operations – BC Provincial Cups – Non Technical
- Section 5 – Event Operations – BC Provincial Cups – Technical
- Section 6 – Protocol
- Section 7 – Delegate Services
- Section 8 – Officials

## 10.1 GymBC BC Championships – Additional Information

Organizing and hosting the Trampoline GymBC Provincial Championships can be a very rewarding experience for a GymBC Full member club. GymBC's championships is the associations premier event, giving clubs a chance to showcase their athletes.

Hosting the Championships can provide the LOC community and club with a lifetime of memories as well as other significant rewards such as:

- Promoting a greater awareness of our community and the unique talents and resources of local volunteers and sponsors
- Providing an opportunity to bring significant public exposure and financial rewards to the LOC club

Please review the [GymBC Hosting Guide for BC Championships](#) for more information about hosting this event.

### 10.1.1 Eligibility

All athletes registered in the following categories are eligible to compete at BC Championships:

Provincial	Level 1, 2, 3, 4
National	Level 5, Level 6, Junior, Level 7, Senior

Athletes must attend a minimum of one (1) BC Provincial Cup and/or BC Provincial Championships in the current competitive season to be eligible to attend Canadian Championships. Any petitions to attend Canadian Championships (medical petitions only) must be approved and submitted to GymCan by the PTO for L5-Senior. All petitions for Junior and Senior National Team Members can be sent directly to GymCan.

## 10.1.2 Athletes Unable to Attend BC Championships

Athletes who are unable to attend BC Championships due to conflicting competition schedules or extenuating circumstances must notify the TGTC Chair 17 days prior to the BC Champs entry deadline.

Medical excuses must be accompanied by a doctor's medical statement. All notifications must be submitted in writing to the TGTC Chairperson.

## 10.2 Registration Fees

GymBC, in conjunction with the LOC, will set the registration fee for the current event.

GymBC will collect all event registration fees from the Trampoline GymBC Championships registrants.

Event registration fees are set by GymBC and the LOC. Suggested registration fees and registration timelines are outlined below.

### Athletes

- Registration – first event (up to four weeks prior to competition) \$150
- Each additional event \$10
- Late Registration (one to two days after the stated deadline +\$15): \$170
- Very Late Registration (three to five date after the stated deadline + \$25): \$200
- No registration will be accepted after the very late deadline.

### Coaches

- Regular Registration (up to four weeks prior to competition): \$25
- Late Registration (three to four weeks prior to competition): \$35
- Very Late Registration (two to three weeks prior to competition): \$60
- No registration will be accepted within two weeks of competition

## 10.3 Competition Schedule & Start Order Lists

A provisional schedule will be circulated in Workplan #1. The final schedule will be circulated to clubs following the final registration deadline.

A random draw will be autogenerated by the verified scoring program to determine the start order for all events/disciplines. LOCs have the option to post the start

order lists in a suitable area for all participants to see. Start order lists will also be available on the Sportzsoft app.

## 10.4 Mobility

Rules in all categories involving mobility must be identical, no exceptions are allowed in these categories, if so, mobility will not be granted.

Athletes must have met the mobility requirements for their category in order to be eligible to compete at Elite Canada or Canadian Championships.

Any petitions to enter the sport in a category above Level 4 or to move down a category must be made to GymCan via the athletes' provincial TG Technical Committee.

## 10.5 Competition Guidelines – BC Championships

Gymnastics [Canada TG Canadian Pathways](#)

Gymnastics [Canada TG Competition Requirements](#)

### 10.5.1 Individual Trampoline – BC Championships

Provincial Level 1 through Level 4, individual trampoline competition consists of:

- One (1) preliminary (compulsory routine) of 10 elements
- One (1) preliminary (voluntary routine) of 10 elements

#### FINALS

- One (1) FINALS (voluntary routine) of 10 elements
- Awards will be presented as of the verified results following the FINALS round

National Level 5, Level 6, Junior, individual trampoline competition consists of:

- Preliminary – 1<sup>st</sup> voluntary with requirements
- Preliminary – 2<sup>nd</sup> voluntary with requirements

#### FINALS

- One (1) voluntary routine of 10 elements
- FIG repetition rules apply

National Level 7 and Senior, individual trampoline competition consists of:

- Preliminary – 1<sup>st</sup> voluntary routine of 10 elements

- Preliminary – 2<sup>nd</sup> voluntary routine of 10 elements

#### FINALS

- One (voluntary) routine of 10 elements
- FIG repetition rules apply

### 10.5.2 Individual Double Mini – BC Championships

PROVINCIAL LEVEL 1 THROUGH LEVEL 6, individual DMT competition consists of:

- One (1) preliminary round of competition (2 voluntary passes)

#### FINALS

- One (1) final round of competition (2 voluntary passes)
- Awards will be presented as of the verified results following the FINALS round

#### NATIONAL JUNIOR, LEVEL 7 & SENIOR

- 3 voluntary passes (Q1 & Q2)
- Q1 = pass 1 and 2 (FIG repetition rules)
- Q2 = pass 3, can be repeat but not in the same zone (FIG repetition rules)

#### FINALS

- 2 voluntary passes (pass 4 & 5)
- Awards will be presented as of the verified results following the finals round
- Preliminaries will consist of 2 passes for all Provincial and National Levels 5 and 6
- Preliminaries for L7, Junior and Senior will consist of 3 passes; Q1 will consist of 2 passes and Q2 will consist of 1 pass.
- A 4-touch warm-up will be permitted for Q2 (3rd preliminary pass)
- Finals 1.2.1. Finals will consist of 2 passes for all Provincial and National Level
- Q2 will be performed in Level 7 and Senior categories.  
Q2 will be competed at the conclusion of the Q1 round and all athletes will proceed to this round in domestic trials. The Q2 round is required to contain different elements from the passes competed in Q1. There will be a 10-minute warm-up time prior to the start of the Q2 round. After the Q2 round, the top 10 athletes will advance to the final round (Q3)

### 10.5.3 Individual Tumbling – BC Championships

PROVINCIAL LEVEL 1 THROUGH LEVEL 6 PLUS Junior, individual tumbling competition consists of:

- One (1) preliminary compulsory pass with requirements
- One (1) preliminary voluntary pass with requirements

#### FINALS

- 2 voluntary passes with requirements
- Awards will be presented as of the verified results following the finals round

#### NATIONAL LEVEL 7 AND SENIOR

- 2 voluntary passes (pass 4 & 5)
- FIG repetition rules apply
- Awards will be presented as of the verified results following the finals round
- Preliminaries for L7, Junior and Senior will consist of 3 passes; Q1 will consist of 2 passes and Q2 will consist of 1pass.
- Q2 will be completed at the conclusion of the Q1 round and all athletes will proceed to this round in domestic trials. The Q2 round: pass is different to the passes competed in Q1. There will be a 10-minute warm-up time prior to the start of the Q2 round. After the Q2 round, the top 10 athletes will advance to the final round

### **10.5.4 Synchronized Trampoline – BC Championships**

#### PROVINCIAL LEVEL 1 THROUGH LEVEL 6

- One (1) voluntary routine of 10 elements
- Awards will be presented as of the verified results following one round of competition.

#### NATIONAL SENIOR

- One (1) 1<sup>st</sup> voluntary of 10 elements
- One (1) 2<sup>nd</sup> voluntary of 10 elements
- Awards will be presented as of the verified results following one round of competition.

## **10.6 Ties**

There will be NO ties awarded. In the event of a tie for preliminary or finals, the FIG TG Tie Breaker rules shall be applied. Please refer to the GymCan Canadian Competition Regulations. In addition, the following tie breaking Rules will apply at all BC Cups and Provincials for Double Mini Trampoline and Tumbling.

#### Preliminary Round Tie Breaking Rules

- 1.The gymnast with the higher D-score of both passes prevails.
- 2.The gymnast with the higher E-score of both passes prevails.
- 3.The gymnast with the higher total execution score in first pass prevails.
- 4.The gymnast with the best single execution score in first pass prevails.

#### Final Round Tie Breaking Rules

- 1.The gymnast with the higher ranking in prelim prevails.
- 2.The gymnast with the higher D-score of both passes prevails.
- 3.The gymnast with the higher E-score of both passes prevails.
- 4.The gymnast with the higher total execution score in first pass prevails.
- 5.The gymnast with the best single execution score in first pass prevails.

## 10.7 Guest Competitors

Duplicate awards will be presented for visiting athletes. No BC athletes will be displaced.

## 10.8 Awards

At BC CHAMPIONSHIPS, a FINALS round will be competed for all levels and age groups on trampoline, DMT and tumbling events. ALL athletes with the ten (10) best scores from the preliminary round will advance to finals.

Individual Awards – Provincial (Level 1 through Level 4)

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)

Ribbons: 4<sup>th</sup> – 10<sup>th</sup> place (all events / all levels)

Individual Awards – National (Level 5 through SR)

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)

Ribbons: 4<sup>th</sup> – 6<sup>th</sup> place (all events / all levels)

Individual All Around (Prov & Nat level) – Keeper plaques only

Provincial: 1<sup>st</sup> – 6<sup>th</sup> place

National: 1<sup>st</sup> – 6<sup>th</sup> place

### 10.8.1 All Around Awards

The Individual All Around will be awarded from 1<sup>st</sup> to 6<sup>th</sup> place, for an athlete who competes in trampoline, double mini and tumbling. The preliminary scores from trampoline, double mini and tumbling will be added together.

In Double Mini Trampoline and Tumbling, levels 7, Junior & Senior, Q1 will be considered the preliminary score, Q2 will not be added. Trampoline level 7, Junior & Senior will count the scores of both preliminary voluntary routines towards the All Around Score.

All Around awards will be presented in the following categories:

- Provincial All Around
- National All Around

NOTE: an athlete will only be eligible in the category of his/her highest level of competition. (i.e. an athlete who is competing L5 TR, L3 DMT and L4 TU will only be eligible for the National All Around award.

### 10.8.2 Team Event Awards

Team Event – medals (max 4 people per team)

Team Trampoline: 1<sup>st</sup> – 3<sup>rd</sup> place

Team Double Mini: 1<sup>st</sup> – 3<sup>rd</sup> place

Team Tumbling: 1<sup>st</sup> – 3<sup>rd</sup> place

Team All Around: 1<sup>st</sup> place (keeper plaque only)

## 10.9 Team Final Event

The Team Event Final will be open to all clubs at BC Championships as long as they have a minimum of three athletes registered. Six clubs (teams) will be selected to compete in each event (TR, DMT, TU).

Teams will be determined based on the results following the preliminary round of competition in trampoline, DMT and tumbling. A minimum of three (3) and maximum four (4) scores, regardless of gender, will be tabulated based on the



following priority. The top three (3) scores will determine the clubs team score(s) and ranking.

- 1 – Senior OR L7 OR Junior
- 1 – L6 OR L5
- 1 – L4 OR L3
- 1 – L 2 OR L1

If a club does not have athletes in each of the above levels, their club team score(s) will be tabulated based by substituting athletes from the lower levels.

For example, should a club not have any seniors, juniors, L6 or L5 athletes

Does not have any SR, JR, L6

- Scores from one L4 OR L3 will be utilized

Does not have any L5

- Scores from one L1 OR L2 will be utilized

To fill a maximum of four (4) spots

- Scores from a second L4 OR L3 will be utilized
- Scores from a second L2 OR L1 will be utilized

Once all six teams have been determined, clubs may choose a minimum of three (3) and maximum of four (4) athletes to compete in the Team Event Final. The names submitted are at the discretion of the club, regardless of gender, and do not need to be the same as their athlete(s) that ranked the highest following the preliminary round. However, clubs MUST follow the criteria as outlined in point 2.

ONLY if necessary, may a club use the substitution options outlined in point 3.

Rules During the Team Event Finals:

- All the Team Event Finals will be fresh start
- The draw will be by team and not a random draw
- Start order in each round will alternate teams as per the Western Canada Cup policy
- Competition will consist of one free routine/pass per athlete.
- In each event, the top three (3) individual scores from each team will be added together to determine the Team Score
- Individual Trampoline Team Event Final – 1 routine of 10 elements with NO bonuses, minimums or maximums. DD will be awarded as competed.
- Double Mini Team Event Final – 1 pass of 2 elements with NO bonuses, minimums or maximums. DD is awarded as competed
- Tumbling Team Event Final – 1 pass of 8 elements with NO bonuses, minimums or maximums. DD is awarded as competed.
- Awards will be presented to the top three (3) teams.

Team Event Final All Around (Grand Aggregate) award is decided by summing points achieved from ranking in the Team Event Final.

Any ties will be broken by identifying the highest points given in a single event. One award will be presented to the team with the highest overall points.

- 1<sup>st</sup> Place = 6 points
- 2<sup>nd</sup> Place = 5 points
- 3<sup>rd</sup> Place = 4 points
- 4<sup>th</sup> Place = 3 points
- 5<sup>th</sup> Place = 2 points
- 6<sup>th</sup> Place = 1 point

# APPENDIX #1 - VENUE REQUIREMENTS

## Facility sizing

	WAG	MAG	TG	MAG/WAG	MAG/WAG/TG
Square footage	10,000	10,000	8,000-10,000	15,000	20,000
Ceiling Height	6.6 m – 21.5 ft		Min 26' (8m) <i>Recommended</i> 32' (10-12m)	6.6 m – 21.5 ft	Min 26' (8m) <i>Recommended</i> 32' (10-12m)
Minimum Length of the Hall:			150' – 200' long		
Minimum Width of the Hall:			80"-100" wide		

Artistic Optional WAG and MAG: A full sized hockey rink or 3 full sized basketball courts are required to accommodate both MAG & WAG equipment (at minimum).

Artistic Compulsory: A full sized hockey rink or 2 full sized basketball courts are required to accommodate the WAG equipment.

Trampoline (only): A full sized hockey rink with a minimum ceiling height of 8m (26.5" or higher) for TG apparatus.

## Meeting room requirements

Meeting Room Requirements	Seating	Number	Suggestions
Technical meeting (WAG coaches)	Theater style	40	Water, coffee
WAG assembly	Theater style	40	Snacks, water, coffee
MAG assembly (coaches and judges)	Theater style	30	Snacks, water, coffee Wine and beer (MTC to provide)
WAG annual official's meeting	U-shape	30	Snacks, water, coffee Wine (WJC to provide)
TG Assembly	Theater style	60	Snacks, water, coffee

# APPENDIX #2 - Additional Competition Equipment **(UNDER REVIEW)**

Unfortunately, the GymBC trailer does not have enough space to provide everything that is needed for a full competition setup.

If the LOC chooses a set up utilizing two (2) DMT's, the following additional equipment will be needed.

- 8 20 cm mats
- 4 6x8 sting mats
- 3 throw mats
- 2 porta-pit
- Landing Zone (and cover)

Additional useful supplies not on the truck

- Zip ties for the rod floor
- Gorilla and duct tape
- Basic tools (hammer, screw driver etc.)
- Bungee cords various sizes
- Duct Tape
- Measuring Tape

# APPENDIX #3 - NON-COMPETITIVE EQUIPMENT

## TG Requirements

AREA	WHAT IS NEEDED	TOTAL REQUIRED
TRAMPOLINE	Staging: 32-36' long x 8' w x 32-39" h <i>FIG 39-48" h</i> 8 chairs for judges 2 chairs for ToF & HD 2 chairs for scoring 4 - 8' tables (6 - 6' tables) Scoring Laptop Digital DD Display Laptop & Monitor Judges Score Flip Books Judges Chits Pencil/pens/stapler/staples Video tablet & tripod Power bar & extension cords ToF Device (new batteries)	12 chairs 4-6 tables
Location of tables & staging	5m from the frame of trampoline #1 Centered with middle of the trampoline	
DMT	Staging: 24' long x 8' wide x 16in high (1 DMT) 24' long x 12' wide x 16in high (2 DMT) <i>FIG 20"high</i> 8 chairs for judges 2 chairs for scoring 4 8' tables (6 -6' tables) Scoring Laptop Digital DD Display Laptop & Monitor Judges Score Flip Books Judges Chits Pencil/pens/stapler/staples Video tablet & tripod Power bar & extension cords 100' measuring tape	11 chairs 4 - 6 tables

Location of the tables & staging	5m from the DMT Judge #3 is aligned with the middle of the DMT With CJP and DD judges towards the landing zone	
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<b>TUMBLING</b>	Staging: 24' long x 8' wide x 16in high <b>FIG 20" high</b> 8 chairs for judges 2 chairs for scoring 4 8' tables (6 6' tables) Scoring Laptop Digital DD Display Laptop & Monitor Judges Score Flip Books Judges Chits Pencil/pens/stapler/staples Video tablet & tripod Power bar & extension cords 100' measuring tape	10 chairs 4 - 6 tables
Location of the tables & staging	5m from the TUM track 1 <sup>st</sup> table places at 16m of the TUM track with tables going toward the landing zone	10 chairs 4 -6 tables
<b>OPERATIONS TABLE</b> (Announcer, Competition director)	1 table 2-4 chairs Sound System Wireless Microphone	1 table 2-4 chairs
<b>SCORING &amp; RESULTS</b>	4-6 tables 4-6 chairs Master scoring laptop Printer Photo Copier Power bar & extension cords Judges DD file box	4-6 tables 4-6 chairs
<b>Athlete Corrals</b> (2-3 waiting areas)	Pipe & Drape (3 sided) 10-15 chairs for each corral Corral Size:	30-50 chairs

	Min 10' x 20' Ideally 3' pipe & drape used to create a 3-sided Waiting area	
<b>Medical</b>	1-2 tables 2-4 chairs	1-2 tables 2-4 chairs
<b>Miscellaneous</b> (admissions, raffle, table sales, Awards )	4-10 tables 10-15 chairs Awards Podium (large enough to accommodate Groups of 2-4 athletes) Awards presentation trays	4-10 tables 10-15 chairs

**Additional non-competitive equipment**

- 8-12 walkie talkies (optional)
- Venue approved tape to cover exposed power cords and other trip hazard areas (duct tape)
- Measuring tape to measure equipment placements (metric measurement)
- Garbage/recycling bins for athlete corrals, judges tables, scoring, operations
- Flags for each participating province/club
- General office supplies: judges files, filing box, extra DD sheets, chits, staplers/staples, pens, pencils, highlighters, Scissors, markers, hole punch, paper clips, various types of tape
- Stop watches (as required)
- Area to post printed results for public and coaches viewing (optional)
- Cleaning supplies; vacuum, mop etc



## APPENDIX #4 - OATHS

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**ATHLETES' OATH**

IN THE NAME OF ALL COMPETITORS TAKING PART IN THE \_\_\_\_\_, I PROMISE THAT WE WILL COMPETE WITH HONOUR AND RESPECT. IN THE SPIRIT OF TRUE SPORT, WE WILL ABIDE BY THE RULES OF THE GAMES AND RECOGNIZE THE COMMITMENT OF THE TIRELESS VOLUNTEERS WHO MAKE THIS EXPERIENCE POSSIBLE.

I pledge our commitment to the True Sport Principles; we will strive for excellence, stay healthy in mind, body and spirit, and have fun.

**TRUE  
SPORT**  
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**OFFICIALS' OATH**

IN THE NAME OF ALL JUDGES AND OFFICIALS TAKING PART IN THE \_\_\_\_\_, I PROMISE THAT WE WILL OFFICIATE THESE GAMES WITH COMPLETE IMPARTIALITY; ABIDING BY AND ENFORCING THE RULES WHICH GOVERN THEM, IN THE SPIRIT OF TRUE SPORT.

I pledge our commitment to the True Sport Principles; we will strive to uphold a level playing field and a respectful and positive sporting experience for all.

**TRUE  
SPORT**  
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**COACHES' OATH**

IN THE NAME OF ALL COACHES TAKING PART IN THE \_\_\_\_\_, I PROMISE THAT WE WILL COACH IN A MANNER THAT IS CONSISTENT WITH THE SPIRIT OF TRUE SPORT.

I pledge our commitment to the True Sport Principles; we will model what we expect from all athletes; fairness, excellence, inclusion and fun.